



TRAINED FACILITATORS IN EVIDENCED BASED PROGRAMS

The Taillem Bend Community Centre offers trained facilitators in evidenced based programs for parents or carers and young children aged 0-12 years. Trainers provide professional information and support to participants to achieve proven high level learning outcomes.

We're located 100km south of Adelaide and are happy to travel to your School, organisation or group. Cost including training and travel per km from Taillem Bend can be provided by contacting
TBCC CEO Tammy Shepherd on telephone number 08 8572 3513 or email ceo@tbcc.org.au.

Please check out our website and Facebook page for more information

<https://www.tbcc.org.au/>



our facilitators



Tammy Shepherd
TBCC CEO

Qualifications:

Advanced Diploma Community Services, Parent Child Mother Goose, Seasons for Growth, Tuning into Kids, Teens & Dads, Bringing up Great Kids, Drumbeat, Kimochis, Mistrust to Trust, Train the Trainer: Restrictive Practice, Train the Trainer: Elder Abuse, Senior First Aid, Mental Health First Aid

Practice, Train the Trainer: Elder Abuse, Senior First Aid, Mental Health First Aid

Certificates:

RAN DECD Mandatory Reporting, National Police Check, Dept. Human Services Screening Child Safe, Aged Care, Disability, Mental Health First Aid Adult, Youth



Chelsea Coombe
Communities for Children (C4C) Project Officer

Qualifications:

Diploma in Children's Services, Parent Child Mother Goose, Seasons for Growth, Drumbeat, Tuning into Kids, Teens & Dads, Senior First Aid, Kimochis

Certificates:

RAN DECD Mandatory Reporting, National Police Check, Dept. Human Services Screening Child Safe, Aged Care, Disability, Mental Health First Aid Youth



Christine Rhue
Communities for Children (C4C) Facilitator

Qualifications:

Parent Child Mother Goose, Seasons for Growth, Drumbeat, Tuning into Kids, Bringing up Great Kids, Senior First Aid, Mental Health First Aid, Teens & Dads

Certificates:

RAN DECD Mandatory Reporting, National Police Check, Dept. Human Services Screening Child Safe, Aged Care, Disability

evidence based training programs

0-5
YEARS

+ Parents or Carers

Parent Child Mother Goose

<https://www.parentchildmothergooseaustralia.org.au/>

Parent-Child Mother Goose is an evidence-based program that strengthens attachment and interaction between parents or carers and their young children by introducing them to the pleasure and power of using rhymes, songs and stories together.

Through the program, parents gain skills and confidence that help them create positive family patterns during their children's crucial early years. At the same time, children benefit from enjoyable, healthy early experiences with language and communication.

Parent-Child Mother Goose is particularly suitable for parents and carers who need extra support because of their own personal or social circumstances, or because their children have special needs or are otherwise at risk.

"Presenters are amazing, the program is awesome, parents & children have a great time together"

- Amanda Densley, parent of master, 6 and miss, 4

10-12
YEARS

8
40 min
sessions

Drumbeat

<https://www.holyoake.org.au/drumbeat/about-us/>

Holyoake's DRUMBEAT is the world's first structured learning program using music, psychology and neurobiology to reconnect with ourselves and others.

The name DRUMBEAT is an acronym for Discovering Relationships Using Music, Beliefs, Emotions, Attitudes, and Thoughts.

DRUMBEAT incorporates hand drumming, behavioural therapeutic principles and cognitive and dialectical elements to achieve positive outcomes. It is estimated that over 50,000 people around the world have participated in and experienced the benefits of the program so far.

"Facilitators were patient, rhythmic and engaged students to explore relationships, feelings and emotions. We really enjoyed sharing our time with them."

- Mikelle Miegel, Principal - Jervois Primary School

5-12
YEARS

8
40 min
sessions

Seasons for Growth

<https://www.goodgrief.org.au/>

Seasons for Growth helps children, young people and adults understand and attend well to their grief following change and loss experiences. Our flagship program is 'Seasons for Growth' which has several different versions available for children, young people and adults.

"An excellent and well organised programme for a targeted group of students in our school which supported them dealing with grief and loss."

- Travis Schenke, Principal - Taillem Bend Primary School

PARENTS or
CARERS of
children 5-12
years

4
3hr
sessions

Tuning into Kids

<http://www.tuningintokids.org.au/>

Tuning into Kids is an evidence-based parenting program that focuses on the emotional connection between parents and children. In particular the program teaches parents skills in emotion coaching, which is to recognise, understand and respond to children's emotions in an accepting, supportive way. This approach helps the child to understand and manage their emotions.

"A great way to understand children's minds and support me to be a better parent"

- Donna Middleton, parent of masters 8, 11 and 12

PARENTS or
CARERS of
children 5-12
years

Bringing Up Great Kids

<https://professionals.childhood.org.au/bring-up-great-kids-programs/what-is-bringing-up-great-kids>

Bringing Up Great Kids is a suite of parenting programs which professionals can be trained to implement with a range of parents and carers of children at different ages. All of the programs and accompanying resources are underpinned by a philosophy of promoting and supporting respectful, caring and nurturing relationships between parents and their children. Parents and carers are encouraged to become more reflective and mindful in their parenting approach.

Bringing up great kids principles are incorporated into all evidenced based training programs.