



CONGRATULATIONS!



Award: **Community Project of the Year 2019**

Tailem Bend Community Centre's "Bucket List"

Presented by Mayor Cr Paul Simmons

Special Guest: Dr Bill Griggs AM ASM: Trauma Surgeon

Venue: Willow Street attended by approx. 100 people

Congratulations to Lynton Piggott & Joyce Medlow

Bucket List concept gives you a goal or dream to focus on. How many times have you wondered what should I do with my free time? TBCC would like to help you achieve all your goals by recording them on a little bucket. When family or friends come over you can discuss your goals, maybe they would like to join you or help you achieve your dreams. Having a bucket list has nothing to do with end of life and everything to do with living the best life you can! If you would like a bucket of dreams please call in and see Denise or call 08 8572 3513

Programs are Supported by:

- Commonwealth Home Support Programme (CHSP)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department of Human Services (DHS)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council (CDC)

Phone: 8572 3513
www.tbcc.org.au info@tbcc.org.au
141 Railway Terrace, Tailem Bend SA 5260



Communities for Children Murraylands

April School Holidays

HIP HOP DANCE WORKSHOP

Wednesday
17th April

@ Tailem Bend Town Hall

Workshop 1

5-7 years

9:30am-10:30am

Workshop 2

8-12 years

10:45am-11:45am

All activities are FREE for
Children aged 5-12 years and
their families from Tailem Bend.



BOOKINGS are ESSENTIAL Call: 85 723 513

January 2019 Holidays

We had a very busy January holidays hosting lots of activities around the district. We ran 4 movie nights, a family fun day, 2 afternoons at the MB pool and Silent Disco's. Over the 4 weeks we had over 1000 people attend our events with lots of positive comments and great feedback.



TERM 2

2nd May

9th May

16th May

23rd May

30th May

6th June

13th June

20th June

27th June

4th July

parent Child
Mother Goose
AND Our Time
THURSDAY'S
9:30-11:30AM
**@ Tailem Bend
Community Centre**



Tailem Bend Community Centre

141 Railway Terrace, Tailem Bend SA 5260

P 08 8572 3513 **E** c4c@tbcc.org.au **W** www.tbcc.org.au



communities
for children
Murraylands

facilitated by
ac.care

Opportunities for life - for real people

2019 Term 2 Timetable 29 April - 5 July

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Monday –Friday 9am–4:30pm Tel: 8572 3513 Email: info@tbcc.org.au</p>	Computer	Sewing Class	Our Time	Grow Free
	Need help with accessing the internet or an iPad call TBCC to make a free one on one appointment	Join this group to work on individual sewing projects 9am to 12 noon Cost: \$5.50/\$11.00	Interaction with children under 5 years * Parent, Child, Mother Goose 9.30am to 11.30am Cost: FREE	Share surplus garden produce in the grow free cart out the front of TBCC.
Neighbourhood Watch	Woodturning	Woodwork	Community Garden	Tai Chi
Meets on the second Monday of each month at TBCC. Information sessions, raffles, social support. Contact 0417 840 473 7:30pm start	Choose your own project create with support from Jack 10am — 3pm Half day \$5.50/\$11.00 Full day \$11/\$22	Choose your own project and create with support from Graham 9am — 3pm Half day \$5.50/\$11.00 Full day \$11/\$22	We would love a monthly garden group at TBCC which would incorporate the Grow Free produce sharing initiative, please let us know if your interested	Tai Chi, Chi Kung and Lohan 9.30am to 10.30am Cost: \$1.10
Venue hire	Social Craft Circle	Art Class	Glass n Art	Computer class
TBCC hires our spaces, and resources to community groups such as projector screens, urns and plastic tables. Call us to find out more	Join this friendly group. Work on your own craft and share ideas. 1pm — 3pm \$1:10/class	Join this group to share skills and learn from likeminded people 1—4pm Cost: \$1.10	Make a mosaic, glass or leadlight project of your choice with Rhonda. 1pm — 4:30pm Cost: \$5:50pm	Assistance with all things Computing. Bring your own lap top or use a Centre PC 10am — 12noon Cost: \$5.50
Tailem Bend Progress Association	BINGO	Golden Go Getters	Volunteers needed	Glass Fusing
7pm Wednesday bimonthly Contact Peter Connolly 0423 312 916 Parade Committee 7pm third Monday of each month Call Maxine 0439 387 750	7 May 4 June 2 July 10:30am—12pm	Help strengthen your muscles in a safe/ supported environment Town Hall Function Room Wednesday's 10.30am—11.30am \$5.50/class	Would you like to help at TBCC? We need help with various item please call us	Expressions of interest called for term2; day, night or weekend classes.
Probus	Meditation group	Gentle Yoga	C4C Activities	Our Goldies
Meet on the 3rd Monday of each Month 10am — 12noon Cost: gold coin	Join Bec Bell 0435 571 054 7pm—8pm Cost: FREE	Wednesday's 1—2.15pm 1-29 May trial period Min 5 participants Cost \$16 per class	*For details about C4C activities offered for Children 0-12 years please call Chelsea 8572 3513	Friday's monthly 12 noon May 17 June 8 Boat trip July 26 August 23
Evening Yoga	Got a class in mind	Photography	Bus hire	MMCPN
Improve your flexibility and tranquility with instructor Please bring a blanket, water and your own mat if you have one. Call Monica 0488 133 625	Give us a call and we will register an expression of interest once 5 people register we can arrange the class EASY!!	Tuition with Doug 0400 794 927 on the third Wednesday of each month. 7pm at TBCC Cost: \$1.10	For details about the community bus hire visit our web site https://www.tbcc.org.au/pages/for-hire/tbcc-bus/tbcc-bus-hire-booking-	

