



## Celebrating Volunteers

Volunteers are a hugely important part of our community and we couldn't do what we do without them! National Volunteer week from the 9th-15th of May recognises the often forgotten hard work of these wonderful people, and the volunteers of TBCC invite you to celebrate the life of one wonderful volunteer in particular at a big afternoon tea on the 30th of May.

All the details about the afternoon tea honouring Claudine Venables are in the flyer to the left, be sure to wear w/ pink and join us for all sorts of delicious goodies!

Coorong District Council will also be hosting a volunteers' recognition event, happening at the Meningie Bowling Club on the 13th of May from 11.30am til 2pm

### Programs are Supported By

- Commonwealth Home Support Programme (CHSP)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department for Communities and Social Inclusion (DCSI)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council (CDC)
- Obesity Prevention and Lifestyle program (OPAL),





*You are invited  
to a fundraiser for cancer research*

## A Big Afternoon Tea

**2.30pm Monday 30th May**

*Tailem Bend Community Centre*

In memory of Claudine Venables & anyone who has been touched by cancer.  
Claudine was one of our own here in Tailem Bend and was a tireless volunteer at the Community Centre.  
Games & Raffle will be held.

*Hosted by Tailem Bend Community Centre volunteers*

**Please wear something pink**

We ask you bring a \$5.00 donation (which will go directly towards cancer research)

