

# Newsletter

## July

## 2017

### Inside this edition

C4C School holiday activities

Term 3 Timetable

and more .....



## Care for Coorong Kids and Families continues

As a result of the highly successful C4C (Communities for Children) Murraylands program, the Tailem Bend Community Centre (TBCC) will continue as a Community Partner to deliver programs and activities in the Coorong District, due to successfully obtaining further funding, until June 2019.

The Tailem Bend Community Centre will also be responsible for the delivery of some School Holiday Activities offered under Communities for Children Murraylands in Murray Bridge and Callington.

Children aged 0 - 12 years and their families, who reside in these communities, can continue to benefit by having access to Evidenced Based parenting programs, play groups, school term and holiday activities. These activities are designed to assist with early learning in literacy, numeracy and social skills. They will also provide integrated services for families, particularly vulnerable and disadvantaged families, to improve child wellbeing and development, safety and family functioning.

Communities for Children Murraylands is facilitated by ac.care and funded by the Australian Government Department of Social Services.

The Coordinator of TBCC Mrs Tammy Shepherd, announced the continued partnership in 2017/19 and said 'We're proud of the activities and programs we deliver under the C4C program and are excited to extend our services to provide School Holiday Activities to the Rural City of Murray Bridge (RCMB) region'.

ac.care Communities for Children Murraylands Senior Program Manager Teresa O'Brien said 'our collaborative relationship with the Tailem Bend Community Centre is very successful, together we have achieved so much and we are delighted to continue working in Partnership with TBCC'.

More information about the activities and programs offered under Communities for Children Murraylands in the Coorong District can be found at [www.tbcc.org.au](http://www.tbcc.org.au), <https://www.facebook.com/TBCC87/>

or by contacting the Tammy Shepherd on telephone: 08 8572 3513.

### Programs are Supported by:

- Commonwealth Home Support Programme (CHSP)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department for Communities and Social Inclusion (DCSI)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council (CDC)

Phone: 8572 3513  
[www.tbcc.org.au](http://www.tbcc.org.au) [info@tbcc.org.au](mailto:info@tbcc.org.au)  
141 Railway Terrace, Tailem Bend SA 5260



