



Newsletter  
DEC/JAN  
2020



**A big thankyou to everyone for their ongoing support throughout the year.**

**Enjoy the holiday break.**

**We look forward to seeing you all again in 2021 !**



141 Railway Terrace, Tailem Bend SA 5260  
Phone: 8572 3513  
Web: [www.tbcc.org.au](http://www.tbcc.org.au)

[www.murraymalleecpn.org.au](http://www.murraymalleecpn.org.au)





**TBCC welcomes Lauren to the team.**

As Business Support Officer, you are more than likely to hear from, or see Lauren taking on various tasks and providing administrative support to all roles here at TBCC.

Lauren would like to hear from community members who are interested in social support classes, projects or activities. If you have any ideas or you would like to learn new skills or crafts, please get in touch and lets see what we can organise. Contact Lauren on 08 8572 3513 or email [cssp@tbcc.org.au](mailto:cssp@tbcc.org.au).



**Up coming training for 2021**

We are currently gauging interest for a range of training courses in early 2021. We are looking at organising boat licence, first aid and fire warden training courses here at TBCC. To register your interest contact Lauren on 08 8572 3513 or email [cssp@tbcc.org.au](mailto:cssp@tbcc.org.au).

**Call for Tutors**



Do you have a creative flair or the passion and drive to share and teach others your skills?

We would love to welcome you to the Community Centre to become one of our tutors. Tutors can be voluntary or hourly paid contractors, please get in contact with us, on 08 8572 3513 to discuss any future opportunities.



**Resin Art classes**

Have you attended any of the beginners resin art classes held throughout 2020? Do you want to improve and develop your existing skills? Then register your interest

for either the advanced or intermediate resin art class by calling TBCC (date and fees to be announced).

Wishing you a very Merry Christmas and a Happy New Year.



**Community for Children**

What an unusual year in the C4C space! Starting out Term 1 as normal, it wasn't long before all face to face delivery was ceased due to COVID-19. Although this meant not

venturing out into the community and schools, it did mean thinking outside of the box to continue our engagement with families.

During Term 2, we used the social media world to our full potential, posting weekly PCMG sessions, bed time stories and information about our programs via videos. The feedback was positive from families and some are still going back now and re-watching the videos. We delivered "activity" bags to our PCMG families and ran a Boredom Buster giveaway for school aged children.

Our C4C funding was extended for another 12 months until June 2021 and face to face delivery returned in Term 3 which pleased our families immensely and our popularity grew within our PCMG space, adding a session at Meningie and working towards a second session at Murray Bridge starting in Term 4.

Term 4 also rewarded us with extra funding to extend our service delivery to Karoonda Area School.



**TBCC welcomes Gayle to the team.**

We recently welcomed Gayle to our team as C4C Co-facilitator. Gayle comes with an extensive 20 years' background of working with children in childcare and kindergarten settings. Gayle

is currently completing training in all C4C evidenced based programs.

2020 has had both positives and negatives and we thank you all for continuing to support our C4C programs. Wishing you all a very COVID safe Merry Christmas and Happy New Year and looking forward to a busy 2021 !



To the coolest kids we know, we wish you all a Merry Christmas, from the C4C Team!







### Commonwealth Home Support Program

Denise has recently emailed 323 consumer assessment forms, with the remaining 1000+ forms to be sent early 2021 via Australia Post. Please follow the instructions in the letter to complete the form and return it to TBCC as soon as practical via email [chsp@tbcc.org.au](mailto:chsp@tbcc.org.au), drop it into TBCC or use reply paid envelope.



We are planning many more CHSP trips, classes and information sessions. Fingers crossed that we will be travelling on the bus somewhere cool with you all very soon. 'We aren't lion about how much we miss these trips so first cub off the ranks is .....

**Ride the Bus around the park with Zoo Host**

**Monarto Safari Park Thursday 29 April**

Depart TBCC 9.15am - 3.00pm  
 Booking Essential CHSP - \$75.00  
 Non CHSP - \$90.00

141 Railway Terrace, Talliem Bend SA 5250  
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Commonwealth Home Support Program (CHSP) is funded by the Australian Government Department of Health

### Upcoming events for 2021

Hopefully Our Goldies lunches will return in 2021 (COVID permitting), with our first lunch scheduled for Friday 12th February.

We have missed seeing everyone so much but have maintained contact via telephone calls.

If you would like a copy of the 2021 Our Goldies calendar, they are available at TBCC, or call us and we can mail a copy to you.



We are also taking registrations of interest for Hobby Picture Framing in 2021.

This could be a weekly class or a once off workshop, let us know which you would prefer. Date and price will be advised once registrations are consolidated.

