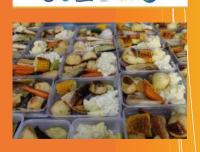


## Newsletter June 2021









## Programs are Supported by:

- Department of Health
- **Department of Human Services**
- ac.care's Communities for **Children Murraylands** programme funded by the Australian Government **Department of Social Services**
- Department for Infrastructure and Transport (DIT)
- The Coorong District Council (CDC)

Tailem Bend Community Centre is available for CHSP consumers: 65+ now the proud owner of a brand new years (or 50 ATSI). Roast chicken, Toyota Camry. This is our fifth beef or lamb, with roast vegies and vehicle purchased to provide medical gravy, \$4 each. transport to Murray Mallee Passenger Community Network consumers. This now means a CPN car will be permanently based in Meningie. We are always eager to hear from prospective volunteer drivers. If you think you can help out your community, and would like to get involved, please visit our website https://www.murraymalleecpn.org.au or call 08 8572 3513 and ask for Sam.

Monarto Zoo-What a treat this was! Our first social group outing since last year, due to Covid-19. It was such a beautiful day, with fabulous weather and even better company. A bus load of 30 departed TBCC at 9am and arrived for scones, jam and cream, before getting back on the bus to enjoy a guided tour around Monarto Safari Park. Lunch was served and then we headed to the chimpanzee enclosure, before heading home.

Keep an eye out, as a trip to the at TBCC and helping Coonalpyn Silos is in the works!



TBCC Update—We are looking for administration, reception and catering volunteers to join us. Please get in contact with us, on 08 8572 3513 discuss any to opportunities.

2021/2022. The cost is \$5.50 per annum, which includes: 50% off service charges, bi monthly newsletters, birthday card and voting rights at general meetings.

Community Home Support **Program**—HACC funding concludes 31 July 2021. People under 65 (50 ATSI) need to register with the NDIS for services-call 1800 800 110 or visit https://www.ndis.gov.au/ .

Save the date for Aging 2021, Expo—Friday 15 October Tailem Bend Town Hall & Willow Street Precinct.

**MMCPN new car has arrived!**—The We have plenty of frozen roast meals



Koenig Laser Machine-We are very excited to welcome a Koenig Laser Machine to the list of tools and machinery we have on offer at TBCC. This machine has the ability to cut and etch on plastic, wood, leather, paper and glass. If you are interested in learning how to use this machine, please call Lauren 80 8572 3513 or email on info@tbcc.org.au

Hay bales—As the saying goes, 'save the best for last' and we certainly have done this for the hay bale displays. Our final theme honoured the ANZAC Men, Women and Animals. Thank you to MP Tony

Pasin for volunteering to cut out the silhouettes, which were donated to Tailem Bend RSL. We would like to express our gratitude to everyone who has contributed time and effort into



each of these projects, over the last six months. We also would like to acknowledge the creative mind behind this project, Denise future McLoughlin.

Communities for Children—During Membership registrations are due for April school holidays C4C held a Mothers Day Resin Art workshop. Ten children participated with their Mum and tried out a couple of different resin projects, including bookmarks, key rings and small cheese boards. There were a range of other craft activities on offer for the children to complete. The resin art was left over the week to dry, packaged up with some chocolates and families were able to collect just before Mother's Day. Everyone involved really enjoyed the workshop with some even wanting to do another resin project in the future.

