



## Busy times out and about the Coorong



Wow have we been busy out and about the Coorong since the start of the year. Its been a pleasure networking with numerous community organisations which are doing amazing things to benefit our region.

Recently we attended the Tintinara Wool show & Craft Market despite windy conditions it was a great day and well attended.

What a pleasure it was to be involved the Meningie Community Auction fundraiser for Doug Greenwood. Its times of need when we're most proud of living in the country. Community spirit in support of Doug was displayed by hundreds of people which we're sure will comfort Doug and his family, stay strong buddy.

Fantastic feedback so far from the programs offered throughout the Coorong, however we are always

looking for new suggestions for programs in your town.

We have 10 grant funded for programs ranging from children 0-12years and their families (C4C) to people 65 years and above and/or with a disability (CHSP)

I urge you to contact us with suggested ideas and encourage community support of programs offered.

We need to evidence to the government departments that services are required in the Coorong Region or they will not continue to provide funding.

For example if programs are not well attended in certain towns they will redirect funding to towns which are using services.

Please contact me if you wish to discuss opportunities in your town, we don't want to see any community miss out on funding.

### Programs are Supported By

- Commonwealth Home Support Programme (CHSP)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department for Communities and Social Inclusion (DCSI)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council (CDC)
- Obesity Prevention and Lifestyle program (OPAL),



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# 2016 Term 2 Timetable 2 May–8 July

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Tuesday—Friday</b> 9am—4.30pm Telephone: 8572 3513 Email: <a href="mailto:info@tbcc.org.au">info@tbcc.org.au</a></p>	<p><b>Exercise Class</b></p> <p>Low impact, perfect for all ages exercise class Fun, friendly, fabulous</p> <p><i>*New Time*</i></p> <p>9.00am—10.00am Cost: \$5.50 per class</p>	<p><b>Sewing Class</b></p> <p>This class is for those that are working on or would like to start their individual sewing project while having a chat or seeking advice.</p> <p>9am—12noon Cost: \$5.50 per class</p>	<p><b>Our Time</b></p> <p>This group is perfect for carer's to get together for coffee, Bubs &amp; toddlers to interact with other children.</p> <p>9.30am—11.30am Cost: Free <i>*C4C</i></p>	<p><b>Woodturning</b></p> <p>Tailored tutoring in the art of wood turning with a tutor to mentor your progress</p> <p><b>Fridays men's group</b></p> <p>9am—3pm Cost: \$5.50</p>
<p><b>Got Ideas for a class?</b></p> <p>Please give us a call we would love to hear any suggestions for classes throughout the whole Coorong region</p>	<p><b>Coorong Connections Network (CCN)</b></p> <p>For young people aged 13-25 years Last meeting in July we are heading Go carting!! <i>Make a difference!</i> Call 85723513 to join</p>	<p><b>Folk Art Class</b></p> <p>Join this friendly social group beginners or advanced</p> <p>1pm—4pm Cost: \$5.50 per class</p>	<p><b>Coonalpyn Adults Yoga</b></p> <p>Thursday afternoons</p> <p>1.45pm - 3.00pm Coonalpyn Hall</p> <p>All welcome Beginners and advanced Cost: \$5.50/session</p>	<p><b>iPad classes</b></p> <p>Give the iPads a go in this relaxed session. Beginners or advanced share your knowledge with the group</p> <p>11am — 12noon Cost: \$5.50 per class</p>
