

# 2022 Term 3 Timetable: 25 July - 30 Sept

 <p><b>Monday —Friday</b>  <b>9am — 4:30pm</b>  <b>141 Railway Terrace,</b>  <b>Taillem Bend SA 5260</b>  <b>Tel: 8572 3513</b>  <b>W: <a href="http://tbcc.org.au">tbcc.org.au</a></b>  <b>E: <a href="mailto:info@tbcc.org.au">info@tbcc.org.au</a></b></p>	<p><b>Computer/Phone</b></p> <p>Need help with accessing the internet, PC, tablet, phone or iPad? Call TBCC to make a free one-on-one appointment</p>	 <p><b>Communities for Children (C4C)</b> is facilitated by ac.care and funded by the Australian Government</p>	<p><b>MMCPN</b></p> <p>Need medical transport? or social outings, call us to discuss options</p>	<p><b>CHSP Trips</b></p> <p>Keep an eye out for announcements on our Social media and emails.</p>
	<p><b>Want to help us?</b></p> <p><b>Would you like to help at TBCC?</b>                  We need help with various items. Please call us or drop in 8572 3513</p>	<p><b>C4C Activities</b></p> <p>*For details about C4C activities offered for Children 0-12 years please call <b>Gayle or Katrina 8572 3513</b></p>		<p><b>MMCPN</b></p> <p><b>WE NEED YOU!</b>                  Would you like to become a volunteer driver? Please call <b>Sam 8572 3513</b></p>
	<p><b>Bus Hire</b></p> <p>For details about the community bus hire visit our website <a href="https://www.tbcc.org.au/for-hire/tbcc-bus/">https://www.tbcc.org.au/for-hire/tbcc-bus/</a></p>	<p><b>Tutors Wanted</b></p> <p>We're looking for more tutors to run classes. If you know someone willing to share their skills please email <a href="mailto:info@tbcc.org.au">info@tbcc.org.au</a></p>	<p><b>Got a class in mind?</b></p> <p>Give us a call and we will register an expression of interest. Once 5 people register we can arrange the class <b>EASY!!</b></p>	<p><b>Community Garden</b></p> <p><b>Garden Chat 9.00—9.30am</b>                  Second and Fourth Thursday of each month                  Contact <b>Denise</b> for more information <b>8572 3513</b></p>
<p><b>MONDAY</b></p> <p><b>YOGA</b></p> <p>Improve your flexibility and tranquility                  Please bring a blanket, water and your own mat  <b>Call Blue Wren Yoga 0408 837 117</b>  <b>Monday 6.00pm - 7.00pm</b>  <b>Wednesday 6.00pm - 7.00pm</b></p>	<p><b>TUESDAY</b></p> <p><b>Wood Turning</b></p> <p>Choose and create your own project with support from Jack  <b>10.00am - 3.00pm</b>                  Half day  <b>CHSP \$5.50   Non CHSP \$11</b>                  Full day  <b>CHSP \$11   Non CHSP \$22</b>  <b>DURING SCHOOL TERMS</b></p>	<p><b>WEDNESDAY</b></p> <p><b>Woodwork</b></p> <p>Learn with Graham A qualified builder and Cabinet Maker  <b>9.00am - 3.00pm</b>                  Half day  <b>CHSP \$5.50   Non CHSP \$11</b>                  Full day  <b>CHSP \$11   Non CHSP \$22</b>  <b>DURING SCHOOL TERMS</b></p>	<p><b>THURSDAY</b></p> <p><b>PCMG</b></p> <p>Parent-Child Mother Goose Program 0-5 years                  Connect through songs, rhyme and stories.  <b>9.30am to 10.15am</b>                  Taillem Bend Primary School  <b>*New Location*</b></p>	<p><b>FRIDAY</b></p> <p><b>Pilates</b></p> <p>Strengthen and Stretching with Ursula  <b>9.30-10.20</b>  <b>At TBCC</b>  <b>CHSP \$5.50   Non CHSP \$11</b>  <b>Once off attendance \$16</b>  <b>BOOKINGS REQUIRED</b></p>
