

# Newsletter MAY 2019

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AGM Invitation,  
Board  
Nominations  
C4C activities  
and more .....



## Programs are Supported by:

- Commonwealth Home Support Programme (CHSP)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department for Communities and Social Inclusion (DCSI)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council (CDC)



**Michelle Lensink Visit**-TBCC had the pleasure of hosting Hon Michelle Lensink and Zoe Darling for a visit in early March. They were both very impressed with our centre and the services we offer. Big thanks to Rhonda and her kitchen crew for the amazing afternoon tea provided.

**Meningie Food Fair**-TBCC were invited to attend the Meningie Food Fair again this year. We promoted all of the services we offer including C4C, CHSP and MMCPN. A lot of fun was had with cardboard car races and Bill & Ben the flowerpot men. The night ended watching a beautiful sunset over Lake Albert.

**MMCPN Council Presentations**-Tammy and Sharon have been travelling around the district to present to multiple councils about the MMCPN. They have presented to Tatiara, Rural City of Murray Bridge, Southern Mallee, Mid-Murray and Karoonda East Murray. They have been welcomed by each council and praised for their impressive presentation and wealth of information.

**Senior Moments**-TBCC ventured down to Festival Theatre to see the comedy revue "Senior Moments". A lot of laughs were had and a pleasure to be able to watch one of Geoff Harvey's final shows. Clients from as far as Tintinara joined us and we thoroughly enjoyed the day. One of the highlights was being able to go for a walk over the Torren's foot bridge.

**Silent Disco @ Jallarah**-TBCC were recently approached by Jallarah Homes at Meningie to host a Silent Disco with residents during their

activity time. Denise, Chelsea and Christine along with a small group of Tailem Bend clients enjoyed an afternoon of dancing, singing and afternoon tea. There was a few groovers amongst the group and it was great to see the faces of residents light up when listening to songs they knew. Everyone was able to experience new technology that even their grandchildren would enjoy.

**Tailem Bend Race Day**-TBCC had a great day at the Murray Bridge Racecourse in March for the Tailem Bend Race Day. We felt like VIP guests having our own area just for TBCC under the pavilion where we were treated to a 2 course meal. Everyone had a little flutter, some lucky enough to even snatch a win.

## MURRAY MALLEE COMMUNITY PASSENGER NETWORK (MMCPN)-

The first three months of operation saw the MMCPN successfully coordinate 220 volunteer driver and medical bus trips. During this time activity statistics shows that MMCPN staff engaged with clients 668 times, which included enquiries, bookings and new client registrations. These figures show the importance of transport services for regional communities and we aim to keep meeting these needs. MMCPN had the opportunity to showcase its services at the Meningie Food Fair at the beginning of March. It wasn't all work as we had a bit of fun with a Scalextric set (courtesy of Coorong Council), which provided popular with small and big kids alike. Interest from prospective volunteer drivers has been steady and we remain eager to recruit more. For more information Contact Sharon 8572 3513.



**MMCPN – keep our rural communities moving.**

141 Railway Terrace, Tailem Bend SA 5260

Phone: 8572 3513

Web: [www.tbcc.org.au](http://www.tbcc.org.au)

Email: [info@tbcc.org.au](mailto:info@tbcc.org.au)

[www.murraymalleeecpn.org.au](http://www.murraymalleeecpn.org.au)

[mmcpn@tbcc.org.au](mailto:mmcpn@tbcc.org.au)



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## SAVE THE DATE

It's that time of year again, we are preparing  
for our next **AGM**.

**FRIDAY 6th SEPTEMBER 2019**

10:30am followed by morning tea

141 Railway Terrace, Tailem Bend

### 2019/20 Board of Management

We welcome new board members and encourage you to  
nominate yourself or others to join our committee.

***Five positions are available on our Board of Management.***

Nominations close **Friday 2nd August 2019**. All nominees  
will be posted on TBCC Community notice board and on  
our website.

***For more information—Call Tammy 8572 3513***

*TBCC is an exciting, proactive organisation making a difference  
in your community. If you have ever wondered what happens  
at TBCC, come along and join the meeting.*

*General public are most welcome.*

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[mmcpn@tbcc.org.au](mailto:mmcpn@tbcc.org.au)





# Communities for Children Murraylands

**AGSA**



COUNTRY  
ARTS  
SA

**RGASA**  
Regional Galleries Association  
of South Australia



Communities for Children  
Murraylands



Parent  
Supervision  
is required.

All activities are **FREE** for children aged 5-12 years and their families from the Coorong.

## ROBYN STACEY RAY OF LIGHT

Robyn Stacey has been transforming entire rooms into walk-in camera obscuras. Masking windows to leave just a ray of light, as if by magic, the view outside spreads over the room's interiors, but upside down and in reverse.

To celebrate the Robyn Stacey-Ray of Light exhibition,

## Make your own Pinhole Camera

Wednesday 17th July 2019

Tailem Bend Town Hall

10:30am-12pm

BOOKINGS are **ESSENTIAL** and limited to 30 participants.

