



# TBCC HOME & COMMUNITY CARE (HACC)

## Who can apply?

The HACC program is for people under 65 years (or 50 years for Aboriginal Torres Strait Islander (ATSI)), who live with a functional disability and require assistance and who are not eligible to receive the same supports from other systems such as the National Disability Insurance Scheme (NDIS), Mental Health Programs (MHPs), My Aged Care (MAC) and Palliative Care.

## Services include:

- centre based day care (social support group activities, outings, classes)
- client care advocacy (referrals to services, care plans)
- domestic assistance (household duties, cleaning)
- home maintenance (yard duties, mowing, gardening, minor repairs)
- modifications (grab rails, ramps, safety or accessibility aids)
- meals (group lunches and outings)
- transport (vouchers, social support, medical)

## Locations:

- Karoonda East Murray
- Mid Murray
- Murray Bridge
- Southern Mallee
- The Coorong
- Tattara

## IF YOU MEET THE CRITERIA, REGISTER YOUR DETAILS WITH TBCC



**OFFICE HOURS** Web: [www.tbcc.org.au](http://www.tbcc.org.au)

Phone: 08 8572 3513

Email: [info@tbcc.org.au](mailto:info@tbcc.org.au)

Visit: Taillem Bend Community Centre

141 Railway Terrace, Taillem Bend SA 5260

TBCC NDIS Provider # 4050013121



Funded by the South Australian Government Department Human Services

Communities for Children Murraylands

# PARENT CHILD MOTHER GOOSE

Parent-Child Mother Goose is an evidence-based program that strengthens attachment and interaction between parents or carers and their young children (birth-5 years) by introducing them to the use of rhymes, songs and stories.

Join us for a 45 minute singing and story time session.

Due to COVID-19, BOOKINGS are now ESSENTIAL

Bookings can be made through TBCC by Phone: 8572 3513 or Email: [c4c@tbcc.org.au](mailto:c4c@tbcc.org.au)

When: **THURSDAY MORNINGS**

Starting Thursday 30th July

6th Aug, 13th Aug, 20th Aug, 27th Aug, 3rd Sept, 10th Sept, 17th Sept, 24th Sept

Where: **Tailem Bend Primary**

\*\*Please wear something warm\*\*

Time: **9:30-10:45AM**

These include the following:  
 \*\*All participants to adhere to social distancing (1.5m) and infection control measures.  
 \*\*Maintain high level personal hygiene, hand-washing routines and cough/sneeze etiquette.  
 \*\*Any participants (adults and/or children) that are feeling unwell remain at home.  
 \*\*All participants to sign in on the contract tracing record with their contact details  
 \*\*All participants to receive and record temperature check when signing in  
 \*\*Encourage participants to download the COVIDSafe App  
 \*\*All participants must now book for sessions.  
 \*\*Morning snack and Tea/Coffee will no longer be provided.

Tailem Bend Community Centre,  
 141 Railway Terrace, Taillem Bend  
 P: 08 8572 3513 E: [c4c@tbcc.org.au](mailto:c4c@tbcc.org.au)  
 W: [www.tbcc.org.au](http://www.tbcc.org.au)

Communities for Children Murraylands is facilitated by ac care, funded by the Australian Government Department of Social Services and delivered by our Community Partner - Taillem Bend Community Centre

You're invited

TBCC Annual General Meeting

TUESDAY 1st SEPTEMBER 2020

10:30am followed by morning tea

141 Railway Terrace, Taillem Bend

141 Railway Terrace, Taillem Bend SA 5260

Phone: 8572 3513

Web: [www.tbcc.org.au](http://www.tbcc.org.au)

Email: [info@tbcc.org.au](mailto:info@tbcc.org.au)

[www.murraymalleeacpn.org.au](http://www.murraymalleeacpn.org.au)

[mmcpnc@tbcc.org.au](mailto:mmcpnc@tbcc.org.au)