<p><b>Commonwealth Home Support (CHSP)</b></p> <p><b>Commonwealth Home Support Program (CHSP)</b> is funded by the Australian Government Department of Health</p>	<p><b>Pilates</b></p> <p>Strengthen and Stretching with Ursula  <b>5.30pm - 6.20pm</b>  <b>CHSP \$5.50   Non CHSP \$11</b>  <b>Once off attendance \$16</b>  <b>BOOKINGS REQUIRED</b></p>	<p><b>Sewing Class</b></p> <p>Join this group to work on individual sewing projects  <b>9.00am to 12 noon</b>  <b>CHSP \$5.50   Non CHSP \$11</b>  <b>DURING SCHOOL TERMS</b></p>	<p><b>Weekly Shopping Bus</b></p> <p><b>Community Bus Service</b>                  Thursday Mornings: Pick up from your home in Taillem Bend and return.                  Stops include Taillem Bend Pharmacy and Foodland  <b>Cost: Gold coin donation</b>  <b>BOOKINGS REQUIRED</b></p>	<p><b>Computer Support</b></p> <p>Need assistance with all things computing? Bring your own laptop or use the Centres. Make an appointment for one on one support session.  <b>\$2.20 per 2 hour Block</b>  <b>DURING SCHOOL TERMS</b></p>
<p><b>Scrap Booking / Card Making</b></p> <p><b>NEW TUTOR WENDY</b>                  Make your Memories into Art. Stock available for purchase in class or bring your own.  <b>10.00am - 2.00pm</b>  <b>CHSP \$1.10   Non CHSP \$2.20</b>  <b>DURING SCHOOL TERMS</b></p>	<p><b>Social Craft Circle</b></p> <p>Join this friendly group. Work on your own craft and share ideas.  <b>1.00pm - 3.00pm</b>  <b>CHSP \$1.10   Non CHSP \$2.20</b>  <b>DURING SCHOOL TERMS</b></p>	<p><b>Golden Go Getters</b></p> <p>Help me strengthen your muscles in a safe/supported environment                  Town Hall Function Room  <b>10.30am - 11.30am</b>  <b>CHSP \$5.50   Non CHSP \$11</b></p>	<p><b>Pilates</b></p> <p>Strengthen and Stretching with Ursula  <b>9.00 am - 10.00 am</b>  <b>At Meningie Waterfront Motel</b>  <b>CHSP \$5.50   Non CHSP \$11</b>  <b>Once off attendance \$16</b>  <b>BOOKINGS REQUIRED</b></p>	<p><b>Our Goldies</b></p> <p>Stay tuned for details on upcoming dates  <b>August 26th</b>  <b>September 30th</b></p>
<p><b>Frozen Meals</b></p> <p>\$10 Each for anyone in the community.                  \$6 each for people over 65 years or 50 years Aboriginal Torres Strait Islander (ATSI).  <small>[subsidised by the Commonwealth Home Support Programme (CHSP)].</small>                  *Meal discounts may apply, please enquire with TBCC Staff  <b>UNTIL SOLD OUT.</b></p>	<p><b>Line Dancing</b></p> <p>Beginner to Advance welcome  <b>10.00am - 11.30am</b>  <b>At Taillem Bend Town Hall</b>  <b>CHSP \$5.50   Non CHSP \$11</b>  <b>BOOKINGS REQUIRED</b>  <b>DURING SCHOOL TERMS</b></p>	<p><b>Decorative Art</b></p> <p>Social Art Group                  Join this group to share skills and learn from likeminded people  <b>1.00pm - 4.00pm</b>  <b>CHSP \$1.10   Non CHSP \$2.20</b>  <b>DURING SCHOOL TERMS</b></p>	<p><b>Pilates</b></p> <p>Strengthen and Stretching with Ursula  <b>5.30pm - 6.20pm</b>  <b>CHSP \$5.50   Non CHSP \$11</b>  <b>Once off attendance \$16</b>  <b>BOOKINGS REQUIRED</b></p>	<p><b>Please note:</b></p> <p><b>** All classes are subject to Covid-19 requirements. Classes can be cancelled without notice, due to Covid-19.</b></p>