



# Newsletter

## April

### 2022

#### Programs are Supported by:

- Department of Health
- Department of Human Services
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department for Infrastructure and Transport (DIT)
- The Coorong District Council (CDC)

#### Up coming events:

- Frozen The Hit Broadway Musical, Thursday 26th May 2022.
- Goldies Lunch will be Friday 27th May 2022.

#### TBCC strategic plan survey link:

We invite you to provide any feedback that you may have on what we do well or what we could improve, here at Taillem Bend Community Centre.  
<https://www.surveymonkey.com/r/QCK877V>

## Congratulations to Tammy Shepherd on Ten years at Taillem Bend Community Centre.



The Board of Management, volunteers and staff would like to congratulate Tammy on 10 years at TBCC. Tammy is an essential part of TBCC and her passion and drive to 'Make it Happen, is so inspiring. Tammy was presented with flowers at the monthly BOM meeting and received a plaque and led light, to commemorate her 10 years at TBCC. Both products were made on the laser machine.

### Frozen Meals

The kitchen has been busy and the freezer is full. We have a variety of meals ready for purchase, all meals come with a side of seasonal vegetables and gravy.

- Chicken Fillet
- Beef Casserole
- Roast Pork
- Roast Beef
- Roast Lamb
- Vegetarian Lasagna

\* Please note there has been a change to price.

\$10 each for anyone in the community  
\$6 for people over 65 years or 50 years Aboriginal Torres Strait Islander (ATSI).

### Until Sold out



### JP services

Are you aware of what a Justice of the Peace (JP) can do ?

The role of the Justice of the Peace (JP) is to act as an independent and objective witness to documents people use for official or legal purposes. JPs can serve different roles in different jurisdictions.

Generally JPs:

- Witness oaths or affidavits
- Take statutory declarations and affirmations
- Witness signatures
- Attest the execution of a document
- Certify a true copy of an original document
- Will
- Power of Attorney
- Divorce Papers
- 100 point ID
- Land Titles
- Police Checks
- Name change

**Leonie Huston:** 0419 823 457 is available by appointment or will be at TBCC on the First Friday of each month from 2-4pm.

\* **April 1st**

**Helen Bowering:** 0447 227 533 is available by appointment or will be at TBCC on the third Tuesday of each Month 5.30-7pm.

\* **April 12th** (date changed due to Easter)

### Training

Board of Management, volunteers and staff attended a refresher course for Cardiopulmonary Resuscitation on Monday 28th February.

Staff and Board of Management from TBCC, staff from Coorong District Council and staff from Karoonda East Murray Council attended and updated their skills with Fire Warden and Fire Safety training, on Monday 21st March.



Come and join us for a Chin-wag and a BBQ Snag.

Tuesday 12th April, 11.30-12.30.

**Everyone Welcome !**

*Free event*

141 Railway Terrace, Taillem Bend SA 5260

Phone: 8572 3513

Web: [www.tbcc.org.au](http://www.tbcc.org.au)

[www.murraymalleecpn.org.au](http://www.murraymalleecpn.org.au)

Email: [info@tbcc.org.au](mailto:info@tbcc.org.au)

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**MMCPN**

The phones have been increasingly busy these past two months, with bookings and new clients needing our transport services. We continue working on expanding our CPN fleet into Murray Bridge for the Over 65s, and are currently waiting for our two new cars to arrive. We are very grateful to the Taillem Bend Advancement Group for their generous grant donation of \$35,879 to purchase a hybrid RAV4 to be based in Taillem Bend. This will greatly help us combat the cost of rising running costs, particularly fuel and has environmental benefits that align with TBCC's ethos.

TBCC has purchased a second hybrid RAV4 for the CPN, with \$4,000 of assistance from the Rural City of Murray Bridge Community Grants Program. This vehicle will be based in Murray Bridge and we continue to promote the service in Murray Bridge and look for volunteer drivers based in the town.