Please note classes run during school terms only, no classes during school holidays

* **Communities for Children (C4C)** is facilitated by ac.care and funded by the Australian Government

Please help us share what's happening at TBCC

MURRAY MALLEE COMMUNITY PASSENGER NETWORK (MMCPN)

We welcome Sharon Clark and Dani Warbout to the MMCPN team.

launching on 1 January 2019. We've hit the ground running with a very busy start to the year. The good news for regular users of the Medical Bus and CPN, there is minimal change to the service. For new clients, details about your eligibility can be found online or by contacting our office.

This invaluable service wouldn't be the same without the generous commitment of our volunteer drivers. Expressions of interest are now being sought for Volunteer Drivers to join the MMCPN team.

Interested?

Contact us to find out more.



For more information about our transport services visit:

www.murraymalleeecpn.org.au

Enquiries and bookings can be made by contacting the MMCPN team on 8572 3513

SAMSUNG TABLET COURSE

May 8 to June 5

Have a Samsung tablet and want to learn to use it better?

TBCC is running a 5 week course. For beginners and seasoned users.

Beginning on the 8th May until the 5th of June. Wednesdays at 1pm to 2pm in the meeting room. Cost is \$5:50 per class. Your own device is essential.

Any inquiries, please ring TBCC on 85 723 513.



Windows 10 a nightmare for you? Want to learn how to make sense out of the latest Windows operating system?

TBCC is looking to run an evening class for 5 weeks on a Tuesday evening at 7pm-8pm. \$5:50/class.

*Minimum 5 participants to proceed.



TBCC is offering a bus to the farm fair on Friday (limited seats) cost \$30 pp (\$25 CHSP) includes entry to the fair.

Bus will depart TBCC at 10am and leave the fair at 3pm. Please call to book your seat. Minimum numbers required.

Limited Seats



Bus ~ Lunch ~

26 April bookings essential



Medieval Fair

Join TBCC for a leisurely day at the Gumeracha Medieval Fair Saturday 4th May. Entertainers, re-enactments, food merchants. Expressions of interest please call TBCC

Cost: TBA dependant on numbers attending.



Come join us on Saturday 8 June for a river cruise on the PS Marion including lunch at the Pretoria Hotel. Non CHSP \$65 — CHSP \$55

Expressions of interest are sought for a proposed 5 week afternoon session of "Gentle Beginner Yoga"

STAFF:

CEO:	Tammy Shepherd	Monday - Friday
CHSP Officer:	Denise McLoughlin	Monday - Friday
C4C Officer:	Chelsea Coombe	Monday - Friday
MMCPN CO:	Sharon Clark	Monday - Friday
MMCPN Admin:	Dani Warbout	Wednesday, Friday
Finance Officer	Christine Hartman	Tuesday, Thursday
CSSP Officer:	Stuart Jones	Wednesday

2018/19 Board of Management:

Chairperson: Jack Hunt

Vice Chairperson: Bev Moyes

Treasurer: Trevor Gordon

Secretary: Dani Warbout

Committee: Donna Middleton, Lorraine Cresp, Tash Loveday, Rhonda Coleman, Glenn Power

