

Newsletter
December &
January 2018



We got the MMCPN
tender!!



**The TBCC, MMCPN, Board
of Management, Staff
and Volunteer's
Wish you All..
HAPPY
HOLIDAYS
Stay Safe**



Programs are Supported by:

- Commonwealth Home Support Programme (CHSP)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department of Human Services (DHS)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council (CDC)

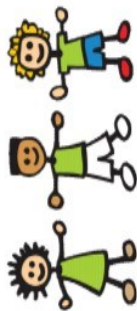


Phone: 8572 3513
www.tbcc.org.au info@tbcc.org.au
141 Railway Terrace, Tailem Bend SA 5260



What's on in
2019

Communities for Children Murraylands



STAY COOL AT THE POOL!

MONDAY 14th JANUARY

Murray Bridge Swimming Pool

1pm-3pm

FREE for children aged 2-12
years and their families from
the Coorong.

Parent Supervision is **REQUIRED**

BOOKINGS ARE ESSENTIAL

Families must **BOOK** for ALL attendees
including **ADULTS**.

CALL 85 723 513

Thankyou for
supporting our
C4C activities
throughout 2018.
Wishing you all a
very Merry
Christmas and a
Happy New Year!

TERM 1

7th Feb

14th Feb

21st Feb

28th Feb

7th Mar

14th Mar

21st Mar

28th Mar

4th April

11th April

parent Child
Mother Goose
and Our Time

Thursday's
9:30-11:30am
@ Tailem Bend
Community Centre

Parents and carers of pre-
school age children and their
little ones are invited to a
session of singing, rhymes and
stories. Parent Child Mother
Goose nurtures positive
interactions and strengthens
attachment between the
parent/carer and child.

TERM 1—AFTER SCHOOL

CLAY CREATIONS

Tailem Bend Community Centre
TUESDAY's 3:30-4:30pm

5th FEBRUARY

12th FEBRUARY

19th FEBRUARY

26th FEBRUARY

5th MARCH

All activities are
FREE for Children
aged 5-12 years and
their families from
the Coorong.

BOOK NOW
85 723 513



communities
for children
Murraylands

facilitated by
ac.care
Investment in the life - for real people.



Tailem Bend Community Centre

141 Railway Terrace, Tailem Bend SA 5260

P 08 8572 3513 E c4c@tbcc.org.au W www.tbcc.org.au

2019 Term 1 Timetable 29 Jan - 12 April

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Monday —Friday 9am—4:30pm Tel: 8572 3513</p>	Computer	Sewing Class	Our Time	Grow Free
	Need help with accessing the internet or an iPad call TBCC to make a free one on one appointment	Join this group to work on individual sewing projects 9am to 12 noon Cost: \$5.50/\$11.00	Interaction with children under 5 years * Parent, Child, Mother Goose 9.30am to 11.30am Cost: FREE	Share surplus garden produce in the grow free cart out the front of TBCC.
Neighbourhood Watch	Woodturning	Woodwork	Community Garden	Tai Chi
Meets on the second Monday of each month at TBCC. Information sessions, raffles, social support. Contact 0417 840 473	Woodturning Choose your own project create with support from Jack 9am — 3pm Half day \$5.50/\$11.00 Full day \$11/\$22	Choose your own project and create with support from Graham 9am — 3pm Half day \$5.50/\$11.00 Full day \$11/\$22	We would love a monthly garden group at TBCC which would incorporate the Grow Free produce sharing initiative, please let us know if your interested	Tai Chi, Chi Kung and Lohan 9.30am to 10.30am
Venue hire	Social Craft Circle	Art Class	Glass n Art	Computer class
TBCC hires our spaces, and resources to community groups such as projector screens, ums and plastic tables. Call us to find out more	Join this friendly group. Work on your own craft and share ideas. 1pm — 3pm \$1:10/class	Social Art Group Join this group to share skills and learn from likeminded people 1—4pm Cost: \$1.10	Un-tutored social group Make a mosaic, glass or leadlight project of your choice 1pm — 3pm Cost: \$1.10	Need assistance with all things Computing? Bring your own lap top or use a Centre PC 10am — 12noon Cost: \$5.50
Tailem Bend Progress Association	BINGO	Golden Go Getters	Volunteers needed	Glass Fusing
7pm Wed every bimonthly Contact Peter Connolly 0423 312 916	19 Feb 17 March April no Bingo 7 May 10:30am—12pm Please call us for details 8572 3513	Help strengthen your muscles in a safe/supported Environment Town Hall Function Room Wednesday's 10.30am—11.30am \$5.50/class	Would you like to help at TBCC? We need help with various item please call us	No Glass fusing term one . Classes return May 2019
Probus	Meditation group	Parade/ photography	C4C Activities	Our Goldies
Meet on the 3rd Monday of each Month 10am — 12noon Cost: gold coin	Join Bec Bell 0435 571 054 For a social meditation group 7pm—8pm Cost: FREE	7pm third Monday of each month Call Maxine 0439 387 750 Tuition with Doug Stillgoe 0400 794 927 on the third Wednesday of each month. 7pm at TBCC Cost: \$1.10	*For details about C4C activities offered for Children 0-12 years please call Chelsea 8572 3513	Friday's monthly 12 noon Cost \$10 13 Feb MB Races 29 March 17 May
Evening Yoga	Got a class in mind	Karate	Bus hire	MMCPN
Improve your flexibility and tranquility with instructor Monica Martin. Please bring a blanket, water and your own mat if you have one. Call Monica 0488 133 625 6:30pm — 8pm	Give us a call and we will register an expression of interest once 5 people register we can arrange the class EASY!!	Adults and Children Wednesday nights Contact Daniel Hart Ben White call mobile 0409 581 044 6.30—9.00pm	For details about the community bus hire visit our web site https://www.tbcc.org.au/pages/for-hire/tbcc-bus/tbcc-bus-hire-booking-	