TBCC is currently undertaking a fee review, and this is particularly relevant to transport fees for the MMCPN. Due to the increasing rise in fuel prices, insurance and general running costs, we anticipate there will be a 10% increase in fees. We have not increased our fees since taking on the CPN three years ago.

CPN services are subsidised by Federal and State Government contracts. The proposed new Support at Home package of reforms (which will replace the current Commonwealth Home Support Program - CHSP), as identified by the Department of Health in January 2022, highlight significant changes for providers and consumers. Currently, Community Transport is block funded by CHSP to deliver services to as many people as possible. The new Support at Home Program is not block funded and shifts to a 'fee for service' market driven approach.

When this new program comes into effect, we will no longer be able to transport consumers on an Aged Care Package level or National Disability Insurance Scheme for the subsidised fees we currently offer. Additionally, we are no longer able to record outputs for CHSP Package consumers. This has instigated our fee review, which will likely include two price categories: (1) a CHSP non package, subsidised fee and (2) a full cost recovery fee for CHSP/NDIS Package consumers (which will likely be double our current fee schedule).

Under 65s transport disadvantaged consumers are currently not affected by these changes. If you have any questions regarding these changes, we encourage you to discuss your concerns with CEO Tammy Shepherd.

**C4C**

**We say goodbye to Chelsea !**

Chelsea has been part of the team for 5 years, in the role as C4C Project Officer. We would like to wish Chelsea all the very best, as she embarks on a new working journey.



**Communities for Children Murraylands**

**Parent Child Mother Goose**

Happy Easter

When is Parent Child Mother Goose? Parent Child Mother Goose is an evidence based program using songs, rhymes and stories to build a strong connection between the child and parent. PCMG uses repetition and no props to help the child learn to read, improve their child's speech, language, communication, motor skills, and social skills. PCMG is a 45 minute session suitable for families with children aged newborn to 5 years.

PCMG Murray Bridge Start Reserve	Monday 11th April	Time: 10:00am
PCMG Meningie Kindergarten	Wednesday 13th April	Time: 10:00am
PCMG Taillem Bend Playground	Thursday 14th April	Time: 9:30am

\*Easter Activity

Join us for a fun, family morning shared with good friends and singing! (and maybe a little surprise!)

Bookings are essential

Please phone or email

Taillem Bend Community Centre

141 Railway Terrace Taillem Bend

P: 08 8572 3513 E: c4cadmin@tbcc.org.au W: www.tbcc.org.au

**Communities for Children Murraylands**

Happy Easter

**After School Activity** with Taillem Bend Community Centre

**Taillem Bend Playground**

Wednesday 13th April 3.30pm

Join us for a fun, family afternoon shared with good friends and laughter! (and maybe a little surprise!)

Bookings are essential

Please phone or email

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**Communities for Children Murraylands**

**Easter Hunt**

**Easter Crafts**

**Biscuit Decorating**

**After School Activity** with Taillem Bend Community Centre

**ISO Easter Pack**

We understand there are many in ISO at the moment and we don't want you to miss out. Please book in for a covid safe delivery of an Easter Pack

To be delivered on: Tuesday 12th April

Bookings are essential

Please phone or email

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# 2022 Term 1 Timetable: 2 May - 8 July

