

Newsletter

AUGUST 2019

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2019 AGM

Board Nominations

MMCPN Update

C4C activities

and more



Programs are Supported by:

- Commonwealth Home Support Programme (CHSP)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department for Communities and Social Inclusion (DCSI)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council (CDC)

Ever wondered what we do at TBCC?

If you don't know anything about our services then we ask you, what are you doing for the community?

TBCC has designed sponsorship packages for the Taillem Bend Football, Cricket and Bowling Club, helped numerous organisations with constitutions, governance and grant information. Provided free training opportunities and raffle prizes for any service/ sports club in the Coorong. Partnered with Rotary, Coorong and Rural City of Murray Bridge Council for events and Lions providing hygiene packs. We offer food hampers on behalf of ac.care Murray Bridge and refer people for services in the region.

We manage \$800,000K of Federal and State grant funding annually delivering services across 35,000 square kms to six local government areas including Coorong, Karoonda East Murray, Rural City of Murray Bridge, Southern Mallee, Mid Murray, and Tatiara.

All grant funding has outputs, collectively we deliver 2,800 programs annually to meet grant requirements. Services are for people over 65 years, under 65 living with a disability, adults 18-65 years, children 0-12 years and their families and all ages transport disadvantaged.

Services include gardening, modifications, parenting/children programs, social outings, learning classes, medical/social transport just to name a few.

Amazing right, as all of this is achieved with 4.8 full time staff and a band of over 50 volunteers. Our annual report will be out in August (visit <https://www.tbcc.org.au/> to find the report or call in to get a copy) we strongly encourage you to make time to read it.

It's clear to us that we are making a huge difference in the Murraylands community, if you're involved in any service/ sporting club you will be working with us?



Still not sure what we do, then come on down, meet with us, take a tour of the centre. We love sharing stories of how peoples lives are so much better because of TBCC.

Check out these AMAZING stats from some of our funding streams.

Commonwealth Home Support Packages (CHSP)

457 hours dedicated to home maintenance, 6993 hours of social support with groups, 1631 hours engaging with individuals and 993 clients transported.

Home & Community Care (HACC)

70 hours maintenance, 652 hours social support with groups and 30 hours social support.

Communities for Children (C4C)

86 Adults & 106 children have attended our PCMG/Our Time sessions in Taillem Bend. 111 Adults & 106 children have attended our PCMG sessions in Murray Bridge. Over 40 children have been involved in DRUMBEAT and Season's for Growth. Over 300 children & their parents/carers have attended school holiday activities and over 50 children and their parents/carers have attended an after school activity.

Murray Mallee Community Passenger Network (MMCPN) First 6 months of operation at TBCC.

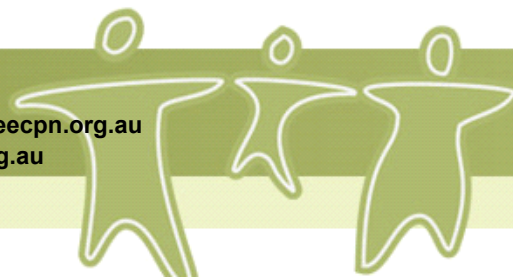
675 Clients, 317 clients have travelled on the medical bus, 106 clients have travelled in a car with a volunteer driver, 460 volunteer hours and 539 enquiries have been made by phone.

141 Railway Terrace, Taillem Bend SA 5260

Phone: 8572 3513

Web: www.tbcc.org.au www.murraymalleeepn.org.au

Email: info@tbcc.org.au mmcpn@tbcc.org.au





You're invited

TBCC Annual General Meeting



FRIDAY 6th SEPTEMBER 2019

10:30am followed by morning tea

141 Railway Terrace, Tailem Bend

TBCC 2019/20 Board of Management

We are growing together at TBCC, would you like to join us?

We welcome new board members and encourage you to nominate yourself or others to join our committee.

We have 5 Board positions open this year.

Specifically we are looking for a Treasurer. Do you know someone with a passion for finance? We have a fabulous finance officer with over 25 years experience for the daily operations. Additionally our books are overseen and audited by a chartered accountant. The Treasurers role is primarily budget forecasting/review and grant reconciliation/reporting. Our current Treasurer of 11 years is retiring but will continue to offer training and mentoring for elected Treasurer.