RSVP to 8572 3513 by Friday 23rd May







# 2016 Term 2 Timetable 2 May–8 July

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Tuesday—Friday</b> 9am—4.30pm Telephone: 8572 3513 Email: <a href="mailto:info@tbcc.org.au">info@tbcc.org.au</a></p>	<p><b>Exercise Class</b></p> <p>Low impact, perfect for all ages exercise class Fun, friendly, fabulous</p> <p><i>*New Time*</i></p> <p><b>9.00am—10.30am</b> Cost: \$5.50 per class</p>	<p><b>Sewing Class</b></p> <p>This class is for those that are working on or would like to start their individual sewing project while having a chat or seeking advice.</p> <p><b>9am—12noon</b> Cost: \$5.50 per class</p>	<p><b>Our Time</b></p> <p>This group is perfect for carer's to stay for coffee, Bubs &amp; toddlers to interact with other children.</p> <p><b>9.30am—11.30am</b> Cost: Free <i>*C4C</i></p>	<p><b>Woodturning</b></p> <p>Tailored tutoring in the art of wood turning</p> <p><b>Fridays men's group</b></p> <p><b>9am—3pm</b> Cost: \$5.50</p>
<p><b>Neighborhood Watch</b></p> <p>Meets on the second Monday of each month at TBCC Information sessions, raffles, social support Contact 0417 840 473</p> <p><b>7.30pm start</b></p>	<p><b>Coorong Connections Network (CCN)</b></p> <p>For young people aged 13-25 years Monthly meetings, field trips &amp; events <i>Make a difference!</i></p> <p>Call 85723513 to join</p>	<p><b>Art Classes</b></p> <p>9am—12noon Cost: \$1.10 per class</p> <p><b>Folk Art Class</b> 1pm—4pm Cost: \$5.50 per class</p>	<p><b>Coonalpyn Adults Yoga</b></p> <p>Thursday afternoons 5 week trial 5 May—2 June 2.00pm - 3.30pm Coonalpyn Hall</p> <p><b>All welcome</b> <b>Beginners and advanced</b> Cost: \$5.50/session</p>	<p><b>Computer Tuition</b></p> <p>Need assistance with any computing program including windows 8, 10 and more</p> <p><b>10am—12 noon</b> Cost: \$5.50 per class</p>
<p><b>Heart Moves</b></p> <p>Help strengthen your muscles, whether you are an advanced or beginning participant!</p> <p><b>Mondays</b> 10.30 am—11.30am Town Hall Function Room Cost: \$5.50</p>	<p><b>Social Craft Circle</b></p> <p>Join this friendly group work on your own craft share ideas</p> <p><b>1pm—3pm</b> Cost: \$1.10 per class</p>	<p><b>Tuning into Kids Coonalpyn</b></p> <p>A six session parenting program for parents with children aged 2-6 commencing 11th May Held at Coonalpyn Community Hub <i>*C4C</i></p> <p><b>6pm— 8pm</b> Cost Free</p>	<p><b>Leadlight/ Mosaic Class</b></p> <p>Make a project of your choice in a creative environment</p> <p>Starting week 2</p> <p><b>1pm—4pm</b> Cost: \$5.50 per class</p>	<p><b>Archery for Kids</b></p> <p>Kids can get outdoor and learn the art of archery with Len. Only 6 spots Tailem Bend Oval May 20– June 24</p> <p><b>4pm-5pm</b> Cost Free <i>*CFC</i></p>
<p><b>Neighborhood Watch</b></p> <p>Meets on the second Monday of each month at TBCC Information sessions, raffles, social support Contact 0417 840 473</p> <p><b>7.30pm start</b></p>	<p><b>Upcoming classes</b></p> <p><u>Boat License</u> May 11th 6pm Cost: \$30 per adult</p> <p><u>Register your interest for</u> First Aid Glass Fusing</p>	<p><b>Photography Group</b></p> <p>Tuition with Glenn Power First Wednesday of each month 7pm at TBCC</p> <p>Photo-taking field trips to local venues- Second Sunday each month 10am</p> <p><b>Cost: Free</b></p>	<p><b>Ceramics</b></p> <p>With Doris Connolly, enjoy this wonderful craft in a friendly relaxed environment Call (08) 8572 3241</p> <p><b>12.30—2.30pm</b> Cost: \$5.50</p>	<p><b>Golden Oldies Luncheons</b></p> <p>May 20th June 17th July 15th</p> <p><b>12noon</b> Cost: \$10.00</p>
<p><b>Broadband for Seniors</b></p> <p>Free one hour Broadband for seniors one on one computer tuition available by appointment.</p> <p>Please book in advance</p> <p><b>Cost: Free</b></p>	<p><b>Meningie Tai Chi</b></p> <p>With Don or Sandy at the Meningie RSL Hall on Tuesdays</p> <p><b>3.30 - 4.30pm</b> Cost \$5.50 Per class</p>	<p><b>Kids Cooking (C4C Life skills)</b></p> <p>Learn some healthy cooking skills over three weeks then present a meal to parents and carers in the final week. 4 May—1 June</p> <p><b>4-6pm Ages 9-12</b> Cost: Free</p>	<p><b>Coonalpyn Kids Fitness</b></p> <p><b>Alcoholics Anonymous</b></p> <p>Confidential support network for more information call 0427 313 537</p> <p><b>7pm—8.30pm</b> Cost: Donation</p>	<p><b>IPAD classes</b></p> <p>Give the iPads a go in this relaxed session. Cost: \$5.50 per class</p>
<p><b>Evening Yoga</b></p> <p>Improve your flexibility and tranquility with instructor Monica Martin Please bring a blanket and water, your own mat if you have one.</p> <p><b>6.30pm-8pm</b> Cost: \$80 for 5 weeks</p>	<p><b>Kids Boxing for fitness</b></p> <p>Learn a new skill and keep fit with Neil from Pump Fitness. Tailem Bend Town Hall May 3– May 31 For kids 6-12 <i>*CFC</i></p> <p><b>4pm - 5pm</b> Cost: Free</p>	<p><b>Garden club</b></p> <p>1st Wednesday every month at the community garden. Bring your questions, your tips and your green thumbs.</p> <p><b>10am—12noon</b> Cost: Free</p>	<p><b>Alcoholics Anonymous</b></p> <p>Confidential support network for more information call 0427 313 537</p> <p><b>7pm—8.30pm</b> Cost: Donation</p>	<p><b>Card Making</b></p> <p>Join a relaxed class to craft and create beautiful cards and papercraft projects All welcome– beginners and serious crafters</p> <p><b>2pm-3pm</b> Cost: \$10.00 per session</p>
		<p><b>Meningie Fit for life</b></p> <p>5 week trial Wednesday's (4 May—1 June 2016)</p> <p><b>11am –12noon at the Meningie RSL</b> Cost \$5.50 per session</p>		<p><b>Rehoboth Christian Community Outreach</b></p> <p>Bible Centred Teaching By Gary &amp; Joanna Paynter for more information call 0428815560 or email <a href="mailto:rehobothccm@gmail.com">rehobothccm@gmail.com</a></p> <p><b>10.30am Sundays at TBCC</b></p>

\* Communities for Children (CFC) is facilitated by ac.care and funded by the Australian Government



# Communities for Children Chatter

We've got an action packed term two ahead of us, with activities happening for children under 12 and their families happening all over the Coorong! Find the list of activities below, and some happy snaps from the holidays and last term.