141 Railway Terrace, Tailem Bend SA 5260 Phone: 8572 3513 Web: www.tbcc.org.au www.murraymalleecpn.org.au

## 2021 Term 3 Timetable: 19th July - 24th September

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	Computer/Phone	9	MMCPN	CHSP Trips
Monday —Friday	Need help with accessing the internet, PC, tablet, phone or iPad? Call TBCC to make a free one-on-one appointment	Communities for Children (C4C) is facilitated by AC-Care and funded by the Australian Government	Need medical transport? or social outings, call us to discuss options	Stay tuned for future dates and trips
9am — 4:30pm	Want to help us?	C4C Activities		MMCPN
141 Railway Terrace, Tailem Bend SA 5260 Tel: 8572 3513 W: tbcc.org.au E: info@tbcc.org.au	Would you like to help at TBCC? We need help with various items. Please call us or drop in 8572 3513	*For details about C4C activities offered for Children 0-12 years please call <b>Chelsea or Gayle</b> 8572 3513	MURAYMALLEE	WE NEED YOUI Would you like to become a volunteer driver? Please call Sam 8572 3513
Bus Hire	Tutors Wanted	Got a class in mind?	Community Garden	Grow Free
For details about the community bus hire visit our website https://www.tbcc.org.au/ for-hire/tbcc-bus/	We're looking for more tutors to run classes. If you know someone willing to share their skills please email <b>info@tbcc.org.au</b> to register details	Give us a call and we will register an expression of interest. Once 5 people register we can arrange the class EASY!!	Help yourself to the produce in our wonderful community garden, or register to establish the garden club	Share surplus garden produce in the grow free cart out the side of TBCC
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Evening YOGA	Wood Turning	Woodwork	Diamond Art	Pilates
Improve your flexibility and tranquillity with instructor Monica Martin Please bring a blanket, water and your own mat Call Monica 0488 133 625 6.00pm - 8pm	Choose and create your own project with support from Jack 10am - 3pm Half day \$5.50/\$11 Full day \$11/\$22	Learn with Graham A qualified builder and Cabinet Maker 9am - 3pm Half day \$5.50/\$11 Full day \$11/\$22	Come join fellow crafters and enjoy the latest craze sweeping the world 12.30pm - 2.30pm Cost: \$1.10	Strengthen and Stretching with Ursula at TBCC 9.30am - 10.30am Or at Meningie RSL 11.30am -12.25pm Cost: \$5.50/\$11 BOOKINGS REQUIRED
Neighbourhood Watch	Pilates	Sewing Class	TB Progress Association	Computer Class
Meets on the second Monday of each month at TBCC. Information sessions, raffles, social support <b>Contact: 0417 840 473</b> <b>7.30pm start</b>	Strengthen and Stretching with Ursula 5.30pm - 6.20pm 6.30pm - 7.20pm Cost: \$5.50/\$11 BOOKINGS REQUIRED	Join this group to work on individual sewing projects 9am to 12 noon Cost: \$5.50	7pm second Wed monthly Contact: Maxine 0439 387 750 or Annette 0401 925 438 Parade Committee 7pm third Wed monthly	Need assistance with all things computing? Bring your own laptop or use a Centre PC Includes internet 10am - 12noon Cost: \$5.50
Commonwealth Home Support (CHSP)	Social Craft Circle	Golden Go Getters	Pilates	Our Goldies
Commonwealth Home Support Program (CHSP) is funded by the Australian Government Dept of Health	Join this friendly group. Work on your own craft and share ideas. 1pm—3pm \$1.10/class	Help me strengthen your muscles in a safe/supported environment Town Hall Function Room <b>10.30am - 11.30am</b> <b>Cost: \$5.50</b>	Strengthen and Stretching with Ursula 5.30pm - 6.20pm Cost: \$5.50/\$11 BOOKINGS REQUIRED	Stay tuned for details on the following dates July 23rd August 20th
Frozen Meals	Line Dancing	Decorative Art	PCMG	
Frozen meals available for CHSP clients who are: over 65yrs or 50yrs ATSI. 3 for \$12 Or \$4 each	Beginner to Advance dancers welcome 10am– 11.30am At Tailem Bend Town Hall Cost: \$5.50/ \$11.00 BOOKINGS REQUIRED	Social Art Group Join this group to share skills and learn from likeminded people 1-4pm Cost: \$1.10	Parent-Child Mother Goose Program 0-5 years Connect through songs, rhyme and stories. 9.30am-10.30am At TBCC BOOKINGS REQUIRED	Please note Classes run during school terms only, no classes during school holidays