# 2017 Term 2 Timetable **1 May - 7 July**

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Tuesday—Friday</b> <b>9am—4:30pm</b> <b>Tel: 8572 3513</b></p>	<b>Broadband for Seniors</b>	<b>Sewing Class</b>	<b>Our Time</b>	<b>Woodturning</b>
	One on one support for seniors using the internet <b>Appointment required</b> <b>Cost: FREE</b>	Join this group to work on individual sewing projects <b>9am to 12 noon</b> <b>Cost: \$5.50</b>	Interaction with children under 5 years * Parent, Child, Mother Goose <b>9.30am to 11.30am</b> <b>Cost: FREE</b>	Tailored tutoring in the art of woodturning <b>Fridays men's group</b> <b>9am to 3pm</b> <b>Cost: \$5.50</b>
<b>Neighbourhood Watch</b>	<b>Woodturning</b>	<b>Computer Class</b>	<b>Woodwork</b>	<b>Tai Chi</b>
Meets on the second Monday of each month at TBCC. Information sessions, raffles, social support. <b>Contact 0417 840 473</b>	Woodturning Choose your own project create with support <b>9am — 3pm</b> <b>Cost: \$5.50</b>	Need assistance with all things Computing? Bring your own lap top or use a Centre PC <b>10am — 12noon</b> <b>Cost: \$5.50</b>	Join Ted to create a wood project of your choice <b>9am — 12noon</b> <b>Cost: \$5.50</b>	Tai Chi, Chi Kung and Lohan commencing 1st September <b>9.30am to 10.30am</b> <b>Cost: \$1.10</b>
<b>Golden Go Getters</b>	<b>Social Craft Circle</b>	<b>CHEFS Cooking</b>	<b>Ceramics</b>	<b>Our Goldies Lunch</b>
Help strengthen your muscles in a safe/supported Environment Town Hall Function Room Mondays <b>9:30am — 10:30am</b> Wednesday's <b>10.30am—11.30am</b> <b>\$5.50/class</b>	Join this friendly group. Work on your own craft and share ideas. <b>1pm — 3pm</b> <b>\$1:10/class</b>	Social cooking group <b>Cost: ingredients split between participants</b> <b>\$2 - \$5</b> <b>10am—12 noon</b>	With Doris Connolly. Enjoy this wonderful craft in a friendly relaxed environment. Call 8572 3241 <b>12:30pm — 2:30pm</b>	Friday's monthly 12 noon Cost \$10 July 21 August 25 September 22
<b>Tailem Bend Progress Association</b>	<b>Training</b>	<b>Golden Gamers</b>	<b>Glass n Art</b>	<b>Garden Club</b>
7pm Wednesday every 3rd month Call Beryl 85723507 <b>PARADE COMMITTEE</b> 7pm third Tuesday of each month Call Jules 0447 093 684	TBCC offers lots of training opportunities Please call us for details 8572 3513	Join us for games and company Wednesday Afternoons <b>1pm — 4pm</b> <b>Cost: \$1.10</b>	Make a mosaic, glass or leadlight project of your choice in a creative environment with like-minded people <b>1pm — 4pm</b> <b>Cost: \$1.10</b>	Garden Club meet on the second Friday of each month <b>10am - 11am</b> <b>Cost: FREE</b>
<b>Probus</b>	<b>Book Club</b>	<b>Folk Art</b>	<b>C4C Activities</b>	<b>Creative Writing</b>
Meet on the 3rd Monday of each Month <b>10am — 12noon</b> <b>Cost: gold coin</b>	Are you interested in joining a book club? Call TBCC to register. <b>Day and time to be confirmed.</b>	Folk Art is a social group sharing skills and knowledge of folk art and more <b>1pm — 4pm</b> <b>Cost: \$1.10</b>	*For details about C4C activities offered for Children 0-12 years please call Denise 8572 3513	Learn techniques that keep your writing interesting. Work on your own projects and enjoy some fun writing activities. <b>1:30pm — 3:30pm</b> <b>Cost: FREE</b>
<b>Evening Yoga</b>	<b>Got a class in mind</b>	<b>Walking Group</b>	<b>Photography Group</b>	<b>Archery</b>
Improve your flexibility and tranquility with instructor Monica Martin. Please bring a blanket, water and your own mat if you have one. Call Monica 0488 133 625 <b>6:30pm — 8pm</b>	Give us a call and we will register an expression of interest once 5 people register we can arrange the class <b>EASY!!</b>	Are you interested in joining a walking group? Call TBCC to register. <b>Day &amp; time to be confirmed</b>	Tuition with Glenn Power on the first Wednesday of each month. 7pm at TBCC Photo taking field trips to local venues on second Sunday each month at 10am. <b>Cost: \$1.10</b>	Archery for all ages. Bookings essential. Tailem Bend Primary School Oval <b>Sundays: 9.30am — 12.30</b> <b>Cost: FREE</b> BBQ Lunch \$5.00

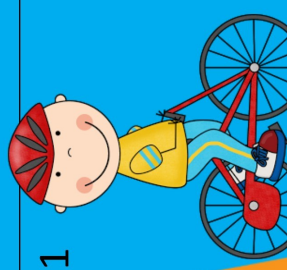
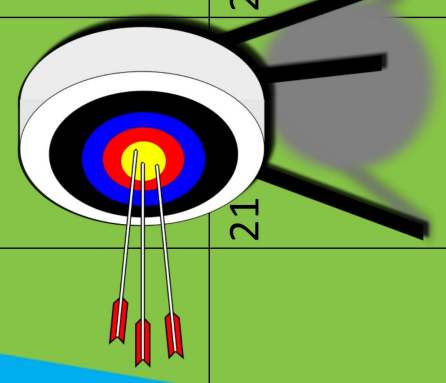
\* **Communities for Children (C4C)** is facilitated by ac.care and funded by the Australian Government  
**Commonwealth Home Support Program (CHSP)** is funded by the Australian Government Department of Health





# what's on! Coorong, Murray Bridge & Callington

## FREE School Holiday Program July 2017

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Sunday
<b>week one</b>	10	11  <b>Bike ride</b>	12 <b>Archery</b> Callington Oval 9.30am – 11am Murray Bridge Soccer Oval 1.30pm – 3pm	13	14 	15, 16
<b>week two</b>	17	18 Taillem Bend Football Oval 1 pm – 2.30 pm	19 <b>Archery</b> Coomandook School Oval 1 pm – 2.30 pm	20	21	22, 23

All activities are FREE for

children aged 0-12 years and their families from the Coorong, Murray Bridge district.

