

Newsletter

Sept 2014



For the month of
OCTOBER

25% off

ALL MENDING**

**Get your Spring
wardrobe ready**

**** Does not include
suits/ curtains**



Telephone 8572 3513
Email info@tbcc.org.au
www.tbcc.org.au
141 Railway Terrace, Tailem Bend SA 5260



New Chapters!

At our last AGM a new Board of Management was elected. The Board of Management consists of the following members:

Chairperson—Rhonda Shillabeer

Vice Chair—Jack Hunt

Treasurer—Trevor Gordon

Secretary—Joanna Paynter

Committee members:

Jackie Koop, Rosemary Symonds, Lydia Barnes, Vicky Roach, Bev Moyes.

You might have noticed our changed frontage. We're extending our front office and reception area so that our growing staff numbers can stretch out a bit and have some room to work on new and exiting events. Talking about growing staff numbers; we've welcomed Rebekah Crisp to our team. Read a bit more about what Rebekah will bring into the Centre on page 6 and come in to welcome her to the community.

After the success of last years Christmas Proms we will be booking by popular demand this year. For more information or to book your tickets please contact Claudia by ringing the Centre on 8572 3513. For more HACC events, please see page 4.

We also had the grand opening of the community garden. The event was well attended. We would like to thank sponsors and the Claessen family for being present to plant the first few seedlings and to unveil the plaque in honour of Brenton Claessen.

Another exciting event TBCC was involved with was the screenings of the movie 'The Ride'. The screenings took place on 8th October and approximately 80 people attended. Attendees thought that the movie was very inspirational and that the 4 lead characters (larrikins!) were amazing.



UPCOMING EVENTS:

Friday 31st October	Engaging in Ageing Expo	FREE
Tuesday 4th November	Melbourne Cup Luncheon	\$ 10 p.p
Friday 12th December	Christmas Luncheon	\$ 10 p.p
Saturday 20th December	Christmas Proms	\$ 30 p.p

Expressions of Interest sought
from Tintinara, Coonalpyn and
Meningie for transport



Join us for the Christmas Proms 2014

Register your interest now.
\$30 per person (includes bus,
ticket & lunch).

Phone 8572 3513 for bookings.
Strictly limited to 50 places.

**Saturday, 13 December - 2 p.m.
at the Adelaide Festival Theatre**



What the HACC is been going on

HACC Classes

Over the years our classes have provided a great opportunity to meet new people and learn some new skills. Why not give it a try? All HACC classes cost \$ 5.50 per person.

Fit & Fabulous—Exercise

Low impact, perfect for all ages exercise class

Day: Tuesdays 9am—10am



Woodwork

Create your own woodwork project in a friendly environment

Day: Tuesdays 9am—12noon

Leadlight/Mosaics

Create that perfect piece of leadlight or mosaic.

Day: Thursday 1pm—4pm



Sewing

This class is for those who are working on or would like to start their individual sewing project

Day: Wed 9am—12noon

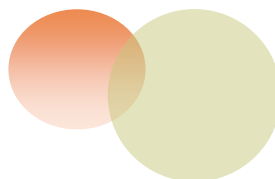


Computer Tuition Need assistance with your computer skills? Book a free private one-on-one tuition.

Meningie Tai Chi

Meningie RSL Hall

Day: Tuesday's 3.30—4.30pm



Folk Art

Come and join this social group and learn the fine art of folk art drawing and painting

Day: Wednesdays 1pm—4pm

Heart Moves at the TB Town Hall Function room

Whether you are a beginner or advanced help strengthen your inner muscles

Day: Mondays from 10.30am –11.30am

Coonalpyn Tai Chi

Coonalpyn Hall

Day: Tuesday's 1.30—2.30pm

Coonalpyn Yoga

Coonalpyn Hall

Day: Thursdays 6-7 pm



Something **ACE** for Everyone

Adult Community Education (ACE) Woodturning Course

Our wood turning class recently purchased two new lathes so that more participants can work at the same time. Participants enjoyed a relaxed learning experience under the guidance of experienced wood turner Jack Hunt. Producing some amazing items, all participants commented that they had a great time, learned many new skills and will be enrolling in the next woodturning class. If you are interested in joining them, please contact the Centre for details.



Leadlight/Mosaics with a twist Class

Nine participants enjoyed the fun and creativity of this very popular course and produced some amazing results. Rhonda Shillabeer facilitated, encouraged and supported the participants as they 'fashioned' their items. Leadlight classes are run at the Centre during most terms, so if you are interested in joining this class or just wanting to know all about the classes on offer, please contact the Centre.



The **Tailem Bend Community Centre** offers many diverse courses covering Art, Craft, Health and Wellness, IT and Employability Skills and many more learning opportunities. Not all course are run, sadly due to lack of interest. In order to plan future courses tailored to meet the needs of the community, we seek your input. The Centre would like to know if you would be interested in attending the following courses. There is also a section for you to have your say as to what classes you would like to see at the Centre. Please fill in your details and return the completed page to **The Tailem Bend Community Centre 141 Railway Tce (Box 203) Tailem Bend SA 5260**. If you include your email address, you will be advised via email of impending courses you have shown an interest in.

