

Newsletter August 2018

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Programs are Supported by:

- Commonwealth Home Support Programme (CHSP)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department for Communities and Social Inclusion (DCSI)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council (CDC)



TBCC open night 5.30pm Monday 3 September

FREE sausage sizzle please rsvp for catering purposes

AGM 10.30 am Monday 10th September

141 Railway Terrace, Tailem Bend

Followed by a beautiful morning tea

TBCC is an exciting, proactive organisation making a difference in your community. If you have ever wondered what happens at TBCC, come along and join the meeting. General public are most welcome.

We welcome new board members and encourage you to nominate yourself or others to join our committee.

Six positions are available-Nominations close **19 August 2018**. All nominees will be posted on TBCC Community notice board and on our website.

Call Tammy for more information

Phone: 8572 3513
www.tbcc.org.au info@tbcc.org.au
141 Railway Terrace, Tailem Bend SA 5260



Communities for Children Murraylands

October School Holidays

We'll bring the music, you bring the moves!

Silent Disco

BOOK NOW
85 723 513

Tailem Bend
Town Hall
10th October 2018
1pm-2pm

Meningie Area
School Gym
9th October 2018
1pm-2pm

All activities are FREE for children aged 5-12 years and their families from the coorong.

Parent Child Mother Goose/Our Time

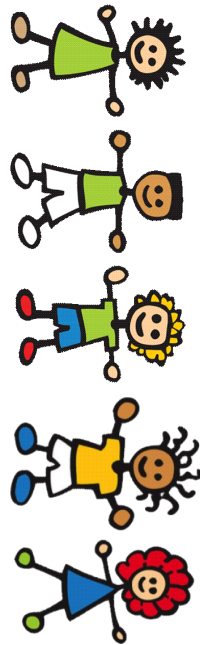
@ Tailem Bend Community Centre

THURSDAY'S **TERM 4 2018**

9:30-11:30am

Parents and carers of pre-school age children and their little ones are invited to come along for an opportunity to cuddle and connect through songs, rhymes and stories.

18th October	Cupcake Day
25th October	World Pasta Day
1st November	Giddy Up-Melbourne Cup
8th November	We will remember them
15th November	Animal mania
22nd November	Join the Circus!
29th November	Marvellous Masks
6th December	Let's get fit!
13th December	End of Year celebration



communities
for children
Murraylands
facilitated by
ac.care
opportunities for life... for real people



Tailem Bend Community Centre 141 Railway Terrace (Po Box 203),
Tailem Bend SA 5260

P 08 8572 3513 **E** c4c@tbcc.org.au **W** www.tbcc.org.au

Anglican Community Care Inc | ABN: 53 440 436 445 | Charity Licence CCP1186
Web: www.accare.org.au | Email: CommunitiesForChildren@accare.org.au
Communities for Children is funded by the Australian Government Department of Social Services

