

Newsletter

OCTOBER 2020



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We have been extremely busy during Term 3, after COVID-19 forced TBCC to close during Term 2 and cease all classes, group activities, lunches and outings. It was finally great to see our centre buzzing with excitement again as we re-opened to the public and were able to resume classes. Unfortunately our group activities, lunches and outings are still on hold for now, but we will be sure to let you all know once we are able to begin planning and getting out and about again.

Our annual AGM was held at the beginning of September. We hosted a closed AGM, adhering to social distancing restrictions and attendees were treated to their own individual "morning tea" snack box provided by Little Local Co.

Trevor Gordon and Kellie Jaensch counted the votes for our Board of Management and the following BOM was elected:



From L-R: Chairperson-Jack Hunt, Vice Chairperson-Tash Loveday, Treasurer-Jeanette Gower, Secretary-Judy Bagg and members Graham Nancarrow, Kareena Harwood, Linda McDougall, Lorraine Coleman and Alan Coleman.

Thank you to retiring members Lorraine Cresp, Shane Coleman and Margaret Coverdale.

Many presentations were celebrated at the AGM including:

5 years service: Trudy Stanley and Margo Wood.

10 years service: Beryl Humphris

15 years service: Lorraine Cresp and Rhonda Coleman

35 years service: Founding and life member, Rosemary Symonds—an outstanding effort!

Life Membership: Beryl Humphris. Beryl's family were unable to attend and celebrate this milestone with her but not to worry, with the beauty of technology, Beryl was surprised with a face time call with all of her family.



We look forward to a positive 2020/21 year and hope our next AGM will be open to members as usual.

TBCC excitedly added two new Hyundai Tucson SUV's to our fleet at the end of July. We now have a fleet of four vehicles and a mini bus servicing our region. MMCPN services a huge geographical area across six local government areas and we can now locate one of our fleet vehicles to Lameroo where demand for transport is high.



Tammy was contacted by the Stock Journal recently for an article in their paper about the food relief we had been offering over the closure period. Chelsea made her photo debut and our story was featured in the paper on the 4th September.

Some further good news—Our Goldies lunches will return in 2021 with our first lunch being held on Friday 12th February. 2021 Our Goldies calendars are available at TBCC.

Programs are Supported by:

- Commonwealth Home Support Programme (CHSP)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department Human Services (DHS)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council (CDC)

THE TAILEM BEND COMMUNITY CENTRE MURRAY MALLEE COMMUNITY PASSENGER NETWORK (MMCPN) IS THE BROKERAGE SERVICE FOR THE COORONG COACHES MEDICAL BUS.

THE SERVICE

- Operates from Keith to Adelaide, Monday to Friday (excluding Public Holidays)
- Pick up from your door, eligibility conditions and fees apply

SERVICE AREA

District Council areas of:

- Coorong, Karoonda East Murray, Mid Murray, Rural City of Murray Bridge, Southern Mallee and Tatiara

Serviceing transport disadvantaged people of all ages.

Phone: 8572 3513
Email: info@tbcc.org.au or mmcpnco@tbcc.org.au

TELEPHONE US FOR TRANSPORT

Check out our new MMCPN advertisement being featured in the Murray Valley Standard.

141 Railway Terrace, Tailem Bend SA 5260
 Phone: 8572 3513
 Web: www.tbcc.org.au www.murraymalleecpn.org.au
 Email: info@tbcc.org.au mmcpn@tbcc.org.au