TBCC is a highly regarded in the community services industry. Extensive free training is provided, great for professional and personal development.

Board Meetings rarely last longer than one hour, per month. Day/time of meetings is determined by the board so can be after hours if required.

It's amazing to be able to give back to your community and see the difference made in peoples lives through our services.

Maybe you would like to set up a community centre in your town? We would love to share our knowledge and teach you board level requirements to get there.

Trust us you will gain so much more than you give!

If you know someone that may be interested, please contact Tammy on 08 8572 3513 or email ceo@tbcc.org.au

Nominations close Friday 2nd August 2019. All nominees will be posted on TBCC community notice board and on our website.

TBCC is an exciting, proactive organisation making a difference in your community!

141 Railway Terrace, Tailem Bend SA 5260

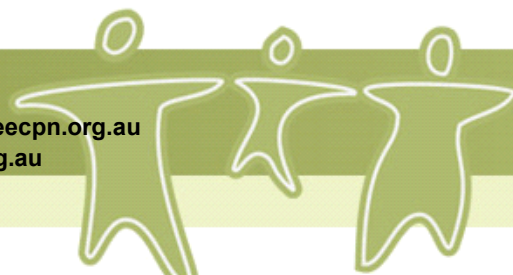
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www.murraymalleecpn.org.au

mmcpn@tbcc.org.au



parent Child Mother Goose

THURSDAY'S
for 9 weeks during SCHOOL term
9:30Am

@ Tailem Bend Community Centre

Join us for singing, rhymes & stories.
PCMG nurtures positive interactions and
strengthens Attachment between Parent/
Carer and Child.



Tammy and Chelsea attended the **DRUMBEAT** training in June. **DRUMBEAT** (Discovering Relationships Using Music; Beliefs, Emotions, Attitudes & Thoughts) is an evidence based program that engages students 10-12 years of age to build social skills, increases self-esteem and explores connections between making music together as a group and the development of healthy relationships. TBCC are funded by C4C to deliver the DRUMBEAT program throughout the Murraylands. Christine & Chelsea have delivered DRUMBEAT for 8 terms successfully with positive feedback from all schools.

Communities for Children Murraylands is facilitated by ac.care, funded by the Australian Government Department of Social Services and delivered by our Community Partner – Tailem Bend Community Centre



MURRAY MALLEE COMMUNITY PASSENGER NETWORK (MMCPN)

During the months of June and July MMCPN has been busy coordinating client attendance to medical appointments, via either the Medical Bus (for people living in the district councils of Coorong, Karoonda East Murray, Mid Murray, Southern Mallee, Tatiara and Rural City of Murray Bridge) or in volunteer driven Community passenger network CPN vehicles (for people living in the district councils of Coorong, Karoonda East Murray and Southern Mallee)

Our volunteer drivers and CPN cars are also available to provide transport for eligible clients to access other services such as shopping or attending community and social events.

The impressive volume of people accessing MMCPN services is a clear indication of the demand for transport help in regional communities. Our aim is to continue to provide efficient booking and suitable travel options for community members in all eligible areas.

We are always keen to hear from anyone interested in joining our MMCPN Team as a volunteer driver, or companion.

DID YOU KNOW?

Plus-One-Free Companion Card

The Plus One Free Companion Card provides free travel for companion / carer accompanying a Plus One Companion Card holder on Adelaide Metro bus, train and tram services within metropolitan Adelaide.

For more information contact:
South Australia Transport Subsidy Scheme
SATSS Data Processing Services
Phone: 1300 360 840

Volunteer!

“Start where you are, use what you have,
do what you can!”
~Arthur Ashe



We need people willing to travel with them and assist with finding appointment destinations or chatting to people whilst they wait.

If you have one day a month to spare and a willingness to help others, please call us to discuss.



Companion's don't need a driver's licence, they accompany clients to medical appointments, assist with navigation around hospitals, or support them whilst waiting. Companions travel at no extra cost to the client.

Enquiries and bookings can be made by contacting the MMCPN team on 8572 3513 - we look forward to your call. Information about our services is also available online – visit www.murraymalleecpn.org.au

For more information or to register your interest to become a volunteer:

Visit: www.mmcpn.org.au

Phone: (08) 8572 3513

Email: mmcpn@tbcc.org.au



WE NEED YOU!



