

Newsletter February 2018

Inside this edition

Term 1 Timetable

CHSP Bus Trips

The Wizard of Oz

and more



Programs are Supported by:

- Commonwealth Home Support Programme (CHSP)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department for Communities and Social Inclusion (DCSI)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council (CDC)



Winter Magic ice skating in the Taleim Bend Town Hall 7-21 January 2018. WE DID IT!! Huge congratulations to Denise McLoughlin for the idea and being brave enough to do it, supported by Chelsea Coombe who also volunteering many hours. Massive thank you to Brian Mitchell and Mike Bristow for donating their electrical knowledge to modify the hall to accommodate it!. Thanks to Coorong Council for providing the Town Hall. We hosted two C4C free sessions; over 50 children and their families attending. Disco lights, music, Anna, Elsa & Olaf visits and snow fights, made lots of fun and a great two nights for everyone. **C4C is facilitated by ac.care Communities for Children Murraylands and funded by the Department of Social Services.*

TBCC hopes to host ice-skating in the hall again in January 2019 to coincide with the 25th Australian Jamboree.

Bus Hire available \$80 per day plus fuel for travel. Bookings essential please call 08 8572 3513 .

12 seats including driver, standard vehicle licence required for hire.

Visit our website for more details
www.tbcc.org.au

Phone: 8572 3513
www.tbcc.org.au info@tbcc.org.au
141 Railway Terrace, Taleim Bend SA 5260



Rhonda Shillabeer is back Glass n Art leadlight/ mosaic and more. Thursday's 1-4pm



New woodwork tutor Graham Nancarrow is a qualified builder, cabinet maker and furniture restorer. Join him Thursday mornings 9am—12noon.

*Classes cost \$5.50 CHSP (65 yrs + or DSP card) or \$11.00 non CHSP



DON'T MISS meet the animals in February 2018 at TBCC. Details on page 2, **FREE** activity bookings essential.



Communities for Children Murraylands

Parent Child Mother Goose/Our Time

Tailem Bend Community Centre

Thursday's 9:30-11:30am

Term 1 Program 2018

Children and their families 0-5

1 Feb	Lets be Robots
8 Feb	Water World
15 Feb	Go Green for Gardening
22 Feb	Frame It
1 March	All Around the World
8 March	Face Painting
15 March	Play Time Symphony
22 March	Picnic at the Park
29 March	Easter Surprise
5 April	Free Choice

Meet the animals!



@ Tailem Bend Community Centre

BATS-Tuesday 13th Feb 6:30-8:30pm—Sausage sizzle included

FROGS-20th Feb, **FISH**-27th Feb, **REPTILES**-6th Mar, **BIRDS**-13th Mar
4:30-5:30pm

Includes Guest speakers each session.



Tailem Bend Community Centre 141 Railway Terrace (Po Box 203),

Tailem Bend SA 5260

P 08 8572 3513 **E** c4c@tbcc.org.au **W** www.tbcc.org.au



Bus trips

Hahndorf Three Gums Bistro



Choose one of the following

Chicken breast schnitzel

Beef sirloin

Roasted Vegetarian Pepper

Barramundi (small serve)

Join us Friday 16 March 2018 for a trip to historic Hahndorf

Cost \$40.00 includes return bus trip and lunch at Three Gums Bistro
Bus leaves TBCC at 9.30am
returning 2.30pm

Bookings and payment essential by Friday 16 February 2018



CHSP Bus trip

The World's Favourite Musical Returns To Australia. This is an enchanting revision of the all time classic. It contains the beloved songs from the Oscar winning movie score. Follow the yellow brick road with us.