Please place a tick against the courses of interest:

<input type="checkbox"/> Embroidery	<input type="checkbox"/> Cyber bullying/Internet risks etc.
<input type="checkbox"/> Painting	<input type="checkbox"/> Microsoft Suite, Word, Excel, Publisher
<input type="checkbox"/> Leadlight/mosaic	<input type="checkbox"/> Online shopping, social media
<input type="checkbox"/> Slumping & fusing glass, glass art	<input type="checkbox"/> Windows 8, iPad, Tablet
<input type="checkbox"/> Pottery/ceramics	<input type="checkbox"/> Digital Photography
<input type="checkbox"/> Basic home/car maintenance	<input type="checkbox"/> Yoga
<input type="checkbox"/> Organic gardening	<input type="checkbox"/> Low impact exercises
<input type="checkbox"/> Metal working skills (<i>incl basic welding</i>)	<input type="checkbox"/> Pilates
<input type="checkbox"/> Boat Licence	<input type="checkbox"/> Health for over 50's
<input type="checkbox"/> Woodwork, wood turning, scroll sawing	<input type="checkbox"/> Healthy eating and wellbeing
<input type="checkbox"/> Job application skills, resume writing	<input type="checkbox"/> Cooking
<input type="checkbox"/> Reducing, re-using and recycling	<input type="checkbox"/> Food handling training
<input type="checkbox"/> Sewing, embroidery	<input type="checkbox"/> First Aid training
<input type="checkbox"/> Beading, weaving	<input type="checkbox"/> Mandatory reporting
<input type="checkbox"/> Governance minute taking meeting protocol	<input type="checkbox"/> Men's health / Women's health
<input type="checkbox"/> Grant Writing	<input type="checkbox"/> Self Defence

If there are any courses not listed above, that you would like to see held at the Centre, please list them below.

Name: _____ Ph. contact: _____

Address: _____

Email: _____

Thank you for taking the time to shape your community.

(Return form to The Tailem Bend Community Centre 141 Railway Tce (Box 203) Tailem Bend SA 5260.)

Centre phone number for enquiries 8572 3513

Communities for Children

New to the Community Centre is the 'Caring Communities' Program, facilitated by AC.Care's Communities for Children Murraylands program. The program is designed to deliver activities and services for children under 0-12 years in the Tailem Bend community.

We were delighted to be able to team with the Communities for Children Murraylands team to attend the Tailem Bend school fete on the 10th of October. A Petting Zoo was provided for the kids, which proved very popular, and took the opportunity to talk to kids and their parents to find out what kind of programs the young people of Tailem Bend would like us to get up and running. We're also creating a mailing list so if you're interested in being the first to hear about new activities simply ring the centre on 8572 3513 or email c4c@tbcc.org.au



A new face

Hi there! I'm Rebekah Crisp, and I'm joining the community centre as the C4C Project Officer.

I graduated from university in Victoria last year as a Primary school teacher. I went to university in Victoria and moved to join my family in Karoonda at the beginning of this year.

I enjoy reading and drawing, paper craft, woodwork and other crafty ventures and I'm very excited to be able to bring lots of great new programs to the kids of Tailem Bend and nearby. I look forward to meeting members of the community, so feel free to pop in and see me on a

Tuesday, Wednesday or Thursday from 10am til 4pm.



October Holidays

While we're only just getting the programs running we think we've made a pretty strong start, with a cracking school holiday program which included cooking, glass art and other fun stuff. It was a pleasure to partner with OPAL and the Coorong District Council to make the program a success.



Sponsorship and support

C4C has been able to support the Tailem Bend Primary School Pedal Prix team to purchase jumpers for the team, and contribute to the purchase of pin boards in the town hall as part of the hall committee project.

Coming up next!

During the week a **Homework Club** will give students the chance to get together and work on their homework, including access to computers and the internet, and the opportunity to get help on the tricky bits. 10 computers will be available for students to use, and we are still looking for someone to facilitate this program. This would be a paid position, so if you are interested please give us a call on 8572 3513.

Christmas holiday activities for the December/January school holidays, we've got loads of great things planned, including a mini Deb Ball, cooking and craft classes, excursions and a Mad Hatters tea party, among other fantastic activities. Check out the full program in the next newsletter and get in quick to book as spaces are limited. Keep an eye out for what we've got up our sleeves for the Christmas Parade!



Bits & bobs

Mixed Media Art Class—ACE

The Mixed Media Art Class by Gaynor Hartvigsen gave the participants an opportunity to explore different kinds of art media. Participants experimented with adding sands, soils and other things found in nature to their paints. The results were amazing! Gaynor brought along inspiring ideas and passion. All participants left with ideas, better skills and even more passion to continue their art journeys. We look forward to seeing all the art work displayed.

