

Term 1 Timetable 2024

29 January – 12 April



MONDAY

SCRAPBOOKING / CARD MAKING | 10am–2pm

Make your Memories into Art.

CHSP \$1.10 | Non CHSP \$2.20

Booking is required | TBCC Art and Lifestyle shed

TUESDAY

WOODTURNING | Socially organised – not every week.

Join this group to create and work on your own project.

CHSP \$1.10 | Non CHSP \$2.20

Booking is required | TBCC Woodwork shed

LINE DANCING | 10am–11.30am

Beginner to Advance skills welcome

CHSP \$5.50 | Non CHSP \$11.00

Booking is required | Tailem Bend TownHall

SOCIAL CRAFT | 12noon–2pm

Bring and work on your own craft masterpiece

CHSP \$1.10 | Non CHSP \$2.20

Booking is required | TBCC Meeting Room

PILATES WITH URSULA | 5.30pm–6.20pm

Strength and Stretching with Ursula

CHSP \$5.50 | Non CHSP \$11.00

Booking is required | TBCC Function Room

WEDNESDAY

WOODWORK | 9am–3pm

Learn with Graham; a qualified builder/ cabinet maker

Half day – CHSP \$5.50 | Non CHSP \$11.00

Full day – CHSP \$11.00 | Non CHSP \$22.00

Booking is required | TBCC Woodwork shed

SEWING CLASS | 9am–12 noon

Work on individual sewing projects

CHSP \$5.50 | Non CHSP \$11.00

Booking is required | TBCC Function Room

GOLDEN GO GETTERS | 10.30am–11.30am

Help strengthen your muscles in a safe and supported environment.

CHSP \$5.50 | Non CHSP \$11.00

Booking is required | Tailem Bend Town Hall

COLOURFUL CREATIONS | 1pm–3pm

Join this group to discover the benefits of colouring, painting, and creating. Relax, and improve your focus and skills.

CHSP \$1.10 | Non CHSP \$2.20

Booking is required | TBCC Meeting Room

DECORATIVE ART | 1pm–4pm

Social Art Group– join this group to share skills and learn from likeminded people

CHSP \$1.10 | Non CHSP \$2.20

Booking is required | TBCC Art and Lifestyle shed

MURRAY BRIDGE POOL & SHOPPING BUS

Two options for Tailem Bend passengers: either the MB heated pool or MB Marketplace, but not both. The bus will drop off at the pool and then go on to the Marketplace.

Cost: \$5 per person. | Booking is required

THURSDAY

PARENT CHILD MOTHER GOOSE | 9.30am–10.30am

Cuddle...Communicate...Connect... using songs, rhymes, and stories to support connection between child and parent.

Bookings appreciated | Tailem Bend Primary School

PILATES WITH URSULA | 5.30PM – 6.20PM

Strengthen and stretch with Ursula

CHSP \$5.50 | Non CHSP \$11.00

Booking is required | TBCC Function Room

FRIDAY

PILATES WITH AMANDA | 9.30AM–10.20AM

Come along to TBCC for a Pilates class with Amanda

CHSP \$55.00 | NON CHSP \$110.00

Booking is required | TBCC Function Room

*Mini of 6 participants must attend, For the class to proceed

*no class on Friday 29th March due to Public Holiday

BINGO | 10am–12.30pm

Friday Funday Bingo! Second Friday of the Month

February 9th | March 8th

\$6.00 per book (10 games) | TBCC Meeting Room

STRENGTH & BALANCE | 10.30am–11.20am

Come along to TBCC for a Strength and Balance class with Amanda.

CHSP \$55.00 | NON CHSP \$110.00

Booking is required | TBCC Function Room

*Mini of 6 participants must attend, For the class to proceed

*no class on Friday 29th March due to Public Holiday



Monday – Friday

9am – 4:30pm

141 Railway Terrace,
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*Classes run during school terms only,
No classes during school holidays.

Commonwealth Home Support Programme (CHSP) is funded by the Australian Government Department of Health and Aged Care.

Community and Neighbourhood Development Programme (CND) is funded by the Department of Human Services.