Please help us share what's happening at TBCC

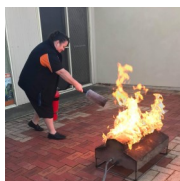
PS Marion Boat Trip—TBCC clients started the June long weekend in style being treated to a day out at Mannum on Saturday the 8th. First stop, a beautiful lunch at the Pretoria Hotel overlooking the River Murray followed by an hour long cruise on the PS Marion. A lovely day was enjoyed by everyone.

String Fever—

Our TBCC mini bus ventured to Murray Bridge Town Hall on Thursday 20th June to see the "String Fever World Cruise" and enjoyed lunch at the Bridgeport Hotel. A musical duo playing violin, cello and keyboards entertained guests with the added bonus of top-deck humour.

Book of Mormon—A small group took the TBCC mini bus down to festival theatre on Tuesday 2nd July to see the hilarious show The Book of Mormon. We enjoyed dinner at "The Jungle" restaurant and it was a night full of good food, lots of laughs and great company.

At the beginning of July TBCC hosted Ben from Beviss Safety Training & Consulting for Warden, Fire Extinguisher & Spill Kit training. We had 8 participants attend the training including members from the TB Bowling club



and TB RSL. TBCC offered the training FREE to all service/sporting clubs within the Coorong.

ASES Australian Service Excellence Audit—

On Monday 3rd June TBCC hosted Jeane from QIP to undertake our ASES audit. Jeane met or conducted phone interviews with Board, staff, volunteers, clients and stakeholders. We are pleased to announce that our Audit went extremely well and we passed with 100% on all areas with only 3 minor improvement recommendations. TBCC was awarded full ASES accreditation status for the next 3 years.

Keith Conlon—Horrible Histories of Adelaide

Our previously genteel vision of Adelaide's history will be shattered as Mr. South Australia, Keith Conlon, lifts the lid, with a new edition of his successful Fringe show. *Thursday 22nd August 2019, Departing TBCC at 9:30am CHSP \$50 Non CHSP \$55 includes Bus, Lunch & Show*

ABC Tour Enjoy lunch at Tregenna Café and a guided tour behind the scenes at ABC Collinswood. *Thursday 5th September. Bus will depart at 8:30am CHSP \$60 Non CHSP \$65*



West Side Story—Wednesday 4th December. CHSP \$120 Non CHSP \$130 Bus depart TBCC at 9:30am. The modern retelling of Romeo & Juliet with choreography like you've never seen before. **Coming Soon**—Port River Dolphin Cruise in October, date, time & price to be confirmed.



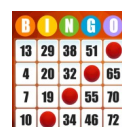
SAVE THE DATE

Melbourne Cup Luncheon "Stars on Parade"

Tuesday 5th November

For all events/bus trip **BOOKINGS** or for more information Call TBCC on 8572 3513

Our Goldies—The next Our Goldies lunch will be held at TBCC on Friday 23rd August. On the Menu: Silverside with mash potato & veggies and Bev's AMAZING Sticky Date Pudding. \$10 pp 12pm



TBCC Bingo—Eyes down at 10:30am sharp. Once a month on a Tuesday morning. 6th August, 3rd Sept, 22nd Oct, 19th Nov. \$6.00 for 10 games

TBCC hosts Adelaide accountant Richard Deane & Associates to provide all your tax needs. **Richard will be at TBCC on Saturday's from 20th July—27th September.** Bookings can be made by calling TBCC on 8572 3513.



STAFF:

| | |
|-------------------------|---|
| CEO: | Tammy Shepherd <i>Monday - Friday</i> |
| CHSP Officer: | Denise McLoughlin <i>Monday - Friday</i> |
| C4C Officer: | Chelsea Coombe <i>Monday - Friday</i> |
| MMCPN Admin: | Dani Warbout <i>Wednesday, Friday</i> |
| Finance Officer: | Christine Hartman <i>Tuesday, Thursday</i> |

2018/19 Board of Management:

| | |
|--------------------------|---|
| Chairperson: | Jack Hunt |
| Vice Chairperson: | Bev Moyes |
| Treasurer: | Trevor Gordon |
| Secretary: | Dani Warbout |
| Committee: | Donna Middleton Lorraine Cresp Tash Loveday, Rhonda Coleman Glenn Power |