Computer/Phone	MMCPN	CHSP Trips
<p>Need help with accessing the internet, PC, tablet, phone or iPad? Call TBCC to make a free one-on-one appointment</p> <p><b>Want to help us?</b></p> <p><b>Would you like to help at TBCC?</b></p> <p>We need help with various items.</p> <p>Please call us or drop in 8572 3513</p>	<p>Need medical transport? For social outings, call us to discuss options</p> <p><b>MMCPN</b></p> <p><b>WE NEED YOU!</b></p> <p>Would you like to become a volunteer driver? Please call Sam 8572 3513</p>	<p>Keep an eye out for announcements on our Social media and emails.</p>
<p>Learn with Graham A qualified builder and Cabinet Maker</p> <p>9:00am - 3:00pm</p> <p><b>CHSP \$5.50   Non CHSP \$11</b></p> <p><b>CHSP \$11   Non CHSP \$22</b></p> <p><b>DURING SCHOOL TERMS</b></p>	<p>Parent-Child Mother Goose Program 0-5 years</p> <p>Connect through songs, rhyme and stories.</p> <p><b>BOOKINGS REQUIRED</b></p>	<p>Strengthen and Stretching with Ursula</p> <p>9:30-10:20</p> <p>At TBCC</p> <p><b>CHSP \$6.50   Non CHSP \$11</b></p> <p><b>Once off attendance \$16</b></p> <p><b>BOOKINGS REQUIRED</b></p>
<p>Choose and create your own project with support from Jack</p> <p>10:00am - 3:00pm</p> <p><b>CHSP \$5.50   Non CHSP \$11</b></p> <p><b>CHSP \$11   Non CHSP \$22</b></p> <p><b>DURING SCHOOL TERMS</b></p>	<p>Join this group on the first Tuesday of each month. Themes could be: Crime, Australian, Biography.</p> <p>For more information contact Denise 8572 3513</p>	<p>Computer Class</p> <p>Need assistance with all things computing? Bring your own laptop or use a Centre PC. Includes internet</p> <p>10:00am - 12 noon</p> <p><b>CHSP \$1.10   Non CHSP \$2.20</b></p> <p><b>DURING SCHOOL TERMS</b></p>
<p>Strengthen and Stretching with Ursula</p> <p>5:30pm - 6:20pm</p> <p><b>CHSP \$5.50   Non CHSP \$11</b></p> <p><b>Once off attendance \$16</b></p> <p><b>BOOKINGS REQUIRED</b></p>	<p>Join this friendly group. Work on your own craft and share ideas.</p> <p>1:00pm - 3:00pm</p> <p><b>CHSP \$1.10   Non CHSP \$2.20</b></p> <p><b>DURING SCHOOL TERMS</b></p>	<p>Our Goldies</p> <p>Stay tuned for details on upcoming dates</p> <p>27th May 24th June</p>
<p>Improve your flexibility and tranquility.</p> <p>Please bring a blanket, water and your own mat</p> <p><b>Call Blue Wren Yoga 0408 837 117</b></p> <p><b>Monday 6:00pm - 7:00pm</b></p> <p><b>Wednesday 6:00pm - 7:00pm</b></p>	<p>Learn with Graham A qualified builder and Cabinet Maker</p> <p>9:00am - 3:00pm</p> <p><b>CHSP \$5.50   Non CHSP \$11</b></p> <p><b>CHSP \$11   Non CHSP \$22</b></p> <p><b>DURING SCHOOL TERMS</b></p>	<p>Chat sessions will be informal, bring along items to discuss, or a book to reference etc.</p> <p>Tea and Coffee is available.</p> <p>For any enquiries please contact Denise on: 08 85723513.</p>
<p>Neighbourhood Watch</p> <p>Meets on the second Monday of each month at TBCC.</p> <p>Information sessions, raffles, social support</p> <p>Contact: 0417 640 473</p> <p>7:30pm start</p>	<p>Learn with Graham A qualified builder and Cabinet Maker</p> <p>9:00am - 3:00pm</p> <p><b>CHSP \$5.50   Non CHSP \$11</b></p> <p><b>CHSP \$11   Non CHSP \$22</b></p> <p><b>DURING SCHOOL TERMS</b></p>	<p>Meet at TBCC Community Garden</p> <p>Chat session 9:00-9:30 am every Second and Fourth Thursday of each Month</p>
<p>Make your memories into Art</p> <p>Stuck available for purchase in class or bring your own.</p> <p>10:00am - 2:00pm</p> <p><b>CHSP \$1.10   Non CHSP \$2.20</b></p> <p><b>DURING SCHOOL TERMS</b></p>	<p>Decorative Art</p> <p>Social Art Group</p> <p>Join this group to share skills and learn from like-minded people</p> <p>1:00pm - 4:00pm</p> <p><b>CHSP \$1.10   Non CHSP \$2.20</b></p> <p><b>DURING SCHOOL TERMS</b></p>	<p>Share surplus garden produce in the grow free cart out the side of TBCC</p>
<p>Scrap Booking / Card Making</p> <p>Make your memories into Art</p> <p>Stuck available for purchase in class or bring your own.</p> <p>10:00am - 2:00pm</p> <p><b>CHSP \$1.10   Non CHSP \$2.20</b></p> <p><b>DURING SCHOOL TERMS</b></p>	<p>Line Dancing</p> <p>Beginner to Advance welcome</p> <p>10:00-11:30am</p> <p><b>At Taillem Bend Town Hall</b></p> <p><b>CHSP \$5.50   Non CHSP \$11</b></p> <p><b>BOOKINGS REQUIRED</b></p> <p><b>DURING SCHOOL TERMS</b></p>	<p>FRIDAY</p> <p>Pilates</p>
<p>Bus Hire</p> <p>For details about the community bus hire visit our website</p> <p><a href="https://www.tbcc.org.au/for-hire/tbcc-bus/">https://www.tbcc.org.au/for-hire/tbcc-bus/</a></p>	<p>Get a class in mind?</p> <p>Give us a call and we will register an expression of interest. Once 5 people register we can arrange the class</p> <p><b>EASY!</b></p> <p><b>info@tbcc.org.au</b></p>	<p>FRIDAY</p> <p>Pilates</p>
<p>MONDAY</p> <p>YOGA</p>	<p>WEDNESDAY</p> <p>Woodwork</p>	<p>FRIDAY</p> <p>Pilates</p>
<p>TUESDAY</p> <p>Wood Turning</p>	<p>THURSDAY</p> <p>PMG</p>	<p>FRIDAY</p> <p>Pilates</p>
<p>WEDNESDAY</p> <p>Woodwork</p>	<p>FRIDAY</p> <p>Pilates</p>	<p>FRIDAY</p> <p>Pilates</p>