For all bookings or questions, contact



Taillem Bend Community Centre 141 Railway Terrace (Po Box 203), Taillem Bend SA 5260

**P 08 8572 3513**

**E info@tbcc.org.au**

**www.tbcc.org.au**



# TBCC Venue Hire



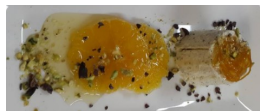
**Did you know the Tailem Bend Community Centre have a number spaces for hire at very reasonable rates**

Function/training, meeting/counselling, computer/training, fully equip industrial kitchen, art & lifestyle shed.

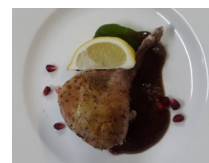
Data projection, smart board, air-conditioned, tea and coffee facilities and much more

Costs and conditions of hire, please visit our website

[www.tbcc.org.au](http://www.tbcc.org.au)



## TAILEM BEND FOOD & WINE CLUB



### Winter Dinner 2017 at TBCC

On Saturday night 3rd June 2017, 40 members and guests of the Tailem Bend Food & Wine Club met at the Tailem Bend Community Centre's dining room to participate in their June dinner of their fifty ninth year.

On entering the elegantly decorated dining room, members and guests were warmly greeted by Assistant Wine Master Glenn Dean, who was ably assisted by his wife Sarah with a glass of Sir James Pinot Noir Chardonnay sparkling wine to sip whilst being tempted by two tables displaying gourmet trays of tantalising, mouth-watering hors d'Oeuvres, created by Assistant Food Mistress Sarah and committee members, consisting of:

Thai Chicken Cakes, Involtini Zucchini, Beef and Asparagus wraps, Pizza Dip on toast, Beetroot, sour cream, pumpernickel bites, Devils on horse back, Pastry Crescents with pesto and sun dried tomato fillings, Pea Fritters with cream cheese and salmon, Kumara Wedges with chicken and chives dip.

President Glen Dorsey welcomed all members and guests, after which he proposed the club toast.

After apologies were read out, Glen gave special welcome to new member Kay Pfeiffer.

With the formalities over, it was time for members to participate in a night of fine dining and wining.

Food Mistress Diane O'Connell was able to engage "Fancy Some Food"

Chef Kathy Stolarski to prepare a menu of epicurean delights for all to enjoy.

Comments from members throughout the evening, left no doubt, that it was one of the finest dinners they had enjoyed, especially as each course is critiqued by different tables. Not one adverse comment was received for the whole evening

Wine Master Roger Wickes {absent} and Assistant Glenn travelled to various wineries in the Adelaide Hills to select wines to compliment each course, which all members agreed they did.

**Soup:** Pumpkin with Green Lip Mussels, consisting of pumpkin, onion, garlic, harrisa, New Zealand mussels, croutons, cream to serve and parsley. With the Amadio Wines, Vino Famiglia 2015, Arnies grape variety. A typical Italian wine style, complimenting the soup with its crispness and lifted citrus aromas, extending the great length of flavour. An exciting combination.

**Entrée:** Stuffed Quail with Date Jus, de boned, with a quail egg wrapped in the breast meat, hummus dates, roasted sesame, fennel, lemon, pomegranate seeds and baby spinach. The Nepenthe, Pinot Noir 2015. A wine, rich in flavours of summer berries, with subtle spice and a herbaceous savoury finish, melding delightfully with each mouthful.

