

Newsletter

July 2015

Inside–

- *Welcome new CHSP Officer
- *July Holiday Program
- *C4C update
- *Upcoming short courses



Programs are Supported By

- Commonwealth Home Support Packages (CHSP) formerly Home & Community Care (HACC)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department for Communities and Social Inclusion (DC SI)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council (CDC)
- Obesity Prevention and Lifestyle program (OPAL),



Coorong Connections Network



Young people in the Coorong region are set to benefit from an exciting new network funded by the Department for Communities and Social Inclusion (DCSI) Youth Network Grants.

The **Coorong Connections Network (CCN)** will increase the capacity of the youth sector by establishing an advisory group to support young people 12– 25 years to:

- Collaborate, share disseminate information
- Identify and respond to the needs of young people in the community
- Up-skill network members

The Tailem Bend Community Centre will coordinate a youth advisory group communicating via social media and meetings at various locations in the Coorong. They will also advocate for youth programs and get project-ready

for youth funding opportunities

The Chair of the Tailem Bend Community Centre (TBCC) Board, Mrs Rhonda Shillabeer, announced the new project and partnership and said *'The TBCC has been very successful with the Communities for Children funding for 0-12 years. Gaining funding for 12-25 years is a strategic goal that we are one step closer too. This issue has been on our agenda for a number of years and it is pleasing that we are now able to make a difference'*.

Tammy Shepherd, Coordinator TBCC explained that "following the success of the Filmstar Formal in January 2015 we were determined to source funding for more youth services."

More information about the **Coorong Connections Network** can be found at www.tbcc.org.au or by contacting the Tailem Bend Community Centre

8572 3513

www.tbcc.org.au

141 Railway Terrace, Tailem Bend SA 5260



Tailem cares for kids!

Tailem Bend Community Centre is excited to announce continued funding partnership with a.c.care Communities for Children.

Children in the Coorong District Council region will continue to benefit from the 'Caring 4 Community' (C4C) project as a result of the confirmation of continued funding into the next two financial years. The C4C project is facilitated by ac.care's Communities for Children Murraylands and funded by the Australian Government Department of Social Services. This funding partnership will continue into the 2016/2017 financial year.

The C4C project provides children under the age of 12 who live in the Coorong communities with access to family fun days, arts and crafts, dance and movement activities. These activities are designed to assist with early learning in literacy, numeracy and social skills and provide integrated services for families, particularly vulnerable and disadvantaged families, to improve child wellbeing and development, safety and family functioning. Families will also be able to access evidence based learning programs, health advice, family information sessions and parent/caregiver support groups.

The Chair of the Tailem Bend Community Centre (TBCC) Board, Mrs Rhonda Shillabeer, announced the continued partnership and said 'The TBCC has enjoyed providing services for children. We are thrilled to continue to do so with a whole of Coorong approach'.



ac.care's Communities for Children programme Senior Program Manager Teresa O'Brien said 'our collaborative relationship with the Tailem Bend Community Centre has worked very well and has successfully delivered quality services.

We look forward to the ongoing success of the program in the Coorong.'

More information about the C4C Project can be found at www.tbcc.org.au or by contacting the Tailem Bend Community Centre on telephone: 08 8572 3513.



Family Fun in JULY

Mon, July 6

**TINTINARA FAMILY FUN DAY OUT
FREE TO ATTEND**

Apex Park, Dukes Hwy, 11am - 1pm

Pack a picnic lunch. Have loads of fun with the Imagination Playground and Giant Games.

Register to the Community Centre 8572 3513

Supported By: Tailem Bend Community Centre & OPAL

Thurs, July 9

**COONALPYN FAMILY FUN DAY OUT
FREE TO ATTEND**

Hoopinator, 11am - 1pm

Pack a picnic lunch. Have loads of fun with the Imagination Playground and Giant Games.

Register to the Community Centre 8572 3513

Supported By: Tailem Bend Community Centre & OPAL

Mon, July 13

**MENINGIE FAMILY FUN DAY OUT
FREE TO ATTEND**

Lions Park, Princes Hwy, 11am - 1pm

Pack a picnic lunch. Have loads of fun with the Imagination Playground and Giant Games.

Register to the Community Centre 8572 3513

Supported By: Tailem Bend Community Centre & OPAL

Fri, July 17

**TAILEM BEND FAMILY FUN DAY OUT
FREE TO ATTEND**

Train Park, Main Street, 11am - 1pm

Pack a picnic lunch. Have loads of fun with the Imagination Playground and Giant Games.

Register to the Community Centre 8572 3513

Supported By: Tailem Bend Community Centre & OPAL

Communities for Children is funded by the Australian Government Department of Social Services.

OPAL is a joint program of State and Local Governments.



We're seeking **Volunteers for the Children Holiday program** Can you help at the family fun days in July- Monday 6th and 13th, Thursday 9th or Friday 17?

