

# NEWSLETTER

JUNE 2025

## CEO UPDATE



Thank everyone for your continued support of the Tailem Bend Community Centre and our shared commitment to building a stronger, more connected community.

We're thrilled to share the growing success of the Station Master's House Community Garden, especially the wicking beds provided through a generous contribution from the Coorong District Council and funding support from the Department of Human Services (DHS) to build the garden. These water-efficient beds are already flourishing, and it's been heartening to see local community members using and enjoying the space. Whether harvesting produce, stopping by for a chat, or simply soaking in the serenity, the garden is becoming a vibrant hub of connection and wellbeing.

To continue this momentum, we are planning a community working bee to fast-track internal restoration works at the Station Master's House. If you're handy with a paintbrush, sander a broom, or just eager to lend a hand, we'd love to have you involved. Please email [info@tbcc.org.au](mailto:info@tbcc.org.au) to express your interest—many hands make light work, and this is a great opportunity to be part of something special. Thank you to Rhonda Mik (TB) who donated \$200 and Jamie McCarthy (Karoonda) \$100 towards the SMH development.

Thank you to all our volunteers, partners, and supporters. Your passion and generosity are what keep our centre thriving.

### Community Transport South Australia (CTSA) Tender Update

The Community Transport South Australia (CTSA) tender represents a bold step forward in improving access to essential transport across 15 councils spanning the Murray Mallee, Riverland, and Limestone Coast regions. TBCC will be proud to lead this collaborative initiative, uniting regional partners to deliver a best-practice model that prioritises transport and champions sustainable, community-led solutions.

While we initially anticipated a tender outcome by mid-April, the Department of Human Services (DHS) has advised that the decision has been delayed due to circumstances beyond their control. We now expect an outcome in mid-May to early June and will share further details as soon as they are available.

In the spirit of recognition and gratitude, we were deeply touched by the thoughtful gesture from Yvonne Jaunay of Murray Bridge, who arranged for engraved badges to honour our dedicated team members—Bus Biz drivers Richard and Ian, and Mel, our MMCPN Coordinator—for their outstanding service in coordinating transport across our region. Thank you, Yvonne—your kindness and appreciation mean a great deal to us all.



Pictured is Richard & Mel with their badges.

## CHSP UPDATE

### UPCOMING MUSICALS / EVENTS

#### CATS

Experience the 40<sup>th</sup> Australian Anniversary of Andrew Lloyd Webber's record-breaking musical CATS, opening at her Majesty's Theatre in September 2025.

Contact TBCC on 8572 3513 to join our waitlist.



#### HYDRO POOL & SHOPPING BUS

Every Wednesday the TBCC mini-bus travels from Tailem Bend to Murray Bridge to take consumers to either the Hydro Pool or Marketplace. This is a door to door service, and can assist with groceries.

Bookings are essential. Contact TBCC to secure your seat.

**Times:** Departs Tailem Bend at 8am and arrives back by 11am

**Cost:** \$5.00 return for people of all ages.

#### SOCIAL SURPRISE BUS TRIPS

Each month our amazing volunteers take the TBCC mini-bus out to explore new places. The "surprise" is.... the destination is unknown by the attendees.

If you want to get in on the action, departures are from Tailem Bend, Meningie, and Murray Bridge. Check our Facebook page or call the centre for departure dates and bookings.

Cost - CHSP \$10.00 | Non CHSP \$20.00

Bookings are essential. Contact TBCC to secure your seat.



#### ANNUAL GENERAL MEETING

The Annual General Meeting has been scheduled for 10.30am on Tuesday 2<sup>nd</sup> September 2025 at the Tailem Bend Community Centre.

#### TBCC MEMBERSHIPS

Memberships for 2025/2026 is due on 1 July 2025. Membership cost \$5.50 per annum which includes 50% off service charges, bi-monthly newsletters, a birthday card and voting rights at the AGM.

# NEWSLETTER

JUNE 2025



## C4C UPDATE

C4C would like to extend a warm welcome to its newest members to the TBCC team, Chantelle Bissell and Katrina Mills. While Chantelle and Katrina have been completing training, Christine Rhue and Denise McLoughlin have supported the C4C community with facilitating programs and activities. TBCC C4C would like to thank them for their continued support to the C4C program, our community, and Chantelle and Katrina throughout the transition period.

## PCMG

Parent Child Mother Goose (PCMG) invites parents and carers to cuddle, communicate and connect with their child through songs, rhymes and stories. Through this fun and simple program children are provided the opportunity to develop their speech through singing and to enhance and encourage connection with their parent/caregiver in a relaxed environment. The program also provides a positive and fun space for families to connect with community.

Our PCMG sessions are held each week for 45 minutes, during the school terms.