**Main:** Lamb meatballs with Fig, Shallot, and Yogurt served with baked

Couscous and herbs, cinnamon, thyme, coriander, rasel hanout and cayenne pepper. Consumed with the 2014, Bendbrook Cabernet Sauvignon, with its exceptional smooth qualities of ripe plum, black fruits, and silky tannins. This combination raised this meal course, to another level of enjoyment.

**Dessert:** Orange and Pistachio semifreddo, served with candy orange zest, caramel orange and cacao nibs. Melding ever so tastefully with the Amadio, Quartet Blanc a fortified wine made from Viognier, Arneis and Riesling grapes. Elegantly smooth.

A standing ovation was given to Chef Kathy and her dedicated staff, Sarah Chudy, Alice Chudy, Pippa Stolarsky and Jack Stolarsky, for the excellent food presentation and flawless table service.

A magnificent dinner, thoroughly enjoyed by all members and guests culminated with Irish Cream and Tawny Port, Tea & Coffee.



# Coming up next at Tailem Bend Community Centre

## Membership for TBCC

Becoming a member of TBCC costs \$5.50 per year, due in July. Memberships entitles you to 50% off of photocopying, and many other services at TBCC.

Membership also assist us with grant applications, evidencing that the community supports the services offered by TBCC.

If you would like to help us continue to provide events, classes and activities please consider becoming a member in 2017-18.

Please come along to our 30 year celebration open day on Friday 28 July to find out more about memberships and assisting TBCC to support your community.

## Boat

### Licence Course

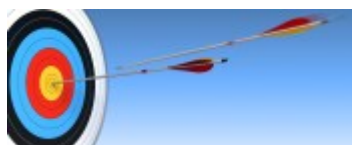


The last course for 2017 is on

**Wednesday 26 July** starting at 6pm cost is \$30. Bookings are essential. We will not host another session until March/April 2018 so if you need your license this summer now is the time to get it.

## Community Garden

Are you a keen gardener? We are looking for new volunteers to help us tend to the community garden. Our Garden Club meets first Friday of the month at 10am-11am. The group share ideas and produce in a friendly environment. Please call the Centre for more information.



## Archery

The Sunday Archery group are doing famously each week and are currently forming a club. If you are interested in joining this free weekly session held at the Tailem Bend Primary School 9.30am—12.30 please call Len March on 0417 821 720.

## Volunteers

We are looking for a volunteer to create our monthly newsletter. If you have knowledge of Publisher we would love to hear from you. Please call the Centre. Training will be provided.

## Tai Chi

New class coming to TBCC in September Tai Chi, Chi Kung and Lohan at the TBCC on Friday mornings from 9.30am to 10.30am commencing 1st September during School Terms cost is \$1.10 per person.

## Fire Warden training

Chief Warden, Evacuation

Extinguisher, Chemical spills

**Friday 11 August 2017**

9am—4.30pm

Cost \$220 including breaks/lunch

Call 8572 3513 to book

## Croquet Club in Tailem Bend

We have received four expressions of interest for a Croquet Club in Tailem Bend. If we receive a couple more the club would be viable. Do you know someone that may be interested in joining if for social Croquet against the Meningie Club please call Corinda Thompson home 8575 6043 mobile 0405 469 107 to discuss opportunities.



Commonwealth  
Home Support  
Packages (CHSP)



Government of South Australia  
Department of Planning,  
Transport and Infrastructure



Government of South Australia  
Department for Communities  
and Social Inclusion

## Staff

<b>Coordinator:</b>	Tammy Shepherd	Monday - Friday
<b>CHSP Officer:</b>	Deb Taylor	Tues, Wed, Friday
<b>C4C Officer:</b>	Denise McLoughlin	Tuesday - Friday
<b>Finance Officer:</b>	Chris Hartmann	Thursday

## 2016/17 Board of Management:

<b>Chairperson:</b>	Jack Hunt
<b>Vice Chairperson:</b>	Lorraine Cresp
<b>Treasurer:</b>	Trevor Gordon
<b>Secretary:</b>	Rhonda Shillabeer
<b>Committee:</b>	Bev Moyes, Donna Middleton, Rosemary Symonds, Margo Wood, Linda McDougall