## Frozen the musical

### Expressions of Interest

Bus / Meal / Frozen Show

Adelaide Festival Centre

Booking is essential

Thursday  
26 May  
6.30pm show

(We require bookings for bus trip to go ahead)

Price:  
level 3 ticket ,bus & light meal  
CHSP \$165.00+  
Non CHSP \$180.00+

141 Railway Terrace, Taillem Bend SA 5260  
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Commonwealth Home Support Program (CHSP) is funded by the Australian Government Department of Health

## Line Dancing



Tuesdays 10am-11.30am  
During school terms

Taillem Bend Town Hall  
51 Railway Terrace, Taillem Bend SA

Beginner to Advance welcome

\$11.00 per class  
CHSP: \$5.50 per class (65 years, 50 ATSI)

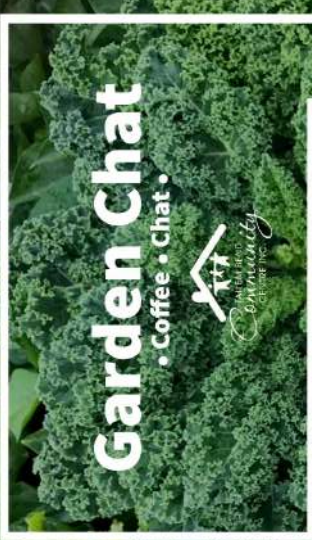
Booking is essential! Please call 08 8572 3513 to confirm your spot.

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Commonwealth Home Support Program (CHSP) is funded by the Australian Government Department of Health

## Garden Chat

• Coffee • Chat •



Meet at TBCC Community Garden

Chat session 9.00-9.30 am every Second and Fourth Thursday of each Month

Chat sessions will be informal, bring along items to discuss, or a book to reference etc.

Tea and Coffee is available.

For any enquiries please contact Denise on: 08 85723513.

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