



Newsletter April 2021



We have well and truly hit the ground running here at the Tailem Bend Community Centre. It is so great to be organising and hosting events, classes, and outings again!

Our Goldies—We held our very first Our Goldies luncheon, on February 12th at TBCC. It was smaller group than usual (due to COVID), but was great to have a chat with everyone in attendance. A fantastic two course meal was prepared by Catering coordinator Jackie and served by our fantastic volunteers. Dates for upcoming Our Goldies lunch will be Friday 28th of May, Friday 25th June. Call us to book a seat.

Pilates—Successful pilates pop up event, 'Pilates and Performance' held at the Bend Motorsport Park. Twenty-two participants enjoyed an early morning pilates class with Ursula Longhurst, followed by breakfast and a glass of sparkling white wine or orange juice. Another pop up pilates event is in the works, details will be announced in due course.



Gopher Hire—We recently received a donation of a lovely bright red Gopher, to the Community Centre. We have decided to loan this out to those who are considering purchasing one. This will be a 'try before you buy' initiative. If you are interested in giving this a go, please contact us and register your details.

Hay bales—have you seen the latest display of the hay bales? These really are the gifts that keep on giving! Keep an eye out for what is planned next, it is very eggciting!

MMCPN—We have some very exciting news! Due to the high demand of medical transport requests from Meningie, a CPN car will now be permanently located there. MMCPN is need of more volunteer for Tailem Bend, Lameroo, Karoonda and Meningie. If you are keen to explore how you can help your community, and enjoy meeting people, then give Sam a call; 08 8572 3513, she would love to hear from you.

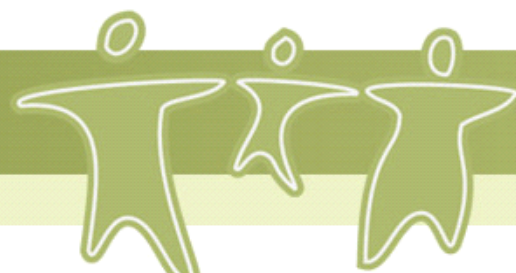
C4C— Our C4C programs all returned to face to face delivery in Term 1. PCMG sessions in Murray Bridge, Meningie and Tailem Bend are all gaining great numbers. Gayle is settling in to her new role and will be attending the DRUMBEAT facilitator training during the April school holidays. Mother's Day Resin Art Workshop is fully booked and we are looking forward to creating some special pieces with Graham for our Mum's. Big shoutout to the Tailem Bend Kindergarten and Rural Care children for all their help painting our Easter eggs for our hay display and colouring in for our Harmony Day decorations. PCMG Tailem Bend will start on Thursday 29th April, 9:30am at TBCC for Term 2. We would love to see you there!

CHSP—For more information and details about the flyers displayed on the next page, Call TBCC and ask for Denise.



Programs are Supported by:

- Commonwealth Home Support Programme (CHSP)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department for Communities and Social Inclusion (DCSI)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council



Are you over 65 living in the Coorong?
Would you like TBCC Roast Meals?

3 for \$12.00

Roast Meals

Phone TBCC to place order.
Delivery can be arranged



CHSP-Coorong Consumers
Available at TBCC
Delicious Roast Meals.
Frozen for convenience



141 Railway Terrace, Tailem Bend SA 5260

W: tbcc.org.au E: info@tbcc.org.au P: 8572 3513

Commonwealth Home Support Program (CHSP) is funded by the Australian Government Department of Health



Ride the Bus around the park with Zoo Host

Morning Tea

Scones w/ jam & cream

Lunch Menu

-Chicken Schnitzel

-Fish or Quiche w/ Chips & Salad

-Roast & Vegetables

Dessert

Mini Dessert selection



Monarto Safari Park Thursday 29 April

Depart TBCC 9.15am – 3.00pm

Booking Essential CHSP—\$75.00

Non CHSP—\$90.00



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Karoonda Farm Fair

Friday 9 April 2021

Depart TBCC 10am—depart Karoonda 2.30pm

Cost: CHSP \$25.00 Non CHSP \$30.00

Cost includes entry into Farm Fair and Bus

Join a small group in the TBCC Bus to enjoy a leisurely day at the Karoonda Farm Fair



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Direct Deposit TBCC 858 — 105 060 account—248239340
limited spaces available, for more information or booking Contact TBCC

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-V8 Lawnmower Spectacular

-Reptile Kingdom Australia show

-Health and Wellbeing Zone

-Lifestyle Pavilion

-Heritage Horse Power

-Exhibitors

-Fashion Parade

-School's Involvement

Maintenance Contractors wanted for the Coorong Area

Tailem Bend | Meningie | Tintinara | Coomandook

Please contact us, on 08 8572 3513
to discuss compliant contractor requirements



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Do you have the skills or
trade to do:

- Garden maintenance
- Minor home maintenance and repairs
- Major home maintenance and repairs

Outside window cleaning,
gutter cleaning, small
garden repairs, weeding,
mowing, pruning,
general odd jobs, yard
tidying, green waste
removal,
rubbish removal