**CALL TBCC 85 723 513**



Tailem Bend Community Centre  
141 Railway Terrace (PO Box 203), Tailem Bend SA 5260  
P: 08 8572 3513 E: c4c@tbcc.org.au W: www.tbcc.org.au



Communities for Children Murraylands is facilitated by ac.care, funded by the Australian Government Department of Social Services and delivered by our Community Partner – Tailem Bend Community Centre

ac.care

## EXPRESSION OF INTEREST

## Tuning into... Kids/Teens



Emotionally Intelligent Parenting

**Tailem Bend, Meningie,  
Coomandook, Coonah, Tintinara**

A **FREE** six-session parenting program for parents of children aged 0-12 years or adolescents age 10-19 years. It aims to give you helpful ways of teaching your child the skills of emotional intelligence. The program teaches you about how you, as a parent, can help your child develop good emotional skills.

To register your interest:

**CALL CHELSEA: 85 723 513 or  
Email: C4C@TBCC.ORG.AU**

\*Minimum of 5 participants needed\*

Dates/Times will be advised once  
minimum participant bookings have  
been met.



## TERM 2

2nd May

9th May

16th May

23rd May

30th May

6th June

13th June

20th June

27th June

4th July

parent Child  
Mother Goose  
AND Our Time

**THURSDAY'S  
9:30-11:30AM**

**@ Tailem Bend  
Community Centre**



**Tailem Bend Community Centre**

141 Railway Terrace (PO Box 203)

**P: 08 8572 3513 E: c4c@tbcc.org.au W: www.tbcc.org.au**



communities  
for children  
Murraylands

facilitated by  
**ac.care**  
opportunities for life... for real people

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# Please help us share what's happening at TBCC



## **TBCC Bingo** **10:30am-12pm**

Eyes down at 10:30am sharp.

Once a month on a Tuesday morning. \$6.00 for 10 games. 7th May, 4th June, 2nd July, 6th August, 3rd Sept, 22nd Oct, 19th Nov

## **River Murray Cruise**

Saturday 8th June 2019

CHSP \$55 Non CHSP \$65 Includes Bus, Lunch at The Pretoria and 1hr boat cruise.



Bus departs TBCC-10:30am  
**BOOKINGS**  
8572 3513

## **String Fever's World Cruise**

Will transport you with well-loved tunes, stunning virtuosity and top-deck humour. Husband and wife duo play violin, cello and piano as well as producing elegant vocal harmonies. **BOOK now 8572 3513**

**Thursday 20th June, 9:30am @ Murray Bridge Town Hall**

**CHSP \$46 Non CHSP \$50**



Keep a look out for our upcoming trip "ABC Tours" in September. A

behind the scenes look into the ABC studios in Adelaide.

## **Our Goldies Lunch**

Our next lunch at TBCC will be held on **Friday 17th May**. On the menu: Chicken Mini Roast with Vegetables and Pavlova with fruit. The next Our Goldies lunch at TBCC will be on **Friday 26th July** with Roast Lamb, Vegetables and Sticky Date Pudding.



Join our Catering Team and learn new skills

## **MMCPN/CHSP Letter drop**

In accordance with our guidelines, we are required to regularly review clients details. If anyone would like to receive a pack, please contact Denise at TBCC 8572 3513.

**CHSP & MMCPN** - people aged 65 years and over (or 50 years and over for Aboriginal and Torres Strait Islander people) or with a disability support.

**MMCPN** - people aged 65 years and under (or 50 years and under for Aboriginal and Torres Strait Islander people) who are mobility constrained limiting their ability to access general public transport services.

## **Thankyou** to the

Lions Club of Taillem Bend for nominating TBCC to be an outlet for Sleeping Rough hygiene packs. If you know someone that is in need of a little support, tell them to pop in and see us!



## **Memberships for 2019/20- TBCC**

Annual Membership is due in June 2019. Membership is \$5.50 and entitles you to discounted printing/copying, newsletters, invitations, voting at the AGM and more. Call in to TBCC and see our friendly volunteers to update your current membership or to sign up.

## **Defibrillator-TBCC** was contacted

by 4 groups offering to donate an AED (Automated Emergency Defibrillator) to have on site at our centre. Jack is pictured below receiving the AED from Winc Australia and our staff/volunteers will undergo training in the use of an AED.



**Did you know?** There is a public use defibrillator at the Riverside Hotel. It is located on the outside of the building near the entrance to the Motel.

## **STAFF:**

<b>CEO:</b>	Tammy Shepherd <i>Monday - Friday</i>
<b>CHSP Officer:</b>	Denise McLoughlin <i>Monday - Friday</i>
<b>C4C Officer:</b>	Chelsea Coombe <i>Monday - Friday</i>
<b>MMCPN CO:</b>	Sharon Clark <i>Monday - Friday</i>
<b>MMCPN Admin:</b>	Dani Warbout <i>Wednesday, Friday</i>
<b>Finance Officer:</b>	Christine Hartmann <i>Tuesday, Thursday</i>
<b>CSSP Officer:</b>	Stuart Jones <i>Wednesday</i>

## **2018/19 Board of Management:**

<b>Chairperson:</b>	Jack Hunt
<b>Vice Chairperson:</b>	Bev Moyes
<b>Treasurer:</b>	Trevor Gordon
<b>Secretary:</b>	Dani Warbout
<b>Committee:</b>	Donna Middleton
	Lorraine Cresp
	Tash Loveday
	Rhonda Coleman
	Glenn Power