Give us a call- 8572 3513

Find the full program over the page!



Family Fun in JULY

Mon, July 6	Tues, July 7	Wed, July 8	Thurs, July 9	Fri, July 10	Sat, July 11	Sun, July 12
TINTINARA FAMILY FUN DAY OUT FREE TO ATTEND Apex Park, Duques Hwy, 11am – 1pm Pack a picnic lunch and have loads of fun with the imagination playground and Giant Games. Register to the Community Centre 8572 3513 Supported By: Taillem Bend Community Centre & OPAL Register to Emily on 1300 785 277	TINTINARA SPRAY PAINT WORKSHOP FREE TO ATTEND Tintinara Hall, 11am – 4.30pm A spray paint artist is coming to town! You will be in charge of designing and spray painting the council youth trailer. Suitable for ages 8-18 years. Limited numbers Get in quick! Register to Emily on 1300 785 277	TENNIS CLINIC @ TAILLEM \$10 per person, 9am – 12pm Taillem Bend Tennis Courts Join us for a mix of fun, technical and physical activities that cater for players of all standards between the ages of 5-18 years. Register to Hayley on 0418 217 356	COONALPVN FAMILY FUN DAY OUT FREE TO ATTEND Hoopla, 11am – 1pm Pack a picnic lunch and have loads of fun with the imagination playground and Giant Games. Register to the Community Centre 8572 3513 Supported By: Taillem Bend Community Centre & OPAL BOOTCAMP AT MENINGIE \$5 per person 12.30pm – 1.30pm, Meningie School Gymnasium Grab your friends and have some fun with Neil from Pump Fitness. A session that offers a new dimension to exercise. All ages welcome. Register to Emily on 1300 785 277	ART YOU CAN EAT! FREE TO ATTEND Coorong Civic Centre, Taillem Bend, 2pm-3pm Spend the afternoon with some of the coolest council staff to create your own fruit art masterpiece. Also tour the new Coorong Civic Centre and Art Gallery. All ages welcome. Register to Emily 1300 785 277	OLD TALEM TOWN TOUR 9am start for tour Cost: \$30 for one adult (\$50 for two adults) with any number of their own children. \$10 Under 15, \$18 Student Over 16. Stop back in time with a guided walk through Australia's largest Pioneer Village. Bookings not required.	HAVE A PICNIC AT THE PANGARINDA BOTANIC GARDEN Pangarinda Drive, Wellington East Visit one of the area's best kept secrets, lucky for you winter is one of the best times to visit. Pangarinda Download the bird watching guide from the council website.
TENNIS CLINIC @ TAILLEM \$10 Per Person, 9am – 12pm Taillem Bend Tennis Courts Join us for a mix of fun, technical and physical activities that cater for players of all standards between the ages of 5-18 years. Register to Hayley on 0418 217 356	GONE FISHING AT MENINGIE JETTY Lions Park or Sailing Club Jetty Dig out the old fishing rod from the shed and challenge the family to a friendly fishing comp. Who will end up having the bragging rights of 'best' fisherman? Don't forget to pack a healthy picnic.	TAILEM INFO STATION GUIDED MUSEUM TOUR FREE TO ATTEND Railway Station, Taillem Bend The museum features displays of rail memorabilia and the original working signal box. 9am – 4pm Open 7 days a week	BOOTCAMP AT TAILLEM \$5 PER PERSON 4.30pm- 5.30pm, Taillem Bend Town Hall Grab your friends and have some fun with Neil from Pump Fitness. A session that offers a new dimension to exercise. All ages welcome. Register to Emily on 1300 785 277	LAKE INDAWARRA TINTINARA Located on the western side of the Tintinara township. A walking trail surrounds the lake and is a pleasant short walk. A perfect spot for a picnic and a paddle in your kayak. Hidden here is another geocache!	NATURE PLAY PASSPORTS Pick up your passport from your local Coorong Council office or Visitor Info Outlet. Nature Play SA has released the very cool 'Passport to an amazing childhood' - there are stacks of missions for kids to complete.	PLANT A VEGGIE PATCH Spend some time outdoors in the back yard planting your very own vegetable garden. Here are some vegetables that are great to plant this time of year: Beetroot, Broccoli, Cabbage, Peas, Radish, Rhubarb, Parsnips.
MONINGIE FAMILY FUN DAY OUT FREE TO ATTEND Lions Jubilee Park, 11am – 1pm Pack a picnic lunch and have loads of fun with the imagination playground and Giant Games. Register to the Community Centre 8572 3513 Supported By: Taillem Bend Community Centre & OPAL	CRAFTERNOON AT THE COONALPVN HUB FREE TO ATTEND 1.30pm – 4.00pm Suitable for ages 5 years and above. Children under the age of 12 require a guardian. Minimum numbers required for the session. Register to Kristy on 8571 1018 Supported By: Communities for Children	TENNIS CLINIC @ TAILLEM \$10 Per Person, 9am – 12pm Taillem Bend Tennis Courts Join us for a mix of fun, technical and physical activities that cater for players of all standards between the ages of 5-18 years. Register to Hayley on 0418 217 356	BOOTCAMP AT TAILLEM \$5 PER PERSON 4.30pm- 5.30pm, Taillem Bend Town Hall Grab your friends and have some fun with Neil from Pump Fitness. A session that offers a new dimension to exercise. All ages welcome. Register to Emily on 1300 785 277	TAILEM BEND FAMILY FUN DAY OUT FREE TO ATTEND Train Park, 11am – 1pm Pack a picnic lunch and have loads of fun with the imagination playground and Giant Games. Register to the Community Centre 8572 3513 Supported By: Taillem Bend Community Centre & OPAL	GEOCACHING ADVENTURE Borrow a geocaching kit from your local library & head out on an adventure. The kit includes a GPS unit & a list of family friendly caches to get you started. Local geocaching maps are available from your nearest Coorong Council office.	TINTINARA HEART OF THE PARKS - SIGNAL BOX ROOM Duques Highway, Tintinara Visit the one stop shop for homemade good and crafts. Not to mention the recent launch of the Signal Room, where you can relive the old railway history. Visit 7 days a week, 10am – 4.30pm
TENNIS CLINIC @ TAILLEM \$10 Per Person, 9am – 12pm Taillem Bend Tennis Courts Join us for a mix of fun, technical and physical activities that cater for players of all standards between the ages of 5-18 years. Register to Hayley on 0418 217 356	LAKES BIRD WALK FREE TO ATTEND 1.30 – 3pm, Lakes Hub, Meningie Join CLAP & the Lakes Hub to explore the lively bird life around the beautiful foreshore of Meningie, followed by a small talk at the Hub. Bring the whole family. Register to Emily on 1300 785 277	TAILEM INFO STATION GUIDED MUSEUM TOUR FREE TO ATTEND Railway Station, Taillem Bend The museum features displays of rail memorabilia and the original working signal box. 9am – 4pm Open 7 days a week	DISCOVER BOOTHBY ROCKS IN TINTINARA Head out for a family picnic and bushwalk through the Mount Boothby Conservation Park. Access via Culbulla Woods Well Road. Check out the granite rocks that soar a huge 129m high!	POINT MALCOLM LIGHTHOUSE A great idea for an afternoon drive. Located near Narriung, it's Australia's only inland lighthouse. Head about the history of the site and hidden at Point Malcolm is a geocache.	NATURE PLAY PASSPORTS Pick up your passport from your local Coorong Council office or Visitor Info Outlet. Nature Play SA has released the very cool 'Passport to an amazing childhood' - there are stacks of missions for kids to complete.	42 MILE CROSSING, COORONG Go camping at the Coorong's 42 Mile Crossing, located not far from Salt Creek. The area has all year round four wheel drive access to the ocean beach.