# 2020 Term 3 Timetable: 20 July - 25 Sep

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Monday – Friday</b> 9am–4:30pm Tel: 8572 3513 Email: info@tbcc.org.au</p>	<b>Computer/Phone</b>  Need help with accessing the internet, PC, tablet, phone or iPad? Call TBCC to make a free one-on-one appointment.	<b>Sewing Class</b>  Join this group to work on individual sewing projects  <b>9am to 12 noon</b> Cost: \$5.50	<b>PCMG</b>  Parent-Child Mother Goose Program 0-5 years Connect through songs, rhyme and stories. <b>9.30am to 10.45am</b> @ T/Bend PS Gym <i>BOOKINGS REQUIRED</i>	<b>Computer Class</b>  Need assistance with all things computing? Bring your own lap top or use a Centre PC. Includes internet. <b>10am — 12noon</b> Cost: \$5.50
	<b>Neighbourhood Watch</b>  Meets on the second Monday of each month at TBCC. Information sessions, raffles, social support. Contact 0417 840 473 7:30pm start	<b>Woodturning</b>  Choose and create your own project with support from Jack  <b>10am — 3pm</b> Half day \$5.50/\$11.00 Full day \$11/\$22	<b>Woodwork</b>  Learn with Graham a qualified builder & cabinet maker. <b>9am — 3pm</b> Half day \$5.50/\$11.00 Full day \$11/\$22	<b>Tutors wanted</b>  We're looking for more tutors to run classes If you know someone willing to share their skills please email info@tbcc.org.au to register details
<b>Grow Free</b>  Share surplus garden produce in the grow free cart out the side of TBCC.	<b>Social Craft Circle</b>  Join this friendly group. Work on your own craft and share ideas.  <b>1pm — 3pm</b> \$1:10/class	<b>Art Class</b>  Social Art Group Join this group to share skills and learn from likeminded people  <b>1—4pm</b> Cost: \$1.10	<b>Glass n Art</b>  Social leadlight / mosaic, or glass or project of your choice  <b>1pm — 4pm</b> Cost: \$1.10	<b>WANT TO HELP US?</b>  <b>Would you like to help at TBCC?</b> We need help with various items. Please call us or drop in 8572 3513
<b>Taillem Bend Progress Association</b>  7pm Wed bi-monthly Contact Peter Connolly 0423 312 916  <b>7pm third Monday of each month</b> Call Maxine 0439 387 750	<b>BINGO</b>  <u>On hold due to COVID restrictions</u>  <b>See you all 2021</b>	<b>Golden Go Getters</b>  Help strengthen your muscles in a safe/ supported environment Town Hall Function Room Wednesday's  <b>10.30am—11.30am</b> \$5.50/class	<b>Diamond Art</b>  Come join fellow crafters and enjoy the latest craft craze sweeping the world. <b>12:30pm ~ 2:30pm</b> \$1:10/class	<b>Community Garden</b>  Help yourself to the produce in our wonderful community garden , or register to establish a garden club.
<b>Probus</b>  Meet on the 3rd Monday of each Month  <b>10am — 12noon</b> Cost: gold coin	<b>TBCC AGM</b>  <b>TBCC Annual General Meeting</b>  Tuesday 1st September 10:30am Followed by morning tea <b>ALL WELCOME</b> *Membership DUE \$5.50*	<b>Resin art</b>  Resin Art workshops 9am-12 noon or 1pm-4pm Cost: CHSP \$60 non CHSP \$80  <u>Bookings essential</u>	<b>C4C Activities</b>  *For details about C4C activities offered for Children 0-12 years please call Chelsea on 8572 3513	<b>Our Goldies</b>  <u>On hold due to COVID restrictions</u>
<b>Evening Yoga</b>  Improve your flexibility and tranquillity with instructor Monica Martin. Please bring a blanket, water and your own mat if you have one. Call Monica 0488 133 625	<b>Got a class in mind</b>  Give us a call and we will register an expression of interest. Once 5 people register we can arrange the class  <b>EASY!!</b>	<b>CHSP TRIPS</b>  <u>On hold due to COVID restrictions</u>	<b>Bus hire</b>  For details about the community bus hire visit our web site <a href="https://www.tbcc.org.au/pages/for-hire/tbcc-bus/tbcc-bus-hire-booking-form.php">https://www.tbcc.org.au/pages/for-hire/tbcc-bus/tbcc-bus-hire-booking-form.php</a>	<b>MMCPN</b>  

Please note classes run during school terms only, no classes during school holidays

\* Communities for Children (C4C) is facilitated by AC-Care and funded by the Australian Government Commonwealth Home Support Program (CHSP) is funded by the Australian Government Dept of Health