

CEO UPDATE

We're thrilled to announce the purchase of our second 2017 Toyota 12-seat minibus – the ninth baby in our fleet. This much-loved bus will now serve our Community Transport South Australia (CTSA) Riverland, Murray Mallee & Limestone Coast (RMC) service, helping even more people stay connected and supported.



Changes in My Aged Care regarding advocates/representatives

From **1 November 2025**, a new role called a **Registered Supporter** will replace the current “advocate/representative” system in My Aged Care.

If you already have a representative set up, that person will automatically become your registered supporter unless you choose to opt out.

What Does a Registered Supporter Do?

- A registered supporter is someone you choose to help you understand information and make decisions about your aged care.
- They can talk with My Aged Care, assessors, and service providers on your behalf.
- Most importantly – you still remain the decision-maker. The supporter is there to help, not to take over.

Who Can Be a Supporter?

- Usually a trusted friend, family member, or carer.
- You can have more than one supporter.
- Supporters must act honestly, respect your wishes, and put your wellbeing first.

From 1 November 2025, a new ‘Registered Supporter’ role will replace the current My Aged Care representative system. If you already have a representative, they will automatically become your supporter unless you choose to opt out. Talk to your family or a trusted friend now if you would like someone to support you in understanding information or making aged care decisions. You can also speak with TBCC staff if you’d like help checking or recording your information.

Advance Care Directives – Why They Matter

Life can be unpredictable, and sometimes circumstances arise when you may not be able to make decisions about your own health care, living arrangements, or personal matters.

An **Advance Care Directive (ACD)** is a legal document that allows you to record your wishes, values, and preferences in advance, giving you the peace of mind that your voice will be heard if you can’t speak for yourself.

What is an Advance Care Directive?

An ACD is a written plan where you can:

- Appoint a trusted person (called a Substitute Decision Maker) to speak on your behalf.
- Outline your preferences for medical treatment, lifestyle choices, and future care.
- Record what matters most to you – your values, beliefs, and wishes.

It ensures that doctors, carers, and family members have clear guidance about what you want, reducing stress and uncertainty in difficult times.

Why Do You Need One?

Having an ACD is about **choice and control**. It:

- Protects your right to be heard even if you cannot speak.
- Prevents confusion or family disagreements during emergencies.
- Gives you confidence that your care aligns with your values.

Many people think ACD’s are only for the elderly, but the truth is they’re important for everyone. Illness or accidents can happen at any age.

Why It’s Important Someone You Trust Knows Where to Find It

Completing an ACD is just the first step. It is equally important to make sure:

- Your Substitute Decision Maker knows about it.
- Family, carers, or close friends know where it is kept.
- Copies are shared with your doctor, hospital, or anyone who may need to act quickly in an emergency.

An ACD tucked away in a drawer can’t help you when it’s needed most.

How TBCC Can Help

At the Tailem Bend Community Centre, your wellbeing is our priority. TBCC staff may ask you a few questions about ACD’s and record key information for emergency situations. This is not about taking over your choices – it’s about ensuring that if something happens, the people who care for you can access the information they need quickly and respectfully.

Creating and sharing your ACD is one of the most important gifts you can give yourself and those who love you.

NEWSLETTER

OCTOBER 2025



C4C UPDATE

Parent Child Mother Goose (PCMG) invites parents and carers to cuddle, communicate and connect with their child through songs, rhymes and stories. Through this fun and simple program children are provided the opportunity to develop their speech through singing and to enhance and encourage connection with their parent/caregiver in a relaxed environment. The program also provides a positive and fun space for families to connect with community.

Our PCMG sessions are held each week for 45 minutes, during the school terms. PCMG is currently being held at the following locations:

Tuesday – Mannum
Mannum Leisure Centre
Senior Citizen Room - 9:30am

Wednesday – Meningie
Meningie Kindergarten – 11am

Thursday – Tailem Bend
Tailem Bend Primary School
Community Library– 9:30am

Celebrate Connection

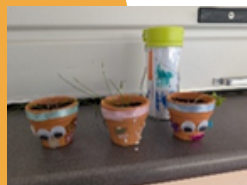
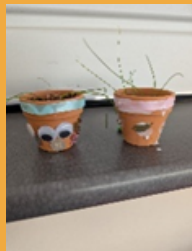
Science Week – Pattern Play

Decoding Nature at Tailem Bend Community Centre – Friday 15 August 2025 was enjoyed by all the little scientists who attended. From microscopes to volcanoes, there was lots of experimenting and fun had by both children and adults.



Father's Day Craft at the Bowhill Community Centre

Friday 5 September 2025 saw lots of gifts created. We hope all the dad's loved them as much as the children (and mums) enjoyed making them.



**CHRISTMAS AND DECEMBER/JANUARY
SCHOOL HOLIDAY ACTIVITIES
TO BE CONFIRMED AND ADVERTISED
– WATCH THIS SPACE!!!!**

Tuesday 14 October 2025

morning tea can be purchased

the boobie bus is back

Look after your boobs by
Taking Initiative Through Screening (TITS)
Bus fare \$10 per person

Consent forms to be completed and handed to
BreastScreen SA staff before screening on the day

Tailem Bend Community Centre
141 Railway Terrace, Tailem Bend SA 5260

Contact the Community Centre for more info:
e: info@tbcc.org.au p: 08 8572 3513
Bus Departing TBCC 8am



Breast
Screen
SA



Government
of South Australia
SA Health

NEW WALKING SENIOR SOCCER

WEAR SUITABLE CLOTHING & BRING A WATER BOTTLE

DATES	Oct	13	20	27
Nov	3	10		

Come and Try Soccer for Seniors 40-80+

10am -11am

Tailem Bend Primary School Gym

FREE

BOOKING 08 85723513
info@tbcc.org.au

Commonwealth Home support Programme (CHSP) is funded by Department of Health, Disability and Ageing (DoHDA).