**Hobby Picture Framing**

141 Railway Terrace, Talliem Bend SA 5250  
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### Murray Mallee Community Passenger Network

2020 has been a rollercoaster of a year, and we have all learned to bounce through it! Since starting this role in January, I have thoroughly enjoyed getting to know our wonderful volunteer drivers—they are a very special bunch of humans in our extended community. In the year to mid-November, they have volunteered 1,819 hours of their time, and driven a whopping 79,008kms!!!

So as a massive thank you, we are hosting a Christmas lunch for our drivers on Monday 7th December, . Matt Hogan from Smartway Driving School will also deliver a brief refresher session to our volunteer drivers.

We have received an updated Memorandum of Understanding from Country Health, allowing us to house our own vehicle at Lameroo Hospital, to meet the significant demand in that region.

And a reminder of the MMCPN Medical Bus Christmas closure dates for 2020/2021 (below). Community Passenger Network vehicles will still be available during this time for **essential** travel.

**MMCPN Medical Bus**  
 CHRISTMAS CLOSURE 2020/21

**Last day: Friday 18th December 2020**  
**Resumes: Monday 18th January 2021**

The Community Passenger Network will still be operating during this period (contact TBCC on 8572 3513 and press 2 when prompted for appointment bookings)

Talliem Bend Community Centre  
 Murray Mallee Community Passenger Network  
 141 Railway Terrace, Talliem Bend  
 P: 08 8572 3513  
 E: [mcpnco@tbcc.org.au](mailto:mcpnco@tbcc.org.au)  
 W: [www.murraymalleeopn.org.au](http://www.murraymalleeopn.org.au)

From the Volunteer Drivers and myself, we wish you a lovely Christmas and a safe and prosperous New Year.

# Please help us share what's happening at TBCC

## Community Garden FAQs

Words by Miranda

### Who is allowed to pick fruit and veg?

The community garden is grown by the community for the community, with a focus on edibles. Everyone is welcome to pick produce from the garden and to contribute and take from the Grow Free stand.

### But won't I be depriving someone else who really needs it?

If there is plenty, within reason, help yourselves. It is better for food to be taken quickly than to sit and rot!

### How will I know if I'm taking too much?

It is about respect. Take only what you need. Leave some for others and enough to keep the plant healthy. Pick gently.

If picked continually, plants will keep producing for a long time. If not, they will go to seed and stop.

### Can I plant something in the garden?

Yes. Please label it and respect the needs of other plants already there. Pop sticks and a pencil are provided so we all know what is growing.

### How else can I help?

You could:

- contribute to the stand when you can
- do a bit of weeding
- put some money in the coin slot, or
- join the garden club.

*Take what you need – give what you can!*

***Sunflowers follow the sun, but did you know when it's gray they face each other to share their energy.***

## Anything is possible here at TBCC....

With the Christmas Parade being cancelled in Taillem Bend, what better way to get the town into the festive spirit than with a display.. keep your eyes peeled.

We've got a little project coming soon....

Speaking of exciting projects we're planning another community initiative which involves sand.... a ball.... and a net...



**TBCC** will be closed from Friday 11th December through to Monday 18th January 2021.

The **MMCPN Medical Bus** last day of operation for 2020 will be Friday 18th December, resuming service on Monday 18th January 2021.

The **Community Passenger Network** will still be operating during this period for essential travel - contact TBCC on 8572 3513 and press 2 if prompted for appointment bookings.

From all of us here at TBCC we wish you all a lovely Christmas, and a safe New Year. We look forward to working with you all in 2021.



## Classes for 2021

Classes will commence in Term 1 2021 from Wednesday 27th of January 2021. Check out our website; [www.tbcc.org.au](http://www.tbcc.org.au) for the class timetable.

## STAFF

<b>CEO:</b>	Tammy Shepherd <i>Monday - Friday</i>
<b>CHSP Officer:</b>	Denise McLoughlin <i>Monday - Friday</i>
<b>C4C Officer:</b>	Chelsea Coombe <i>Monday - Friday</i>
<b>C4C Program Facilitator:</b>	Gayle Juergens <i>Monday - Thursday</i>
<b>MMCPN CO:</b>	Sam Hicks <i>Monday - Friday</i>
<b>Finance Officer:</b>	Christine Hartmann <i>Tuesday, Thursday</i>
<b>Business Support Officer:</b>	Lauren Andriske <i>Monday-Friday</i>

## 2020/21 Board of Management

<b>Chairperson:</b>	Jack Hunt
<b>Vice Chairperson:</b>	Tash Loveday
<b>Treasurer:</b>	Jeanette Gower
<b>Secretary:</b>	Judy Bagg
<b>Committee:</b>	Kareena Harwood Graham Nancarrow Linda McDougall Alan Coleman Lorraine Coleman