Here's a sneak peek at our new banners that will be on display in the main street of Taillem Bend

Communities for Children
Murraylands

Term 3 2015

Our Time

At Taillem Bend

Parents and carers of pre-school aged children and their little ones are invited to come along for some fun and games, craft, songs, snacks and socialising.

When: Thursdays 9.30-11.30am

Where: Taillem Bend Community Centre

Cost: Free!

Term Three Program

July 23	Painting paper plates
July 30	Ice magic (outdoors)
August 6	Sand art
August 13	Cooking pikelets
August 20	Collage
August 27	Excursion- Mount Barker Super play cafe
September 3	Making playdough
September 10	Cooking toastie toasties
September 17	Potato painting
September 24	Picnic in the park

For one term Only!

In Term 4 2015
Our Time will be moving to Meningie, and traveling to Coonalpyn and Tintinara in 2016

To book, contact-

Taillem Bend Community Centre
141 Railway Terrace
(PO Box 203),
Taillem Bend 5240 SA
Phone 8572 3513 • 06 8572 4813

Anglican Community Care Inc. | ABN: 52 440 436 445 | Charity Licence COP1186
 Web: www.accare.org.au | Email: CommunitiesforChildren@accare.org.au
 Communities for Children is funded by the Australian Government Department of Social Services

Join a Crafty Bunch



Social Craft Circle
Tuesday's
1pm—3pm

Cost \$1.10 per

- Work on your own project
- Grab a cuppa
- Take time out for a chat
- Share tips and ideas



141 Railway Tce
Taillem Bend
8572 3513



Are you aged between 12-25
and want to help make your
community great?