2018 Term 3 Timetable 23 July - 28 Sep

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Tuesday—Friday 9am—4:30pm Tel: 8572 3513</p>	<p>Be connected IT</p> <p>Need help with accessing the internet or an iPad call TBCC to make a free one on one appointment</p>	<p>Sewing Class</p> <p>Join this group to work on individual sewing projects</p> <p>9am to 12 noon Cost: \$5.50/\$11.00</p>	<p>Our Time</p> <p>Interaction with children under 5 years * Parent, Child, Mother Goose</p> <p>9.30am to 11.30am Cost: FREE</p>	<p>Woodturning</p> <p>Untutored social class sharing the art of woodturning</p> <p>9am to 3pm Cost: \$5.50/\$11.00</p>
Neighbourhood Watch	Woodturning	Decorative Art	Woodwork	Tai Chi
<p>Meets on the second Monday of each month at TBCC. Information sessions, raffles, social support.</p> <p>Contact 0417 840 473</p>	<p>Woodturning Choose your own project create with support from Jack</p> <p>9am — 3pm Cost: \$5.50/\$11.00</p>	<p>Decorative Art is a social group sharing skills and knowledge of folk art and more</p> <p>1pm — 4pm Cost: \$1.10</p>	<p>Choose your own project and create with support from Graham</p> <p>9am — 12noon Cost: \$5.50/\$11.00</p>	<p>Tai Chi, Chi Kung and Lohan</p> <p>9.30am to 10.30am Cost: \$1.10</p>
Golden Go Getters	Social Craft Circle	Art Class	Glass n Art	Computer class
<p>Help strengthen your muscles in a safe/supported Environment Town Hall Function Room Wednesday's 10.30am—11.30am \$5.50/class</p>	<p>Join this friendly group. Work on your own craft and share ideas.</p> <p>1pm — 3pm \$1:10/class</p>	<p>Social Art Group Join this group to share skills and learn from likeminded people</p> <p>1—4pm Cost: \$1.10</p>	<p>Make a mosaic, glass or leadlight project of your choice in a creative environment with like-minded people</p> <p>1pm — 4pm Cost: \$5.50/\$11.00</p>	<p>Need assistance with all things Computing? Bring your own lap top or use a Centre PC</p> <p>10am — 12noon Cost: \$5.50</p>
Tailem Bend Progress Association	Training	Glass Slumping	Volunteers needed	Bus hire
<p>7pm Wednesday every 3rd month Call Beryl 85723507 PARADE COMMITTEE 7pm third Monday of each month Call Maxine 0439 387 750</p>	<p>TBCC offers lots of training opportunities Please call us for details 8572 3513</p>	<p>Wednesdays 6.30-8.30pm Leadlight foiling and glass art 11 July—8 August call for details</p>	<p>Would you like to help at TBCC? We need help with office admin and data entry if interested please call us</p>	<p>For details about the community bus hire visit our web site https://www.tbcc.org.au/pages/for-hire/tbcc-bus/tbcc-bus-hire-booking-form.php</p>
Probus	Venue Resources	Photography Group	C4C Activities	Our Goldies
<p>Meet on the 3rd Monday of each Month</p> <p>10am — 12noon Cost: gold coin</p>	<p>TBCC hires our spaces, and resources to community groups such as projector screens, urns and plastic tables. Call us to find out more</p>	<p>Tuition with Doug Stillgoe on the first Wednesday of each month. 7pm at TBCC Photography field trips to local venues on second Sunday each month at 10am. Cost: \$1.10</p>	<p>*For details about C4C activities offered for Children 0-12 years please call Chelsea 8572 3513</p>	<p>Friday's monthly 12 noon Cost \$10 24 August 28 September 6 November Melbourne Cup</p>
Evening Yoga	Got a class in mind	Karate	Grow Free	Archery
<p>Improve your flexibility and tranquility with instructor Monica Martin. Please bring a blanket, water and your own mat if you have one. Call Monica 0488 133 625</p> <p>6:30pm — 8pm</p>	<p>Give us a call and we will register an expression of interest once 5 people register we can arrange the class EASY!!</p>	<p>Adults and Children Wednesday nights Contact Adam Deane mobile 0435 149 814</p> <p>5.30—9.00pm</p>	<p>Share surplus garden produce in the grow free cart out the front of TBCC.</p>	<p>Archery for all ages. Bookings essential. Contact Len: 0417 821720</p> <p>Sundays: 9.30am—12.30 Cost: FREE</p>

* **Communities for Children (C4C)** is facilitated by ac.care and funded by the Australian Government
Commonwealth Home Support Program (CHSP) is funded by the Australian Government Department of Health

Please help us share what's happening at TBCC



MELBOURNE CUP

LUNCH

Garden Party

Dress like you're at the track

12 Noon Tuesday

6 November

\$15.00

BINGO played at TBCC please call Denise for details



Beryl Humphris is our CHSP volunteer that calls over 450 people from all over the Coorong to say hello and chat about things happening in the Coorong Region.



COTA guest speaker

On Friday 29th June we hosted an information session for older drivers, safer vehicles, fitness to drive and assessments. The session was very well received so we will arrange a follow up session later in the year.



CHSP EXPO

Save the Date Friday 5 October

The Engaging in Aging Expo is back in the Tailm Bend Town Hall & Willow Street. Numerous information stands, celebrity guest speakers and much more!

For details about the event please contact Lee Prestwood at Murray Bridge Council Phone:

08 8539 1156

Mamma Mia the Musical!
9:30 Wed 17th October
\$110 CHSP \$120 Non CHSP

Staff

Coordinator:	Tammy Shepherd	Monday - Friday
CHSP Officer:	Denise McLoughlin	Tues, Wed, Friday
C4C Officer:	Chelsea Coombe	Tuesday - Friday
Bus Officer:	Dani Warbout	Wednesday, Friday

2017/18 Board of Management:

Chairperson:	Jack Hunt
Vice Chairperson:	Bev Moyes
Treasurer:	Trevor Gordon
Secretary:	Dani Warbout
Committee:	Donna Middleton, Margo Wood, Linda McDougall, Len March, Glenn Power

Australian Government Aged Care Quality Review

We're very proud to announce that in June we completed our review and passed with 100% compliance Staff and volunteers have worked tirelessly on this over the last 18 months and the outcome is testament to their dedication. Did you know 3118.40 voluntary hours supported us to do what we do in the last financial year. AMAZING!!

FREE digital classes you can do anywhere, anytime

<https://beconnected.esafety.gov.au/>

Be Connected is an Australian wide initiative empowering anyone to thrive in the digital world. Free online training resources can be accessed anytime and completed at your own pace. Topics include using internet safely, making video calls anywhere in the world, setting up email accounts and much more. TBCC is a Be Connected outlet, our volunteers can help you set up an account and if you need assistance, alternatively you can log in and start the training as soon as you like. Suitable for computers, iPads, tablets and mobile phones.



Be Connected
Every Australian online.



Commonwealth Home Support Packages (CHSP)



Government of South Australia
Department for Communities and Social Inclusion

Home and Community Care (HACC)