2020 Term 4 Timetable: 12 Oct-11 Dec

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Monday –Friday 9am–4:30pm Tel: 8572 3513 Email: info@tbcc.org.au</p>	Computer/Phone Need help with accessing the internet, PC, tablet, phone or iPad? Call TBCC to make a free one-on-one appointment.	Sewing Class Join this group to work on individual sewing projects 9am—12 noon Cost: \$5.50	PCMG Parent-Child Mother Goose Program 0-5 years Connect through songs, rhyme and stories. 9.30am to 10.45am @ T/Bend PS Gym <i>BOOKINGS REQUIRED</i>	Computer Class Need assistance with all things computing? Bring your own lap top or use a Centre PC. Includes internet. 10am—12noon Cost: \$5.50
	Neighbourhood Watch Meets on the second Monday of each month at TBCC. Information sessions, raffles, social support. Contact 0417 840 473 7:30pm start	Woodturning Choose and create your own project with support from Jack 10am — 3pm Half day \$5.50/\$11.00 Full day \$11/\$22	Woodwork Learn with Graham a qualified builder & cabinet maker. 9am — 3pm Half day \$5.50/\$11.00 Full day \$11/\$22	Tutors wanted We're looking for more tutors to run classes. If you know someone willing to share their skills please email info@tbcc.org.au to register details
Grow Free Share surplus garden produce in the grow free cart out the side of TBCC.	Social Craft Circle Join this friendly group. Work on your own craft and share ideas. 1pm — 3pm \$1:10/class	Art Class Social Art Group Join this group to share skills and learn from likeminded people 1—4pm Cost: \$1.10	Connecting Pieces Social Art Group Mosaic, or glass or project of your choice Coming soon - 5 week project 1pm — 4pm Cost: Tutor \$5.50 Non Tutor \$1.10	Pilates Bend and Stretch with Ursula Cost: CHSP \$5.50 Non CHSP \$11.00 Friday 9.30 –10.20am <u>Bookings essential</u>
Taillem Bend Progress Association 7pm Wed bi-monthly Call: Peter Connolly 0423 312 916 7pm third Monday of each month Call: Maxine 0439 387 750	Cross stitch Bring your cross stitch and chat with friends 2.45 –4.15pm \$1.10 CHSP \$2.20 non CHSP	Golden Go Getters Help strengthen your muscles in a safe/ supported environment Town Hall Function Room Wednesday's 10.30am—11.30am \$5.50/class	Diamond Art Come join fellow crafters and enjoy the latest craft craze sweeping the world. 12:30pm ~ 2:30pm \$1:10/class	Resin Art Resin Art workshops Saturday 24th October <i>Beginner: 9am-12pm</i> <i>Intermediate: 1pm-4pm</i> Cost: CHSP \$60 non CHSP \$80 <u>Bookings essential</u>
Probus Meet on the 3rd Monday of each Month 10am — 12noon Cost: gold coin	WANT TO HELP US? Would you like to help at TBCC? We need help with various items. Please call us or drop in 8572 3513	Community Garden Help yourself to the produce in our wonderful community garden, or register to establish a garden club.	Pilates With Ursula Cost: CHSP \$5.50 Non CHSP \$11.00 5.30-6.20pm <u>Bookings essential</u>	Our Goldies <u>On hold due to COVID restrictions</u> Christmas Lunch Cancelled 2020 <u>Membership Due</u> \$5.50
Evening Yoga Improve your flexibility and tranquility. Please bring yoga mat, blanket, water and your own mat if you have one. Call Monica 0488 133 625 6:30pm — 8pm	Pilates With Ursula Cost: CHSP \$5.50 Non CHSP \$11.00 Two sessions 5.30-6.20pm 6.45-7.35pm <u>Bookings essential</u>	CHSP TRIPS <u>On hold due to COVID restrictions</u> PILATES MENINGIE Expression of Interest Phone 85723513	Bus hire For details about the community bus hire visit our web site https://www.tbcc.org.au/pages/for-hire/tbcc-bus/tbcc-bus-hire-booking-form.php	

Please note classes run during school terms only, no classes during school holidays

* **Communities for Children (C4C)** is facilitated by AC-Care and funded by the Australian Government
Commonwealth Home Support Program (CHSP) is funded by the Australian Government Dept of Health

Please help us share what's happening at TBCC

Starting 15 October

Join our friendly social cross stitch group

Cross Stitch

Thurs - School Terms
2.45pm - 4.15pm
Cost CHSP \$1.10 per session
Non CHSP \$2.20

Share patterns, advice and have a laugh.

141 Railway Terrace, Tailem Bend SA 5260
W: tbcc.org.au E: info@tbcc.org.au P: 8572 3513

Commonwealth Home Support Program (CHSP) is funded by the Australian Government Department of Health



**PARENT CHILD
MOTHER GOOSE**

THURSDAY MORNINGS

Throughout Term 4
Starting Thursday 22nd October

9:30-10:45AM

**TAILEM BEND PRIMARY
SCHOOL GYM**

BOOKINGS ARE ESSENTIAL

P: 85 723 513
E: c4c@tbcc.org.au



OUR EVER-POPULAR RESIN ART CLASS IS BACK!

Resin Art
- Advanced Class -
Inviting expressions of interest

Create a 60cm x 40cm ocean scene with a stained frame.

\$135 per class, incl. materials, or \$115 per class (over 65's/disability)

To register your interest, contact us at TBCC
T: 8572 3513
E: info@tbcc.org.au
141 Railway Tce, Tailem Bend



OUR EVER-POPULAR RESIN ART CLASS IS BACK!

Resin Art
- Intermediate Class -
Sat 24th October 2020
1 - 4pm

Create a 44cm beach themed tray, or if you would like to personalise your tray, ask us about what you need to bring.

\$65 per class, including materials, or \$45 per class (over 65's/disability)

To register your interest, contact us at TBCC
T: 8572 3513
E: info@tbcc.org.au
141 Railway Tce, Tailem Bend



WE NEED YOU—PLEASE HELP!!

Gardener—We are looking for a gardener who can spare a few hours a month to help with our community garden. Everything is a little overgrown and there are more marigolds than produce at the moment. The garden is on an automated watering system so we require someone to oversee the planting and control the marigolds. We believe four hours per month would keep the garden maintained. If this interests you and you can spare the time—call Tammy to discuss.

Catering Coordinator—We are also looking for a Catering Coordinator. This position will oversee the running of our kitchen including any TBCC catering, private catering bookings and our monthly Our Goldies lunches. The Catering Coordinator comes with a monthly honorarium. If you are interested in joining the TBCC team, Call Tammy on 08 8572 3513 for more information.