<p><b>Heart Moves</b></p> <p>Help strengthen your muscles, whether you are an advanced or beginning participant!</p> <p><b>Mondays</b> 10.30 am—11.30am Town Hall Function Room Cost: \$5.50</p>	<p><b>Social Craft Circle</b></p> <p>Join this friendly group work on your own craft share ideas or just catch up for coffee and a chat</p> <p>1pm—3pm Cost: \$1.10 per class</p>	<p><b>Tuning into Kids</b></p> <p>A four session parenting program for parents with children aged 2-6 will be held in Tintinara in Term 3 please call TBCC to register your interest in attending 8572 3513 Cost Free</p>	<p><b>Leadlight/ Mosaic Class</b></p> <p>Make a project of your choice in a creative environment</p> <p>1pm—4pm Cost: \$5.50 per class</p>	<p><b>Archery for Kids</b></p> <p>Six sessions with children aged 7-12 years Tailem Bend Oval</p> <p>10am — 12noon Cost Free <i>*CFC</i></p>
<p><b>Neighborhood Watch</b></p> <p>Meets on the second Monday of each month at TBCC Information sessions, raffles, social support Contact 0417 840 473 7.30pm start</p>	<p><b>Woodturning</b></p> <p>Social wood turning join the group to work on individual projects this is a non tutored class</p> <p><b>Fridays men's group</b></p> <p>9am—3pm Cost: \$1.10</p>	<p><b>Photography Group</b></p> <p>Tuition with Glenn Power First Wednesday of each month 7pm at TBCC</p> <p>Photo-taking field trips to local venues- Second Sunday each month 10am</p> <p>Cost: Free</p>	<p><b>Ceramics</b></p> <p>With Doris Connolly, enjoy this wonderful craft in a friendly relaxed environment Call (08) 8572 3241</p> <p>12.30—2.30pm Cost: \$5.50</p>	<p><b>Golden Oldies Luncheons</b></p> <p>July 15th August 26th</p> <p>12noon Cost: \$10.00</p>
<p><b>Broadband for Seniors</b></p> <p>Free one hour Broadband for seniors one on one computer tuition available by appointment.</p> <p>Please book in advance</p> <p>Cost: Free</p>	<p><b>Meningie Tai Chi</b></p> <p>With Don or Sandy at the Meningie RSL Hall on Tuesdays</p> <p>3.30 - 4.30pm Cost \$5.50 Per class</p>	<p><b>Kids Cooking (C4C Life skills)</b></p> <p>Learn some healthy cooking skills over three weeks then present a meal to parents and carers in the final week. 4 May—1 June</p> <p>4-6pm Ages 9-12 Cost: Free</p>	<p><b>Alcoholics Anonymous</b></p> <p>Confidential support network for more information call 0427 313 537</p> <p>7pm—8.30pm Cost: Donation</p>	<p><b>Save the dates</b></p> <p><b>Friday 16 September CHSP EXPO</b></p> <p><b>Friday 23rd September the Pryers show in the Town Hall</b></p>
<p><b>Evening Yoga</b></p> <p>Improve your flexibility and tranquility with instructor Monica Martin Please bring a blanket and water, your own mat if you have one.</p> <p>6.30pm-8pm Cost: \$16.00 per class</p>	<p>Register to receive emails about the programs available at TBCC visit our website <a href="http://www.tbcc.org.au/">http://www.tbcc.org.au/</a> Or find us on Facebook <a href="https://www.facebook.com/Tailem-Bend-Community-Centre-Inc-266897143321372/">https://www.facebook.com/Tailem-Bend-Community-Centre-Inc-266897143321372/</a></p>	<p><b>Garden club</b></p> <p>2nd Wednesday every month meet at TBCC share garden success, ideas and even produce from the TBCC community Garden</p> <p>10am – 12noon Cost: Free</p>	<p><b>Upcoming classes</b></p> <p><u>Boat Licence</u> Next session in July Cost: \$30 per adult</p> <p>Bookings and payment essential</p>	<p><b>Rehoboth Christian Community Outreach</b></p> <p>Bible Centred Teaching By Gary &amp; Joanna Paynter for more information call 0428815560 or email <a href="mailto:rehobothccm@gmail.com">rehobothccm@gmail.com</a></p> <p>10.30am Sundays at TBCC</p>