Join the Coorong Connections Network

The group will hold discussions via
social media and meet in person
once a term, in various Coorong
towns, to advocate for events and
projects decided by the young
people in the community

*Ideally we need a boy and a girl
aged between 12-16 and a boy
and girl aged between 16-25
from each town in the Coorong
District Council area.*

Supported
by



Got ideas for
change?
Want your voice heard?

Our Purpose-

- *To collaborate, share and disseminate information
- *Identify and respond to the needs of young people in the community
- *Up-skill network members

Coorong Connections Network

Young people making a difference

To be involved call 8572 3513
or email Bek c4c@tbcc.org.au

Membership of the group is free

Your application does not guarantee membership.

Transportation and meals are all included

Commonwealth Home Support Packages (CHSP)

formerly HACC changes 1 July



The CHSP key elements of change from 1 July is the focus on wellness, re-enablement, and restorative care approaches. This means building on older people's strengths capacity and goals to help them remain independent in their daily living tasks and to live at home safely.

If you are 65 years and above or with a disability you may be eligible for a CHSP to register for a service please visit www.dss.gov.au/CHSP or call 1800 200 422 * 1800 calls are free from land lines; calls from mobile phones may be charged.

From the 1 July 2015 services provided through the Commonwealth Home Support Packages (CHSP) programme will incur a small fee. You will be asked to pay 50% of the service provided and the cost of any materials required. For example if you need light bulbs replaced, you will pay half of the fee that the contractor charges plus the cost of the light bulbs. If you need your gutters cleaned, there will generally be no materials cost, just half the amount of time that the contractor takes to clean out your gutters. This fee will need to be paid just before the job is scheduled to be done. Fees can be paid by calling into the Tailem Bend Community Centre or any of the Coorong Council Offices. Alternatively you can post cheques to PO Box 203 Tailem Bend SA 5260 a receipt of payment will be provided.

Golden Oldies Friday 24 July bus trip to the Pretoria Hotel at Mannum to book your seat please call 8572 3513

Introduction to new CHSP officer, Eva

Hello Everyone

I have just started as CHSP officer at the Tailem Bend Community Centre and look forward to meeting all our clients, tutors and contractors in the near future.

My working background has been largely finance and administration in local government, private enterprise and as a volunteer. I had some wonderful experiences with seniors over the years.

I am too old to have my photograph taken so you will have to call into the community centre to see what I look like. See you all soon.

Eva Haydon

A composite image for a "Fit & Fab Exercise Class". The top part shows a group of people in a room, some sitting and some standing, engaged in an activity. Below this is a dark banner with the "Tailem Bend Community Centre Inc." logo on the left and the text "Fit & Fab Exercise Class" in large white letters on the right. At the bottom left is a photo of two women, one holding a green ball. To the right of this photo, the text "10am - 11am Tuesday Mornings" is displayed. Below that, the location "at the Tailem Bend Community Centre 141 Railway Terrace" is listed, followed by the cost "Cost \$5.50" and the phone number "Call 8572 3513".

Fit & Fab Exercise Class

10am - 11am
Tuesday Mornings

at the Tailem Bend Community Centre
141 Railway Terrace
Cost \$5.50
Call 8572 3513

Upcoming Short Courses

Flag Marshalling Course

Come along and learn the skills involved in marshalling for motor racing events.

Dates and times to be advised

Register your interest today by calling the Tailem Bend Community Centre on 8572 3513

Boat Licence Course

Wanting to get your boat licence before summer? Learn what you need to know, then take the exam for your licence.

Sunday 27th of September 1pm-5pm

At Tailem Bend Community Centre

Cost- Adult- \$30 Ages 12-15 \$15

Bookings essential

Tax Time

From the 11th of July you can book in to see accountant Richard Dean at the Community Centre on Saturday mornings. Call 85723513 to book.

TBCC annual memberships are due on 30 July 2015.

Memberships costs \$5.50 payment enables you to receive 50% off of the cost of photocopying, receive newsletters and information about what's happening at TBCC, and be a part of this amazing Centre!

Membership also entitles you to vote at the AGM on Thursday 3 September 2015. We are looking for new Board members in 2015-16 which will be a progressive and exciting time. Experience not essential as Governance training is provided. Please call in and speak to Tammy if you would like more information.



Government of South Australia
Department of Planning,
Transport and Infrastructure



Government of South Australia
Department for Communities
and Social Inclusion

Staff

Coordinator:	Tammy Shepherd	Tuesday—Friday
HACC Officer:	Eva Haydon	Wednesday—Friday
C4C Officer:	Rebekah Crisp	Tuesday—Friday
Finance Officer:	Chris Hartman	Thursday

2014/15 Board of Management:

Chairperson:	Rhonda Shillabeer
Vice Chairperson:	Jack Hunt
Treasurer:	Trevor Gordon

Secretary:

Committee: Bev Moyes, Rosemary Symonds, Jackie Koop, Vicky Roach, Lydia Barnes, Joanna Paynter