

TBCC BOARD OF MANAGEMENT, STAFF, AND VOLUNTEERS WOULD LIKE TO WISH YOU A VERY MERRY CHRISTMAS AND A PROSPEROUS NEW YEAR!

TBCC CHRISTMAS CLOSURE DATES

TBCC will be CLOSED from Friday 16th December 2022 and will REOPEN on Monday 16th January 2023.

The TBCC Mini Bus will be unavailable for bookings from Monday 24th December 2022 - Tuesday 3rd January 2023.

CHRISTMAS PARADE TBCC FLOAT

Keep an eye out for the TBCC Float, when we take part in the Tailem Bend Christmas Parade on Saturday 10th December.

MMCPN CHRISTMAS CLOSURE DATES

The last day of service for the Medical Bus will be Friday 16th December 2022 and will resume Monday 16th January 2023.

The Community Passenger Network will still be operating during this period, subject to driver availability.

TBCC CHRISTMAS DISPLAY

Have you seen the Christmas display across the road from TBCC? Our Volunteers and Staff have been busy getting crafty! 14 colourful bubbles with affirmations, inspirational quotes and Christmas wishes now decorate this corner. We hope you enjoy.



EXPO

Over two days in late October, TBCC and MMCPN were participants in the MyLifeChoices – Disability, Ageing and Lifestyle Expo at Wayville Showgrounds. It was a fabulous opportunity to showcase our services to a broad audience and we were amazed by how many familiar faces we saw from our region. We also assisted the SA Community Transport Association (SActa) by helping out on their stand, which distributed transport information on behalf of members. A huge thank you to our volunteers for assisting us at the Expo – we all had a lot of fun, and took the opportunity to tell the Hon. Nat Cook, Minister for Human Services about all the great things that TBCC does.





Fight the Bite, Protect Yourself against Disease-Carrying Mosquitoes. Cover up | Repel | Eliminate

For more important information on how you can Fight the Bite, contact your local council or visit sahealth.sa.gov.au/FightTheBite





Did you know that TBCC has an Automated External Defibrillator (AED) on site? An AED is used on those who are experiencing sudden cardiac arrest, the AED will deliver a shock to re-establish a 'normal' heart rhythm. This sign is displayed outside any building to indicate that an AED is on site.

CHSP OUR GOLDIES LUNCHEONS FOR 2023

FRIDAY 24TH FEBRUARY 2023 FRIDAY 24TH MARCH 2023

Join us for a social lunch and a chat, from 12 noon to 1.30 pm. Two-course meal:

\$10.00 for CHSP consumers | Non-CHSP \$15.00.

A monthly bus trip to attend Goldies is also available for those who live in Tailem Bend. The cost is a gold coin donation.

Booking is essential, please call 8572 3513 or email chsp@tbcc.org.au

UPCOMING EVENTS FOR 2023

Denise is in full swing organising bus trips for 2023 and is taking expressions of interest for the following trips. To register your interest please call 8572 3513 and speak to Denise

An American in Paris, The Musical

Wednesday 1st February 2023, 1 pm Matinee Show

Hairspray, The Musical

Wednesday 18th January, 1 pm Matinee Show.

Mary Poppins Arrives July, 2023.

Social Surprise Bus Thursday 16th February 2023 Friday 31st March 2023

SHOPPING BUS

Have you heard about TBCC weekly shopping bus? It runs every Thursday morning, picking people up from their homes in Tailem Bend (within a 5km radius of the main street) and taking them to Foodland. If required it will also drop people at the chemist/newsagent at the other end of the street, then take you back home. A gold coin donation is appreciated.

141 Railway Terrace, Tailem Bend SA 5260 Phone: 8572 3513 | Email: info@tbcc.org.au Web: www.tbcc.org.au

NEWSLETTER

DECEMBER 2022



C4C

The Communities for Children team at TBCC have been enjoying facilitation across the Coorong, Mid-Murray and Murray Bridge areas with weekly Parent Child Mother Goose and Seasons for Growth sessions. We have also enjoyed school holiday events including 3 Family Fun Days in October celebrating Children's Week 2022.



During Term 4 we have also enjoyed celebrations for Grandparent's day with morning teas at each of our PCMG sessions across the week. We held our Meningie session at Jallarah Homes Aged Care with a wonderful morning for all involved, the intergenerational interactions were so heartwarming.



With the festive season fast approaching we are also looking forward to celebrating with participation in both the Murray Bridge and Tailem Bend Christmas pageants.

In the upcoming summer holidays, we have a variety of experiences planned. In December we will be hosting Christmas Events and Cookie decorating. In January we will have Inspirational Rock Painting, an online scavenger Hunt, Escape Rooms and a Silent Disco.

Keep an eye on our Facebook page for individual flyers or Contact the C4C Team at TBCC for dates and details. Phone Gayle or Katrina: 08 8572 3513 or Email: c4c@tbcc.org.au

MMCPN GOODBYE ELLEN

One of our long serving drivers, the always smiling Ellen Charlton from Meningie, has decided to retire from the MMCPN. We are sad to see her go, but wish her the best as she makes more time for herself and John.



Ellen has been a wonderful asset to her community, not only as a driver, but going above and beyond to help our consumers and support them when they are in her care. We will miss you Ellen – thank you for your many years of work for your beloved community.

Ellen's departure leaves a gap in our dynamic Meningie MMCPN team. If you would like to volunteer some time as a driver, with no rosters, and if you don't wish to drive long distances to Adelaide, our service often has trips to Murray Bridge and Mount Barker. We operate throughout the Murraylands, so if you are from Lameroo, Pinnaroo, Karoonda, Tailem Bend, Wellington East, Meningie, Murray Bridge or anywhere in between, and would like to volunteer some time, please call Sam on 8572 3513 to find out more. We make the process as easy as we possibly can for you.

MURRAY BRIDGE POOL & MARKET PLACE BUS

We are soon to launch our new transport service to Murray Bridge, travelling Wednesdays and every second Monday. The bus will pick you up from home (if you are more than 5kms outside of TB, we can meet you at TBCC) and will depart by 8 am. We are offering two options for our passengers: either the MB heated pool (near the hospital) or MB Marketplace, but not both. The bus will drop off at the pool and then go on to the Marketplace.

With the BankSA branch shutting in Tailem Bend, there is a possibility of stopping at the BankSA branch in Murray Bridge.

The bus will arrive back in TB by 11 am.

The trial run for this service begins on November 23 and will continue until Wednesday 21 December. The cost will be a gold coin donation (during trial phase only) and pool fees will be payable at the pool reception.

If the service is well utilised, TBCC will resume again in early 2023 for a cost of \$5 per person.

Trial dates are:

Mondays: November 28, December 12 Wednesdays: November 23, December 7, 14, and 21

Bookings are essential. If you have any questions or wish to book a seat for these dates, please give us a call.

Both the Tailem Bend shopping bus and Murray Bridge pool bus are services available to people of all ages. If you are over 65 years (or 50+ years ATSI), then you will need to be registered with My Aged Care (1800 200 422) and have a transport referral in place. If you require help with this, we can assist and guide you through the process. These services are new to our town and TBCC has philanthropically funded them to determine the level of need for these types of services in our community. If they are not well utilised then we will be unable to continue providing them in the new year, so please help us spread the word.



141 Railway Terrace, Tailem Bend SA 5260 Phone: 8572 3513 | Email: mmcpnco@tbcc.org.au Web:wwwmurraymalleecpn.org.au