As part of the program sessions we will facilitate an intergenerational visit in each of the PCMG locations:

- Aminya Village – Mannum
- Jallarah Homes – Meningie
- Tailem Bend Hospital

A registered midwife will be visiting each location once per term. These visits allow parents/carers the opportunity to have a chat, ask questions and get up to date weights and measurements for the child/ren.

With two new facilitators on board, watch this space for some new ideas for our PCMG mornings!!

## UPCOMING EVENTS - CELEBRATE CONNECTION

### School Holiday Activity/Event - Teddy Bears Picnic

Bring your favourite teddy or cuddly toy and a blanket and join in games and activities with morning tea provided!

Tuesday 8<sup>th</sup> July 2025, 10:30am-11:30am in Mannum  
Mannum Leisure Centre – Senior Citizens Room

Wednesday 9<sup>th</sup> July 2025, 10:30am-11:30am in Murray Bridge  
Ramblers Football Club

Wednesday 16<sup>th</sup> July 2025, 10:30am– 11:30am in Callington  
Callington Memorial Hall

Thursday 17<sup>th</sup> July 2025, 10:30am -11:30am in Tailem Bend  
Tailem Bend Community Centre



# PARENT CHILD MOTHER GOOSE

FREE SESSIONS

CUDDLE... COMMUNICATE... CONNECT...  
USING SONGS, RHYMES AND STORIES TO SUPPORT  
CONNECTION BETWEEN CHILD AND PARENT

TERM 2 2025  
29TH APRIL - 10TH JULY

**Tuesday's**  
9:30am  
**MANNUM**  
Mannum Leisure Centre -  
Senior Citizen Room  
Intergenerational  
Aminya Village  
10am 13<sup>th</sup> May

**Wednesday's**  
11am  
**MENINGIE**  
Meningie  
Kindergarten  
Intergenerational  
Jallarah Homes  
11am 21<sup>st</sup> May

**Thursday's**  
9.30am  
**TAILEM BEND**  
Tailem Bend  
Primary School  
Intergenerational  
Tailem Bend Hospital  
9:30am 29<sup>th</sup> May

Intergenerational sessions ~ Insightful speakers ~ Supportive environment

**MIDWIFE VISITS**  
Include: Weights – Measurements – Informal discussions – Entries into Blue Book  
With Registered Midwife Sophie Eldridge

**Mannum**  
6<sup>th</sup> May  
9:30am

**Meningie**  
14<sup>th</sup> May  
11am

**Tailem Bend**  
22<sup>nd</sup> May  
9.30am

For children aged 0-5yrs and their parent/caregiver  
Bookings appreciated  
Scan QR code or go to:  
<https://www.trybooking.com/CYNCM>

**FOR FURTHER INFORMATION CONTACT**  
Communities for Children Team  
Tailem Bend Community Centre  
141 Railway Tce Tailem Bend  
P: 8572 3513 E: [c4cadmin@tbcc.org.au](mailto:c4cadmin@tbcc.org.au) W: [www.tbcc.org.au](http://www.tbcc.org.au)

Funded by Australian Government Department of Social Services and delivered by Tailem Bend Community Centre

## VOLUNTEER

## VOLUNTEER

## WE'RE LOOKING FOR A COMMUNITY MINDED CATERING CHAMPION

You will assist with both internal and external ad-hoc catering for training sessions and events. Your role will involve supporting our fundraising efforts and collaborating with our dedicated catering coordinator, Kaye, who will help with volunteer coordination and event execution.

### What you'll need

- a positive attitude
- enjoy cooking and creativity in the kitchen
- Food safety knowledge is great but we'll provide training.

Contact us today to learn more about this exciting volunteer opportunity.

Email [info@tbcc.org.au](mailto:info@tbcc.org.au)  
Call 08 8572 3513  
[www.tbcc.org.au](http://www.tbcc.org.au)



# NEWSLETTER



JUNE 2025

## MMCPN UPDATE

So far this financial year, the Murray Mallee Community Passenger Network (MMCPN) has proudly supported some of the most vulnerable and transport-disadvantaged members of our regions including Coorong, Karoonda East Murray, Mid Murray, Rural City of Murray Bridge, Southern Mallee and Tatiara. Thanks to the dedication of our volunteer drivers and the Coorong Coaches medical bus, we have delivered transport services on **2,266 occasions**, assisting **342 community members**.

Our incredible volunteer drivers have generously contributed over **2,393 hours** of their time and travelled more than **106,000 kilometres** across the region in Community Passenger Network vehicles.

This is an outstanding achievement and a true testament to the dedication of everyone involved. We extend our sincere thanks to our amazing volunteer drivers and the team at **BusBiz – Coorong Coaches** for their continued support and commitment.