Wednesday 18th April 2018

9:30am - 5:00pm

\$110 per person

Saving of \$30

The price includes: Bus trip from Tailem Bend to Adelaide and return. Admission to the Wizard of Oz and Lunch

Menu Choice of: Beer battered fish, roast of the day, or chicken/beef schnitzel

**Bookings and payment essential
by Friday 16 March 2018**



Programs supported by the Department of Health Commonwealth Home Support Program (CHSP)

2018 Term 1 Timetable 30 Jan - 13 April

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Tuesday—Friday 9am—4:30pm Tel: 8572 3513</p>	<p>Be connected IT</p> <p>Need help with accessing the internet or an iPad call TBCC to make a free one on one appointment</p>	<p>Sewing Class</p> <p>Join this group to work on individual sewing projects</p> <p>9am to 12 noon Cost: \$5.50/\$11.00</p>	<p>Our Time</p> <p>Interaction with children under 5 years * Parent, Child, Mother Goose</p> <p>9.30am to 11.30am Cost: FREE</p>	<p>Woodturning</p> <p>Untutored social class sharing the art of woodturning</p> <p>9am to 3pm Cost: \$5.50/\$11.00</p>
<p>Neighbourhood Watch</p> <p>Meets on the second Monday of each month at TBCC. Information sessions, raffles, social support.</p> <p>Contact 0417 840 473</p>	<p>Woodturning</p> <p>Woodturning Choose your own project create with support from Jack</p> <p>9am — 3pm Cost: \$5.50/\$11.00</p>	<p>Computer Class</p> <p>Need assistance with all things Computing? Bring your own lap top or use a Centre PC</p> <p>10am — 12noon Cost: \$5.50</p>	<p>Woodwork</p> <p>Join Graham to create a wood project of your choice</p> <p>9am — 12noon Cost: \$5.50/\$11.00</p>	<p>Tai Chi</p> <p>Tai Chi, Chi Kung and Lohan commencing</p> <p>9.30am to 10.30am Cost: \$1.10</p>
<p>Golden Go Getters</p> <p>Help strengthen your muscles in a safe/supported Environment Town Hall Function Room Wednesday's 10.30am—11.30am \$5.50/class</p>	<p>Social Craft Circle</p> <p>Join this friendly group. Work on your own craft and share ideas.</p> <p>1pm — 3pm \$1:10/class</p>	<p>Art Class</p> <p>Social Art Group Join this group to share skills and learn from likeminded people</p> <p>10am—1pm Cost: \$1.10</p>	<p>Glass n Art</p> <p>Rhonda's Back!!! Make a mosaic, glass or leadlight project of your choice in a creative environment with like-minded people 1pm — 4pm Cost: \$5.50/\$11.00</p>	<p>Grow Free</p> <p>Share surplus garden produce in the grow free cart out the front of TBCC.</p>
<p>Tailem Bend Progress Association</p> <p>7pm Wednesday every 3rd month Call Beryl 85723507 PARADE COMMITTEE 7pm third Tuesday of each month Call Jules 0447 093 684</p>	<p>Training</p> <p>TBCC offers lots of training opportunities Please call us for details 8572 3513</p>	<p>Social Support</p> <p>If your above the age of 65 and need support please call Denise 8572 3513</p>	<p>Volunteers needed</p> <p>Would you like to help at TBCC? We need help with office admin and data entry if interested please call us</p>	<p>Our Goldies Lunch</p> <p>Friday's monthly 12 noon Cost \$10 23 Feb 16 March (Hahndorf) 27 April</p>
<p>Probus</p> <p>Meet on the 3rd Monday of each Month</p> <p>10am — 12noon Cost: gold coin</p>	<p>Venue Resources</p> <p>TBCC hires our spaces, and resources to community groups such as projector screens, urns and plastic tables. Call us to find out more</p>	<p>Decorative Art</p> <p>Decorative Art is a social group sharing skills and knowledge of folk art and more</p> <p>1pm — 4pm Cost: \$1.10</p>	<p>C4C Activities</p> <p>*For details about C4C activities offered for Children 0-12 years please call Chelsea 8572 3513</p>	<p>Creative Writing</p> <p>Learn techniques that keep your writing interesting. Work on your own projects and enjoy some fun writing activities.</p> <p>1:30pm — 3:30pm Cost: FREE</p>
<p>Evening Yoga</p> <p>Improve your flexibility and tranquillity with instructor Monica Martin. Please bring a blanket, water and your own mat if you have one. Call Monica 0488 133 625</p> <p>6:30pm — 8pm</p>	<p>Got a class in mind</p> <p>Give us a call and we will register an expression of interest once 5 people register we can arrange the class EASY!!</p>	<p>Karate</p> <p>Adults and Children Wednesday nights Contact Adam Deane mobile 0435 149 814</p> <p>5.30—9.00pm</p>	<p>Photography Group</p> <p>Tuition with Glenn Power on the first Wednesday of each month. 7pm at TBCC Photo taking field trips to local venues on second Sunday each month at 10am. Cost: \$1.10</p>	<p>Archery</p> <p>Archery for all ages. Bookings essential. Contact Len: 0417 821720</p> <p>Sundays: 9.30am—12.30 Cost: FREE</p>