\* Communities for Children (CFC) is facilitated by ac.care and funded by the Australian Government



# Communities for Children Chatter

It's been a busy term with Boxing, Archery, cooking and much more happening for children under 12 and their families over the Coorong! Here's a few happy snaps from the holidays and last term.



Kids boxing with Neil is designed for fitness not fighting!

It has been proven that discipline sports such as boxing, Karate ect can improve children's ability to resolve angry more effectively.

If you had any concerns about your child trying boxing please give us a call to discuss overall fitness benefits.

Kids cooking is as popular as ever we have been focusing on cooking from other cultures which has been interesting!



Our Time meets every Thursday! Pre-school aged children and their grown ups are invited to join us for singing and dancing, craft, play and more!

Activities in June and July include biscuit decorating and sand art!





# Latitude

## Coorong Connections Network

Young people making a difference



The Coorong Connections network, a youth group designed to gather together young aged people aged 13-25 years from all over the Coorong, to hear from them what they would like to see happen in their community, and to enable them to make it happen!

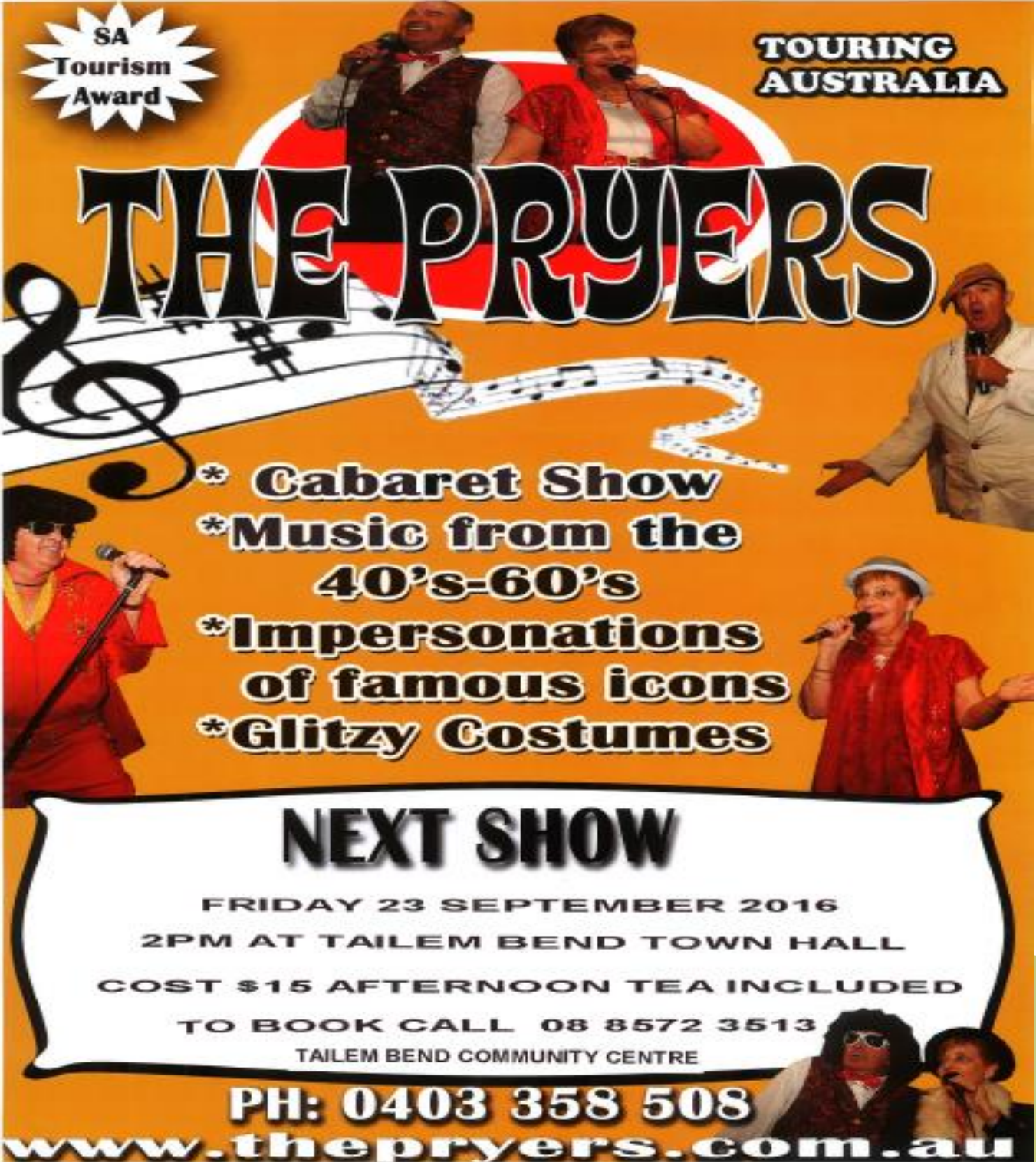


Members of the CCN communicated regularly via meetings, email and tiny chat the group suggest things they would like to see happen in the community or go to places young people would like to go. On Saturday 21 May we headed to Latitude, in June we are going go-carting. Unfortunately 30 June sees the end of the CCN grant however we have been Applying for numerous grants to enable the group to continue in 2016-17. To see all the photos and a video from the day visit the TBCC Facebook page.



# Coming up next at Tailem Bend Community Centre

Commonwealth Home Support Programme CHSP Expo 10-2pm Friday 16 September 2016  
Tailem Bend Town Hall call TBCC for more information 8572 3513



**SA Tourism Award**

**TOURING AUSTRALIA**

# THE PRYERS

- \* Cabaret Show
- \* Music from the 40's-60's
- \* Impersonations of famous icons
- \* Glitzy Costumes

## NEXT SHOW

FRIDAY 23 SEPTEMBER 2016  
2PM AT TALEM BEND TOWN HALL  
COST \$15 AFTERNOON TEA INCLUDED  
TO BOOK CALL 08 8572 3513  
TAILEM BEND COMMUNITY CENTRE

**PH: 0403 358 508**  
**www.thepryers.com.au**

Last change for your boat licence in 2016 will be in July call TBCC today to book we are not planning any more until 2017 be quick!!

### Staff

<b>Coordinator:</b>	Tammy Shepherd	Tuesday—Friday
<b>CHSP Officer:</b>	Eva Haydon	Wednesday—Friday
<b>C4C Officer:</b>	Rebekah Crisp	Tuesday—Friday
<b>Finance Officer:</b>	Chris Hartmann	Thursday