If you are interested in art classes, or in an art workshop, please contact the centre.



communities for children



Our Time

Thursday 10am-11.30am
call 8572 3513



Are you over the piles of washing mounting up at your home? Over spending your time in the laundry instead of with your family? Why not head to Easywash and let our volunteers do your washing and ironing?



2014 Term 4 Timetable 13 October - 12 December

Monday	Tuesday	Wednesday	Thursday	Friday
Tailem Bend Community Centre hours of operation Tuesday—Friday 9am—4.30pm	Exercise Class Low impact, perfect for all ages exercise class Fun, friendly, fabulous 9am—10am Cost: \$5.50 per class	Sewing Class This class is for those that are working on or would like to start their individual sewing project while having a chat or seeking advice. 9am—12noon Cost: \$5.50 per class	Our Time This group is perfect for parents to have a coffee and seek advice and for Bubs to interact with other children and play. 10am—11.30am Cost: Free	Painting with Mixed Media One day workshop with Gaynor Hartvigsen. Limited places. Please phone Centre for participant requirements. 10th October 9.30am - 4.30pm Cost: \$35.00
Neighborhood Watch Meets on the second Monday of each month at TBCC Information sessions, raffles, social support Contact 0417 840 473 7.30pm start Cost: Free	Win that Job Learn skills to set yourself apart from the rest of the crowd, cover letters, interview skills and more. 10th September 10am - 3.30pm Free	Art Class Have a project that you would like to work on? Social Art group share ideas in a friendly environment 9am—12noon Cost: \$3.30 per class	Broadband for Seniors Free one hour Broadband for seniors one on one computer tuition available by appointment. Please book in advance Cost: Free	Computer Tuition Need assistance with any computing program. 10am—12 noon Cost: \$5.50 per class
Free Counseling Service By appointment only contact TBCC or Murray Mallee Community Health ph. 8535 6800 Cost: No cost	Woodwork Class Create your own woodwork project or complete an ongoing one 9am—12 noon Cost: 5.50per class	Boat Licence Boating information, special permit and licence exam. Limited numbers, bookings essential. Payment at time of booking required. 22nd Oct (tbc) 6pm start Cost: \$30.00	Leadlight/ Mosaic Class Make a project of your choice in a creative environment 1pm—4pm Cost: \$5.50 per class	Alcoholics Anonymous Confidential support network for more information call Harry 0437 471 131 Thursday 6.30pm—7.30pm Cost: Donation
Please note ACE classes marked with * must be paid in full prior to the commencement of course. Bookings are essential as a minimum attendance of 5 participants is required for the classes to proceed.	Social Craft Circle Join this friendly group work on your own craft share ideas 1pm—3pm Cost: \$1.10 per class	Folk Art Class Come and join this social group and learn the fine art of folk art drawing and painting. 1pm—4pm Cost: \$5.50 per class	Register your interest in the following course: Dates yet to be confirmed * Christmas Card Making * How to get the most out of your iPhone/Smart phone * Composting/Organic Gardening * Creative cooking on a budget	Melbourne Cup Luncheon 4 Nov Golden Oldies Luncheon 12 Dec 12noon Cost: \$10.00
Probus Club Meets at TBCC on the 3rd Monday of each month Guest speakers, social interaction, community news Contact 8572 3667 10am—12noon Cost: Donation	Leadlight / Mosaics & more Create a master piece and learn along the way. 14th Oct - 11th Nov 5 week course 1 - 4pm Cost: \$27.50 Materials not included	Online Computing Gain knowledge and skills in Online Security, Facebook, Banking, EBay and more 15th Oct - 12th Nov 5 week course 6.30 - 8.30pm Cost: \$27.50	Beading Make something special in this newly introduced course 1pm—3pm Cost: \$1.10	Rehoboth Christian Community Outreach Bible Centred Teaching By Gary & Joanna Paynter for more information call 0428815560 or email rehobothccm@gmail.com 10.30am Sundays at TBCC
Heart Moves Help strengthen your muscles, whether you are an advanced or beginning participant! Mondays & Wednesdays 10 am—11am Town Hall Function Room Cost: \$5.50	Your very own 2015 Calendar Use your own photos to create a 2015 calendar, learn computing and photographic tips along the way. 14th Oct - 11th Nov. 5 week course 6- 8pm Cost: \$27.50	Glass Art Create a Christmas gift or ornament. Choose from 2 individual workshops. Saturday 8th November Saturday 15th November 9.30pm—4.30pm Cost: \$30 /workshop Materials not included	Coonalpyn Hall Tai Chi Tuesdays - 1.30 - 2.30pm Coonalpyn Yoga Thursdays—6.30—8pm Cost \$5.50 per class	Meningie Tai Chi With Don at the Meningie RSL Hall on Tuesday afternoon 3.30 - 4.30pm Cost \$5.50 Per class