

2021 Term 4 Timetable: 11th October - 10th December

 <p>Monday —Friday 9am — 4:30pm 141 Railway Terrace, Taillem Bend SA 5260 Tel: 8572 3513 W: tbcc.org.au E: info@tbcc.org.au</p>	<p>Computer/Phone</p> <p>Need help with accessing the internet, PC, tablet, phone or iPad? Call TBCC to make a free one-on-one appointment</p>	 <p>Communities for Children (C4C) is facilitated by AC-Care and funded by the Australian Government</p>	<p>MMCPN</p> <p>Need medical transport? or social outings, call us to discuss options</p>  <p>MURRAY MALLEE Community PASSENGER NETWORK</p>	<p>CHSP Trips</p> <p>Out to Lunch Oasis Gardens Restaurant Friday 19th November 10am—2.45pm Please call Denise 8572 3513 to book your spot</p>
	<p>Want to help us?</p> <p>Would you like to help at TBCC? We need help with various items. Please call us or drop in 8572 3513</p>	<p>C4C Activities</p> <p>*For details about C4C activities offered for Children 0-12 years please call Chelsea or Gayle 8572 3513</p>	<p>MMCPN</p> <p>WE NEED YOU!</p> <p>Would you like to become a volunteer driver? Please call Sam 8572 3513</p>	
	<p>Bus Hire</p> <p>For details about the community bus hire visit our website https://www.tbcc.org.au/for-hire/tbcc-bus/</p>	<p>Tutors Wanted</p> <p>We're looking for more tutors to run classes. If you know someone willing to share their skills please email info@tbcc.org.au</p>	<p>Got a class in mind?</p> <p>Give us a call and we will register an expression of interest. Once 5 people register we can arrange the class EASY!!</p>	<p>Community Garden</p> <p>Help yourself to the produce in our wonderful community garden, or register to establish the garden club</p>
<p>MONDAY</p> <p>YOGA</p> <p>Improve your flexibility and tranquillity Please bring a blanket, water and your own mat Call Blue Wren Yoga 0408 837 117 Monday 6.00pm - 7.00pm Wednesday 6.00pm - 7.00pm Thursday 8.00am - 9.00am</p>	<p>TUESDAY</p> <p>Wood Turning</p> <p>Choose and create your own project with support from Jack 10.00am - 3.00pm Half day \$5.50/\$11 Full day \$11/\$22</p>	<p>WEDNESDAY</p> <p>Woodwork</p> <p>Learn with Graham A qualified builder and Cabinet Maker 9.00am - 3.00pm Half day \$5.50/\$11 Full day \$11/\$22</p>	<p>THURSDAY</p> <p>PCMG</p> <p>Parent-Child Mother Goose Program 0-5 years Connect through songs, rhyme and stories. 9.30am-10.30am At TBCC BOOKINGS REQUIRED</p>	<p>FRIDAY</p> <p>Pilates</p> <p>Strengthen and Stretching with Ursula 10.30am—11.00am At TBCC 7.45am - 8.45am Or 8.50am - 9.50am At Meningie Waterfront Motel Cost: \$5.50/\$11/\$16 BOOKINGS REQUIRED</p>
<p>Neighbourhood Watch</p> <p>Meets on the second Monday of each month at TBCC. Information sessions, raffles, social support Contact: 0417 840 473 7.30pm start</p>	<p>Pilates</p> <p>Strengthen and Stretching with Ursula 5.30pm - 6.20pm 6.30pm - 7.20pm Cost: \$5.50/\$11 BOOKINGS REQUIRED</p>	<p>Sewing Class</p> <p>Join this group to work on individual sewing projects 9.00am to 12 noon Cost: \$5.50</p>	<p>Commonwealth Home Support (CHSP)</p> <p>Commonwealth Home Support Program (CHSP) is funded by the Australian Government Dept of Health</p>	<p>Computer Class</p> <p>Need assistance with all things computing ? Bring your own laptop or use a Centre PC Includes internet New Tutor 10.00am - 12 noon Cost: \$5.50</p>
<p>Scrap Booking / Card Making</p> <p>Make your Memories into Art. Stock available for purchase in class or bring your own. 10.00am - 2.00pm Cost: \$1.10 / \$2.20</p>	<p>Social Craft Circle</p> <p>Join this friendly group. Work on your own craft and share ideas. 1.00pm - 3.00pm \$1.10/class</p>	<p>Golden Go Getters</p> <p>Help me strengthen your muscles in a safe/ supported environment Town Hall Function Room 10.30am - 11.30am Cost: \$5.50</p>	<p>Pilates</p> <p>Strengthen and Stretching with Ursula 5.30pm - 6.20pm Cost: \$5.50/\$11 BOOKINGS REQUIRED</p>	<p>Our Goldies</p> <p>Stay tuned for details on the following dates 29th October <u>Christmas Lunch</u> 3rd December</p>
<p>Frozen Meals</p> <p>Frozen meals available for CHSP clients who are: over 65yrs or 50yrs ATSI. 3 for \$12 Or \$4 each</p>	<p>Line Dancing</p> <p>Beginner to Advance welcome 10.00am - 11.30am At Taillem Bend Town Hall Cost: \$5.50/ \$11.00 BOOKINGS REQUIRED</p>	<p>Decorative Art</p> <p>Social Art Group Join this group to share skills and learn from like-minded people 1.00pm - 4.00pm Cost: \$1.10</p>	<p>Please note Classes run during school terms only, No classes during school holidays</p>	