### Can you spare a few hours a week to help your community?

The MMCPN is looking for **compassionate, reliable individuals** to volunteer as drivers, helping transport local residents to medical appointments, grocery stores, and other essential services. Your time and kindness can make a meaningful difference in someone's life.

Volunteers will need a **National Police Check** and a **Working with Children Check** in accordance with Department for Infrastructure and Transport guidelines—but don't worry, we'll help guide you through the process from start to finish.

📞 For more information or to get involved, contact **Mel at the Taillem Bend Community Centre on (08) 8572 3513** to book an appointment.

**Join us in driving change—one ride at a time!**

## GOLDIES LUNCH

Join us at our Goldies Lunches.

Bookings are essential as our seats fill up fast.

Cost - CHSP \$10 P/P  
NON-CHSP \$15 P/P



# THANK YOU!



**Jeanette Gower**

After 6 years of dedicated service, we bid farewell to Jeanette as she relocates to Hillier near Gawler.

Jeanette has been an invaluable volunteer with both TBCC as Board Treasurer and the MMCPN as a driver, generously giving her time and care to our community. Over the years, she has completed:

✅ 476 trips

🌐 66,129 km – that's equivalent to driving around Australia 4.5 times!

🕒 1,610 hours as an MMCPN volunteer driver

👏 791 hours as a TBCC volunteer

Jeanette's dedication, warmth and generosity have made a real impact on so many in our community. ❤️

We sincerely thank Jeanette for her unwavering commitment and kindness. She will be greatly missed, and we wish her all the very best as she begins this new chapter. Hopefully we'll see her around the place from time to time! ✨

## OUR GOLDIES LUNCHES 2025 FRIDAY'S 12 NOON – 1.30PM

Join us at TBCC for a Social Lunch and Chat.

TRANSPORT ARRANGEMENTS  
CAN BE MADE FOR YOUR  
CONVENIENCE TO AND FROM  
LUNCH  
(TB CONSUMERS ONLY).

**CHSP \$10 P/P  
NON CHSP \$15 P/P**

EVERYONE WELCOME | BOOKING ESSENTIAL

**TAILEM BEND  
COMMUNITY CENTRE**

141 RAILWAY TERRACE, TAILEM BEND SA 5260  
W: [tbcc.org.au](http://tbcc.org.au) | E: [info@tbcc.org.au](mailto:info@tbcc.org.au) | P: 8572 3513



COMMONWEALTH HOME SUPPORT PROGRAMME (CHSP) IS FUNDED BY THE AUSTRALIAN GOVERNMENT OF HEALTH AND AGED CARE.  
COMMUNITY AND NEIGHBOURHOOD DEVELOPMENT PROGRAM (CND) IS FUNDED BY THE DEPARTMENT OF HUMAN SERVICES.



27th June 2025

29th August 2025

26th September 2025

4th November 2025

5th December 2025



# FIRE WARDEN TRAINING



Ever wondered what to do when an emergency occurs. Its easy to say lets just evacuate, but where do you go, what has happened, is evacuation the best option?

Dealing with the emergency is just one component, what about the preparation of ensuring an effective emergency plan is in place or what happens post the emergency?

Ever spilt a small amount of product and wondered what is the correct way to contain it, clean it up or dispose of it?

**TBCC are holding the following training sessions:**

- ECO / WARDEN TRAINING
- CHIEF WARDEN TRAINING
- FIRE AWARENESS & EXTINGUISHER TRAINING
- SPILL KIT AWARENESS TRAINING
- EVACUATION EXERCISE



**Location:** Taillem Bend Community Centre  
141 Railway Terrace, TAILEM BEND

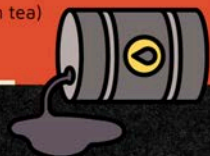
**Date:** Friday 1 August 2025

**Time:** 8:30am - 5:15pm

**Cost:** \$210.00 (includes morning tea, lunch & afternoon tea)

**Bookings are essential.**

Contact TBCC on (08) 8572 3513 or email  
info@tbcc.org.au to secure your seat



141 Railway Terrace, Tailem Bend SA 5269  
Commonwealth Home Support Program (CHSP) is funded by the Australian  
Government of Health and Aged Care (DHAC), Community and  
Neighbourhood Development Program (CND) is funded by the Department of  
Human Services (DHS)  
W:tbcc.org.au | E:info@tbcc.org.au | P:8572 3513



# MEN'S GROUP

## Expression of Interest & Ideas

We're starting a new monthly Men's Group at the Taillem Bend Community Centre and we'd love your input!

This group will be shaped by its members - whether it's guest speakers, outings, or just catching up over a cuppa.

To register your interest and ideas contact us.