* **Communities for Children (C4C)** is facilitated by ac.care and funded by the Australian Government
Commonwealth Home Support Program (CHSP) is funded by the Australian Government Department of Health

Please help us share what's happening at TBCC



Our Goldies Lunches

12 noon Friday's monthly

23 February, 16 March, 27 April 2018

Cost is \$10 for CHSP eligible participants — aged 65 years and above (50 for ATSI) or under 65 with a disability bookings essential please call 8572 3513.

Changing the Cycle Bike project

Tailem info Station decided the bike's were too much to manage so they are returning home to TBCC. FREE community hire available Tuesday—Friday 9am—4.30pm.



X Box gaming supervisor

Want to earn some cash?

Are you a young person that plays X Box? Would you like to get paid to supervise school holiday group gaming sessions? Please email your details to co@tbcc.org.au



Commonwealth Home Support Packages (CHSP)



Australian Government Department of Health

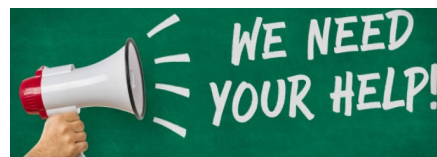


Government of South Australia Department for Communities and Social Inclusion

Home and Community Care (HACC)

HELP!

TBCC offers a whole range of low and no cost activities and events for people of all ages. We constantly get feedback that people didn't know about services offered. We believe we market our services well, using 15 various media options such as: newsletters, website, radio, email through private and School networks, social media, digital sign, posters in the community, Murray Valley Standard to name a few. With all these forms of marketing it's still not getting the word out there. This is where....



Word of mouth is always the best form of getting information out there. Our surveys from programs are always great so please if you have attended a program run by TBCC please share your experience. If you see marketing material please tell everyone you know.

The more people know the better it is for the whole Murraylands

community. TBCC is delivering C4C activities and events to 30,000 square kms, including the Coorong, Rural City of Murray Bridge and Callington. The more these programs are supported the more the Department of Social Services identify increased community need and in turn continue/increase funding programs. On the flip side if you don't use the programs you will lose it!

USE IT *or* LOSE IT!

Look out for our C4C April School holidays coming out in March to be added to our email mailing list and be the first to know email c4c@tbcc.org.au



Transport to Karoonda Farm fair 6th & 7th April 2018

Would you like to catch the TBCC mini bus to the Farm Fair? The cost will be \$15pp return. Please call 8572 3513 to register your interest. Minimum of 10 people required to proceed.

Staff

Coordinator:	Tammy Shepherd	Monday - Friday
CHSP Officer:	Denise McLoughlin	Tues, Wed, Friday
C4C Officer:	Chelsea Coombe	Tuesday - Friday

2017/18 Board of Management:

Chairperson:	Jack Hunt
Vice Chairperson:	Bev Moyes
Treasurer:	Trevor Gordon
Secretary:	Dani Warbout
Committee:	Donna Middleton, Margo Wood, Linda McDougall, Len March, Glenn Power