## Communities for Children Murraylands

What's on in Term 2

### Tailem Bend

#### Boxing

Tuesdays 4pm- 5pm

3 May - 31 May Tailem Bend Town Hall- Seniors Room

#### Archery

Fridays 4pm-5pm

20 May - 24 June Tailem Bend Oval

#### Cooking

Wednesdays 4pm-6pm

4 May - 25 May Tailem Bend Community Centre

#### Our Time

Thursdays 9.30am-11.30am

during school term Tailem Bend Community Centre

### Coonalpyn

#### Tuning Into Kids

Wednesday 6pm- 8pm

11 May - 15 June Coonalpyn Community Hub

#### Boxing

Thursday 4pm-5pm

9 June - 7 July Coonalpyn Town Hall

#### Yoga

Thursday 4pm-5pm

5 May- 2 June Coonalpyn Town Hall

### Meningie

#### Kindergym Open Day

Wednesday 4 May

#### Kids Craft

Wednesdays 4pm-5pm

4 May- 1 June Meningie RSL

### Tintinara

#### Wool Show & Craft Market

Sunday 1 May

#### Disc Golf Launch Day

Sunday 15 May

#### Kids woodworking activity

More details soon

### Tailem Bend Community Centre

141 Railway Terrace Tailem Bend P 08 8572 3513

E c4c@tbcc.org.au www.tbcc.org.au

Contact-



Anglican Community Care Inc | ABN: 53 440 436 445 | Charity Licence CCP1186  
Web: www.accare.org.au | Email: CommunitiesForChildren@accare.org.au  
Communities for Children is funded by the Australian Government Department of Social Services



# Coming up next at Tailem Bend Community Centre

Register your interest today for the following classes, by calling the  
Tailem Bend Community Centre on 8572 3513



## Would you like to learn to make your own cheese?

Cheese Please are coming to the Tailem Bend Community Centre

Did you know that with some normal kitchen equipment you can make cheese?

Wayne Austin from Murray Bridge is a cheesemaker who has worked in cheese factories for over 25 years and is an experienced presenter.

A cheese making day will be held at the Centre for an exclusive price of \$100 per person bookings are essential.

During a **CHEESEMAKER FOR A DAY** course participants will make 2 types of cheese e.g. Feta & Haloumi, Havarti & Colby, Pecorino & Mozzarella which you get to keep.

In groups of two people a 10 litre batch of milk is made into cheese, sound like fun?

A highlight is a cheese tasting session exploring the different history flavours, aromas and textures of at least 5 cheeses.

A great fun experience for a group of friends or as a gift for that special person

**To register your interest call 8572 3513  
or email [info@tbcc.org.au](mailto:info@tbcc.org.au)**



## Basic Level iPad classes

If you are interested in some basic tuition for iPad/iphone please phone or come into the Tailem Bend Community Centre (8.30am to 4.30pm Tuesday to Friday) to register your interest.

Classes on a Friday morning (approx. one hour duration) will commence in Term two if we receive at least six expressions of interest.

Costs will be \$5.50 per class and iPads are available at the centre for those who are considering purchasing one but want to test drive first.

## Boat Licence course

### Glass fusing

### First Aid



communities  
for children

Established in Murray Bridge by

ac.care

Opportunities for life... for most people

Communities for Children is funded by the  
Australian Government Department of Families,  
Housing, Community Services & Indigenous Affairs

Commonwealth  
Home Support  
Programme (CHSP)



Government of South Australia  
Department of Planning,  
Transport and Infrastructure



Government of South Australia  
Department for Communities  
and Social Inclusion

### Staff

<b>Coordinator:</b>	Tammy Shepherd	Tuesday—Friday
<b>HACC Officer:</b>	Eva Haydon	Wednesday—Friday
<b>C4C Officer:</b>	Rebekah Crisp	Tuesday—Friday
<b>Finance Officer:</b>	Chris Hartmann	Thursday

### 2014/15 Board of Management:

<b>Chairperson:</b>	Lorraine Cresp
<b>Vice Chairperson:</b>	Jack Hunt
<b>Treasurer:</b>	Trevor Gordon
<b>Secretary:</b>	Margo Kerr
<b>Committee:</b>	Bev Moyes, Rosemary Symonds, Vicki Roach, Lydia Barnes, Joanna Paynter