Email: info@tbcc.org.au

Call: 08 8572 3513

www.tbcc.org.au

or scan the QR Code



COMMONWEALTH HOME SUPPORT PROGRAMME (CHSP) IS FUNDED BY THE AUSTRALIAN GOVERNMENT OF HEALTH AND AGED CARE.  
COMMUNITY AND NEIGHBOURHOOD DEVELOPMENT PROGRAM (CND) IS FUNDED BY THE DEPARTMENT OF HUMAN SERVICES.

# MURRAYLANDS

# STOMA SUPPORT GROUP

## NEXT MEETING

**10:00am Monday 2<sup>nd</sup> June 2025  
(02/06/25) at the Murray Bridge RSL**

Please enter via side door off bowling green  
**Tea/coffee/biscuits – gold coin donation**

Please contact Stephen 0427 978 699 or  
Sandrina 0428 104 439

# Term 2 Timetable 2025

28 April – 4 July



Classes are open to all ages.

Bookings are required for all classes through TBCC on 8572 3513 unless stated otherwise.

## Monday

SCRAPBOOKING / CARD MAKING | 10AM – 2PM

Make your Memories into Art.

CHSP \$1.10 | Non CHSP \$2.20

Booking is required | Venue: TBCC Art and Lifestyle shed

## Tuesday

WOODTURNING | Socially organised – not every week.  
Join this group to create and work on your own project.

CHSP \$1.10 | Non CHSP \$2.20

Booking is required | Venue: TBCC Art and Lifestyle shed

LINE DANCING | 10AM – 11.30AM – Starts 3 June

Beginner to Advance skills welcome

CHSP \$5.50 | Non CHSP \$11.00

Booking is required | Venue: Taillem Bend Town Hall

PILATES WITH URSULA | 5.30PM – 6.20PM

Strength and Stretching with Ursula

CHSP \$5.50 | Non CHSP \$11.00

Booking is required | Venue: TBCC Function Room

## Wednesday

SEWING CLASS | 9AM – 12NOON

Work on individual sewing projects

CHSP \$5.50 | Non CHSP \$11.00

Booking is required | Venue: TBCC Function Room

GOLDEN GO GETTERS | 10.30AM – 11.30AM

Help strengthen your muscles in a safe and supported environment

CHSP \$5.50 | Non CHSP \$11.00

Booking is required | Venue: Taillem Bend Town Hall

COLOURFUL CREATIONS | 1PM – 3PM

Join this group to discover the benefits of colouring, painting & creating. Relax and improve your focus and skills.

CHSP \$1.10 | Non CHSP \$2.20

Booking is required | Venue: TBCC Meeting Room

DECORATIVE ART | 1PM – 4PM

Social Art Group – Join this group to share skills & learn from like-minded people.

CHSP \$1.10 | Non CHSP \$2.20

Booking is required | Venue: TBCC Art and Lifestyle Shed

MURRAY BRIDGE POOL & SHOPPING BUS

Two options for Taillem Bend passengers: either the MB heated pool or MB Marketplace, but not both. The bus will drop off at the pool and then go on to the Marketplace.

Cost: \$5 per person. | Booking is essential on 8572 3513

WOODWORK

TUTOR REQUIRED

TBA – Prices are subject to Tutor/Social

## Thursday

PILATES WITH URSULA | 5.30PM – 6.20PM

Strengthen and stretch with Ursula

CHSP \$5.50 | Non CHSP \$11.00

Booking is required | Venue: TBCC Function Room

## Friday

STRENGTH FOR LIFE | 10AM – 10.45AM

Come along to TBCC for Strength for Life with Amanda

\$10.00 per class

Booking is required directly through Amanda – 0414 770 970

Venue: TBCC Function Room

BINGO | 10AM – 12.30PM

Friday Funday Bingo! Second Friday of the Month

9 May & 13 June

\$6.00 per book (10 games) | Venue: TBCC Meeting Room

## C4C

PARENT CHILD MOTHER GOOSE SESSIONS

Cuddle, Communicate, Connect.

using songs, rhymes, and stories to support connection

between child and parent.

Bookings preferred

TUESDAY

Mannum Senior Citizens Room | 9:30AM – 10:15AM

WEDNESDAY

Meningie Kindergarten | 11AM – 11:45AM

THURSDAY

Taillem Bend Primary School | 9:30AM – 10:15AM



Monday – Friday  
9am – 4:30pm  
141 Railway Terrace,  
Tailem Bend SA 5260

Tel: 8572 3513 | W: tbcc.org.au  
E: info@tbcc.org.au

\*Classes run during school terms only.  
No classes during school holidays.

Commonwealth Home Support Programme (CHSP) is funded by the Australian  
Government Department of Health and Aged Care  
Community and Neighbourhood Development Programme (CND) is funded by  
the Department of Human Services.

Keep an eye on our Facebook page for regular updates on new events  
and classes or pop into the centre for a 2025 calendar.