Please note classes run during school terms only, no classes during school holidays

* Communities for Children (C4C) is facilitated by ac.care and funded by the Australian Government
Commonwealth Home Support Program (CHSP) is funded by the Australian Government Department of Health



TRANSPORT SERVICES

For people aged 65 years and over (50 years for Aboriginal or Torres Strait Islander) or people living with a disability or transport disadvantaged with a mobility constraint that limits their ability to access general public transport services operating in the region.



MY AGED CARE (MAC)

is the entry point to access Aged Care Services
Ph: 1800 200 422



NATIONAL DISABILITY INSURANCE SCHEME (NDIS)

is the entry point to access Disability Services
Ph: 1800 800 110

MEDICAL SERVICE BUS

Air-conditioned and wheelchair accessible medical service from Keith to Adelaide operating on weekdays, excluding public holidays.

For eligible people living in the District Council areas of

- Coorong
- Karoonda East Murray
- Mid Murray
- Rural City of Murray Bridge
- Southern Mallee
- Tatiara

Appointment times in Adelaide need to be between 11am & 2pm (finished by 2:30pm).



PRICING (as of 1st January 2019)

Tailem Bend pricing incorporates Tintinara, Coonalpyn, Coomandook, Yumali, Meningie & Wellington East.

KEITH - ADELAIDE	\$36 Return
KEITH - MURRAY BRIDGE	\$21 Return
TAILEM BEND - ADELAIDE	\$30 Return
TAILEM BEND - MT BARKER	\$30 Return
TAILEM BEND - MURRAY BRIDGE	\$15 Return
MURRAY BRIDGE - ADELAIDE	\$25 Return
MURRAY BRIDGE - MT BARKER	\$15 Return
ONE WAY TRANSPORT	Half pricing cost



COMMUNITY PASSENGER NETWORK

Comfortable air-conditioned sedans voluntarily driven weekdays excluding public holidays (weekend emergency travel only).

For eligible people living in the District Council areas of

- Coorong
- Karoonda East Murray
- Southern Mallee



PRICING SCALE (as of 1st January 2019)

0-5 KM	\$8
6-15 KM	\$15
16-50 KM	\$25
51-150 KM	\$40
151-250 KM	\$60
251-450KM	\$80
450-600 KM	\$100
600 KM +	TBA (ON APPLICATION)

OFFICE HOURS

MONDAY - FRIDAY
9:00AM - 4:30PM
(excluding Public Holidays)

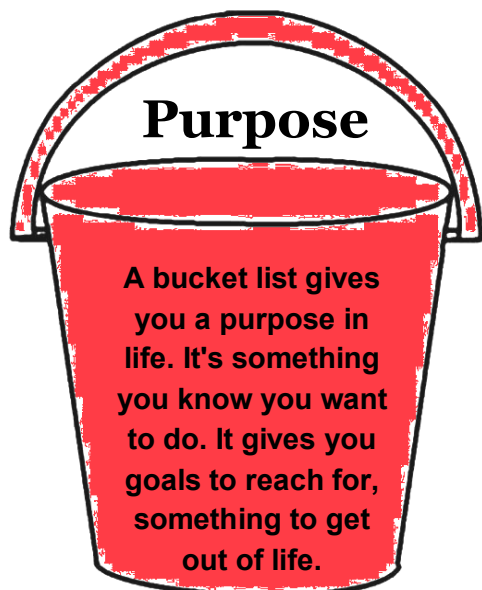
Web: www.mmcpn.org.au
Phone: 08 8572 3513
Email: mmcpn@tbcc.org.au
Visit: Tailem Bend Community Centre
141 Railway Tce, Tailem Bend SA 5260
TBCC NDIS Provider # 4050013121



MURRAY MALLEE
COMMUNITY PASSENGER NETWORK
MEDICAL BUS SERVICE

What's happening in 2019.....with CHSP events

There are TEN reasons why you should have a bucket list, here is number one; keep a look out for the rest in upcoming newsletters...



Here are some bucket list ideas from others;

- Letter from the Queen
- Good Health
- Meet Elvis
- Holiday to Italy
- Ride on the Ghan.

There are so many things we can all wish to do, Keep believing and you can achieve.



Community Project of the

Year Award We are so excited to announce our CHSP bucket list exhibition at the 2018 CHSP/HACC EXPO has won an Australia Day award. Huge congratulations to CHSP Officer Denise McLoughlin for making the stall look amazing!

Melbourne Cup 2018



Another great event held at the Tailm Bend Town Hall where the community came together to celebrate the Melbourne Cup.

The Sweeps were a huge hit and the food was delicious, while you were entertained with the crazy horse race.



Senior Moments

Wednesday 6th February 2019

BUS – LUNCH – SHOW

Cost **CHSP- \$90/Non CHSP \$100**

Limited seats, Bookings essential, Payments by Friday 11th Jan 2019

Bus departs Tailm Bend Community Centre

10:30am and returns at 6pm

Call to book: 8572 3513



Murray Bridge Races

Wednesday 13 February

Join us for the last event at the Murray Bridge Racing Club before they relocate to the new facility. Cost: **CHSP \$33.50**

Non CHSP \$35.00 includes Bus entry to races and lunch. Bookings essential.



Limited seats

Friday 26 April 2019



Cost CHSP \$110 non CHSP \$120

Programs supported by the Department of Health Commonwealth Home Support Program (CHSP)

Please help us share what's happening at TBCC



JUMP INTO JANUARY....

Get ready for a fun and exciting time this summer with Murray River SPLASH. A month long festival of events on the riverfront at Sturt Reserve, Murray Bridge. 1st of Jan—28th of Jan 2019.

Sturt Reserve will come alive playing host to an inflatable water playground slip 'n' dip, outdoor theatre, silent disco and much more. Most activities will be free allowing local families plenty of fun and affordable entertainment throughout the summer with something to suit everyone on offer. Great fun for families and friends of all ages.

TBCC and Communities for Children Murraylands is partnering with the Rural City of Murray Bridge Council hosting numerous events. To keep up to date on all the events taking place,

Visit:

www.murraybridge.sa.gov.au/splash

On the 11th of November at 11am, a large crowd joined together to celebrate 100 years of WW1 with the unveiling of a mosaic at Baker Reserve, Wellington.

Pictured below is Yvonne Przibilla, Dani Warbout and Rhonda Coleman from the Tailm Bend Community Centre, where the magnificent mosaic was made. Hundreds of voluntary hours made this project happen. Specifically Yvonne Przibilla and Jenny Wrightman.



Christmas Lunch

12pm Friday, 7th December 2018

At the Tailm Bend Hotel

\$18 per person, Call TBCC to book—limited seats.

85723513



Murray Mallee

Community Passenger Network

We have been awarded the MMCPN tender and commence service delivery on the 1 January 2019. A MMCPN Coordinator will be employed to administer the program. There are two services linked to the scheme. The first is a volunteer driven passenger service (CPN) and the second is for medical bus bookings. We will be looking for volunteer drivers and companions in the new year.

Driver accreditations are required at no cost to you. If you are interested in getting involved please email mmcpn@tbcc.org.au or call 08 8572 3513 for more information.

SOME PEOPLE WANT IT TO HAPPEN, SOME WISH IT WOULD HAPPEN, OTHERS MAKE IT HAPPEN

TBCC Closure dates

Closed from the 14th of December 2018 re-open on Monday 7th January 2019. School holiday activity bookings must email c4c@tbcc.org.au. We look forward to seeing you all in the New Year.



Commonwealth
Home Support
Packages (CHSP)



Australian Government
Department of Social Services



Government of South Australia
Department of Human Services

Home and Community Care (HACC)

Staff

CEO:	Tammy Shepherd	Monday - Friday
CHSP Officer:	Denise McLoughlin	Monday - Friday
C4C Officer:	Chelsea Coombe	Monday - Friday
MMCPN CO:	TBA	Monday - Friday
MMCPN Admin:	Dani Warbout	Wednesday, Friday
CSSP Officer:	Stuart Jones	Wednesday

2018/19 Board of Management:

Chairperson:	Jack Hunt
Vice Chairperson:	Bev Moyes
Treasurer:	Trevor Gordon
Secretary:	Dani Warbout
Committee:	Donna Middleton, Lorraine Cresp, Tash Loveday, Rhonda Shillabeer, Glenn Power

